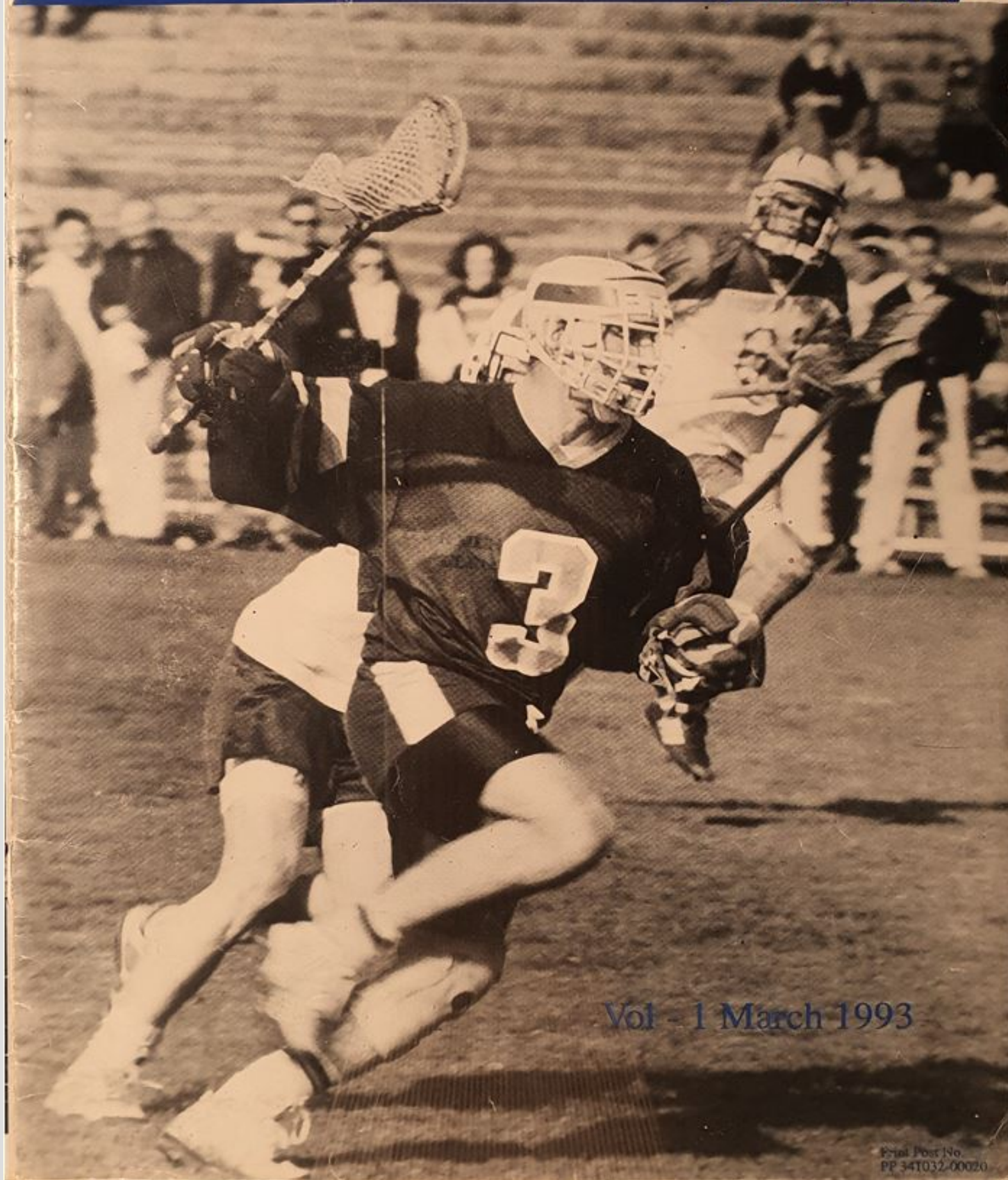


THE LACROSSE

PLAYER



Vol - 1 March 1993

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Editorial

As you will see this is our first issue of a new format magazine. Like many others over the years, I too have criticised the format of the old one. Ian Whitbourne, who is the new VLA President, contacted me to see if I would be interested in helping with a new magazine. Being critical of the old format I decided I should contribute to a new format. I guess I cannot be too critical of this one now! A new editorial committee was formed consisting of Ian Whitbourne, Jan Jackson, Mike Slattery, George Tillotson, and myself. After many meetings we came up with this first issue. The new format may not be perfect, but with continued work it will improve; and we are always looking for volunteers to help with articles and the magazine preparation.

From day one we set about producing a set of guidelines on which the magazine should be produced.

Editorial Staff

*Keith Chamberlain
Jan Jackson
George Tillotson
Mike Slattery
Ian Whitbourne*

"The Lacrosse Player"
Lacrosse Victoria
13 Willesden Road
Oakleigh 3166
Victoria

Cut off dates for articles:

8th April, 8th June, 8th August,
8th November

Amongst the criteria we had to keep in mind were size, distribution numbers and cost. The content was equally difficult. We originally thought we would have difficulty filling twelve pages, but, as you can see, that was easily reached.

Each month we intend having articles on Coaching, Refereeing, Games played During the Season, Club Information, Articles from Overseas and whatever else is of interest to the lacrosse community.

We decided that **ALL** registered lacrosse players would receive the magazine and to that end we have been trying to obtain complete club lists of both junior and senior players. Subscriptions will be available to anyone who would like a copy of the magazine.

We have heard the complaints of players not receiving a copy of a magazine. The magazine is sent to the people who are on the mailing list. If you are reading someone else's copy and you feel you should be getting a copy of the magazine, contact your club secretary and have them send your name, address, registration number and whether you are a junior or senior player to Lacrosse Victoria. Maybe it is simply a case of forgetting to notify your club secretary of a change of address. The information will be stored in a mailing list held on the computer at Lacrosse Victoria. The mailing list is **not** given out to anyone.

We have made a start to what we believe will be a significant step forward for lacrosse. Show the magazine to your friends. If you like it, and it has some interesting items and photographs, maybe, just maybe, it will start the ball rolling to increase the number of players in lacrosse.

The task of producing quality magazines five times a year, (March, May, July, September and November), will not be easy. We welcome constructive criticism and open the pages of the magazine for your letters to be published.

Keith Chamberlain

Victorian Health
Promotion Foundation



SUPPORT

LACROSSE

DEVELOPMENT

Front Cover: Denis Newman eludes a Surrey Park player on his way to helping Williamstown win the 1992 State League Grand Final (Photo: Lloyd Holmes).

VLA PRESIDENT'S ADDRESS

On behalf of the VLA committee, it gives me great pleasure to welcome you to this new-look magazine with the hope that each edition will be better than the last. It is a bold approach which should go a long way to help develop our great game.

If Lacrosse is to compete against the other sports then it has to become more business-like, both from an association level and a club level.

A lot of enthusiastic work is being done at the moment by the VLA committee to streamline their operations and to improve the communications between ourselves and the respective clubs.

Two of the areas that we aim to improve in are the areas of planning and also controls, both from an administrative and financial aspect. We hope you will notice the difference as the year progresses.

1993 will see an expansion of clubs with the introduction of the Diamond Valley club at Under 11 and Under 13 level. I would like to take this opportunity to wish them every success in their endeavours. We may also see an entry from a new Knox club at Under 11 level, depending on the success of the inter-schools program that is currently under way.

Five Sunday games have been fixtured for State League at the Albert Ground which will be preceded by Masters games for the over-35's. It is hoped that this will create a higher profile for the game.

In closing, I would like to wish everyone associated with the game a successful and rewarding season.

Yours in Lacrosse
Ian Whitbourn

THE LACROSSE PLAYER MAGAZINE HAS BEEN PROUDLY

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WARRIORS BLITZ RENEGADES

In what must be described as the Box Lacrosse League turnup of the season, the Warriors defeated the reigning champions, the Renegades, 11 goals to 9 in the exciting Grand Final held at the new Altona complex on the evening of Thursday 18th February.

Spectators who have been following the league matches described the final as the best game of the season for its speed, liveliness and see-sawing scoring throughout the game. The victory for the Warriors should not be under-estimated as their team had been severely weakened through injury prior to the final, and their opponents and odds-on favourites, had reigned supreme for 10 of the last 11 seasons.

The Warriors jumped the Renegades in the first session pouring on 4 goals whilst keeping the luckless Renegades scoreless. The main damage was done by Moore for the Warriors who scored 3 goals whilst Spreadborough scored the fourth. At the other end Bates in goals was inspirational with his repeated saves.

The second term saw a refreshed Renegades come out with all guns firing and within a matter of 13 minutes play, the scores were tied at 6 goal each. A late resurgence by the Warriors gave them a 2 goal lead going into the final term. McLaughlin was devastating for the term with 3 goals whilst both Greg Mollison and Patzolidis scored 2 each for the Renegades.

Both teams gave the last session everything in a determined effort to pull off the final. They both scored another 3 goals each leaving the Warriors victors by a 2 goal margin.

On the night, the difference between the two teams was that the Warriors were more disciplined and defended their goal more vigorously.

Man of the Match was awarded to the Warriors Craig McLaughlin for his outstanding all round performance.

Statistics

Warriors	Goals/Assists	McLaughlin	4/2
		Moore	4/1
		Spreadborough	3/-
		Scammell	-/1
Renegades		Patzolidis	2/2
		Mollison G, Davies	2/-
		Tonelli R	1/2
		Mollison D, Yu	1/-
		Tonelli L, Meinhardt	-/1

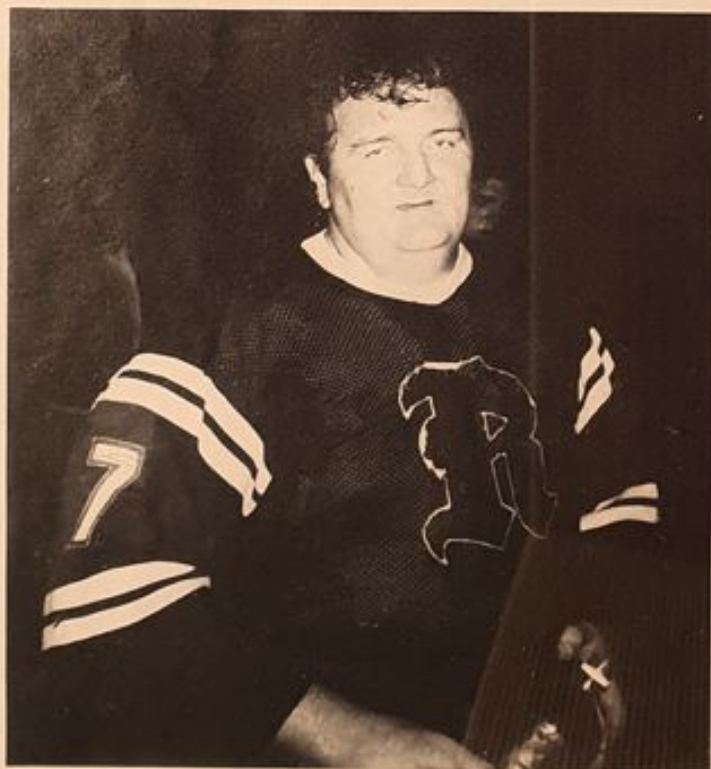
The Renegades cleaned up the trophies with Mervin Davies being awarded both the season's Best & Fairest and Top Scorer trophies for his fine performances throughout the year whilst Luker Tonelli was named Top Goalkeeper.

Box Lacrosse Champions

Back Glen Horder, Mathew Bourke, Steve Green, Neil Bates,
David Spreadborough

Front Steve Scammell, Cameron McLaughlin, Craig Shepherd,
Craig Howeth, Greg Moore

Absent M. Bourke



Greg Mollison reflects on the Box Lacrosse final loss after being beaten by the Warriors in a very exciting game. Greg has announced his retirement as a Box player after many successful years both in the box and the administration. Greg, who has played more than 300 field lacrosse games, plans to play one more field season before retiring. We wish him every success for the season.

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JAPAN LACROSSE CHAMPIONSHIPS 1992

At the invitation of the Japan Lacrosse Association (JLA), John Harris attended the Japan National Championships held in Osaka and Tokyo on the first two Saturdays in December 1992. Trips to Japan are always memorable, but on this occasion, particularly so as he was to referee two games in Osaka and two in Tokyo. The final two games in Tokyo included the Grand Final of the season.

In addition to refereeing duties, a series of meetings targeted at rules clarification were conducted. In all, approximately 27 hours of meeting were held. Content covered rules, preparation for final games, introduction to the new ILF rules, interpretations, on field procedures and any advantages which John's long involvement in refereeing could offer.

Before departure a suggested list of objectives was forwarded to JLA for approval.

The following notes are extracts of John's report after his return.

SKILLS/TACTICS

As has been observed on earlier contact with Japanese teams, the personal skills of players is very high. Given that Japanese players train six times a week for periods of up to three hours on each occasion, this is not surprising. The outcome of this intensive training is, in some situations, awesome to observe. Players demonstrate speed and control throughout the game. Players spring out of the substitution area at energy levels that are impressive. Referees should not stand near this area as the intensity and speed often reach danger levels.

Japanese teams are not without their weaknesses, most coaches have had less than four years experience-this shows in a variety of ways. The most obvious being tactical and team skills. Typically Japanese players get the ball, make a fast break and then go straight for the goals. "Incredible shoot-o is a way of life!". On my last day, I wrote to coaches suggesting a number of team strategies which could be readily developed. In view of the short time which coaches have been practising, the progress is nonetheless noteworthy.

OBSERVATIONS

The JLA is trying to limit the number of universities entering clubs to the association. The reasons for this are unclear but there is probably a relationship between this limitation and that of playing space.

It was curious to compare this with the Australian context where the reverse is the case. The presentation of finals in Japan possibly gives a key to the underlying enthusiasm which has become the trademark of Japanese lacrosse.

While it is generally well known that the customs of Japan allow group behaviour, seeing this in action in a co-operative venture is quite impressive. Women's and men's lacrosse finals (and possibly weekly matches) are held on the same day. The contribution which both groups make to the festive nature of the day is evident. The conduct of matches on the same day at the same venue provides an opportunity of mixing of both groups. While both men and women contribute to the general organisation of the day there was an obvious division of labour related to which games were being played.

Ball girls for women's matches, ball boys for men's matches, similar divisions occurred with line marking and training.

In between games many helpers, all with assigned duties moved to complete their tasks with remarkable discipline and co-operation, a system of supervision provides a quality check on completion of tasks. Packing up and clearing the ground was clearly a well planned exercise with no shortage of helpers.

The day before the final matches, I visited the CPI building where the administrative functions of the JLA are centred. The place was alive with people, meetings were being held simultaneously on three floors. People moving about the building, stacks of programs, posters, the signage which was erected at the ground the next day, last minute organisational matters discussed. Rehearsal of duties and so on. I was moved by the vibrancy of the place-it was good to be there. Meetings continued long into the night with groups disappearing from time to time into nearby subway stations to travel up to 70 minutes to their homes.

There is an opportunity for Australia to propose to the JLA that a coaches camp be held in Australia with the view to furthering their experience. Given the intellectual capability of coaches, they will be quick learners.

1992 GRAND FINAL ACTION

7



Andy Stewart (Surrey Park) under pressure while attacking the Williamstown goal during the 1992 State League Grand Final.



The victorious Williamstown 1992 State League side pose with thier premiership shield.

AUSTRALIAN LACROSSE COACHES AND REFEREES NATIONAL CONFERENCE 1993

This inaugural event was held in Canberra from Friday 12 to Sunday 14 February, 1993. And what a great event it was!

The Conference Convener was Dennis Mulroney (the South Australian based) ALC Director of Special Projects and Technical. Special congratulations to him and also to Ray Trevaskis, ALC Director, Coaching who was the entrepreneurial driver for this event.

The Australian Institute of Sport (AIS) was the venue. The Canberra campus is at Bruce and has a 65 hectare site 10 minutes from the Civic centre. There were excellent facilities and assistance provided to all attendees. Residential accommodation was on site using the very good facilities of The National Sports Programme. The casino in Canberra itself was also surveyed by some attendees. No names, but they were easily identified the following morning(s).

Attendees totalled 36 with roughly even proportions of coaches and referees. Attendees were from W.A., S.A., Vic., N.S.W., and Qld. and representatives were from both women's and men's organisations. The purpose of the conference was:

AIM: TO PROMOTE EFFECTIVE COMMUNICATION AND INTERACTION
WITH COACHES AND REFEREES TO IMPROVE THE STANDARD OF
LACROSSE IN AUSTRALIA.

A highlight was the presentation on the Friday evening by Anthony Stewart, AIS Sports Psychologist who also works with the Australian Netball Team and the Hawthorn AFL Football Club. Many successful sessions were held, some jointly, and some separately between the Coaches and Referees in attendance. A brief summary is as follows:

- Australian Lacrosse Coaches Association (ALCA) formally established and their Constitution adopted
- ALCA discussions discussion on accreditation and updating policy
- Presentation and discussion on the ILF rules, which will be adopted in Australia from season 1993
- Establishment of standards on rule interpretations
- International reports from Long Island (USA) 1992 for U/19 World Championships
- Outlines on the Senior Men's World Championship scheduled for Manchester (UK) in 1994
- The role of the statistician
- Referee assessment and their practical application
- Clearing and riding presentation/discussion. Also defensive techniques and favourite checks
- Referee accreditation course content and implementation policy
- Open forum for questions, to wrap up the conference and seek evaluation feedback
- Tour of the full AIS facilities

A thoroughly enjoyable and profitable conference of benefit to all participants who were fortunate enough to attend. Recommendation:-see if you can make it next year.

VLA REF'S CORNER

WHAT'S YOUR DECISION???

RULE 48-PRIVILEGES OF THE DESIGNATED GOALKEEPER

Situation The ball is loose outside the blue crease. The blue goalkeeper, his feet within the crease begins to rake the ball back. As the ball touches the goal crease, a Red attacker checks the goalkeepers crosse.

Ruling Technical foul, as the goalkeeper is considered to be in possession when the ball is being possession when the ball is being raked back within the crease. The Red attacker serves 30 second penalty. Blue ball from the centre line.

1993 NEW ILF RULES ADOPTION

The new ILF rules will be adopted for the 1993 season in the VLA competition, under the direction of the ALC.

The Victorian Referees Association (ALRA) offer, and recommend, that each Victorian Club have an instruction session prior to the 1993 session commencing. To schedule this would each club contact the Ref's Secretary to arrange a suitable time. This can be at any mutually convenient time that suits (e.g. after a training night, after a weekend practice game, at a special meeting)

CONTACT: Wayne Corby
 Secretary, ALRA (Vic)
 Phone-Business 305 4000 Home 309 4760

LACROSSE CALENDAR FOR 1993.

MARCH.

- 1st. The Lacrosse Player posted this week
- 14th. Start VLA Season.
- 14th to 15th. Japanese Women's team visiting Melbourne.
- 15th. VLA Committee Meeting.
- 16th. Lacrosse Victoria Meeting
- 19th. to April 5th. Osaka Crosses Japan Tour.
- 22nd. VLA Delegates Meeting.
- 27/28 ALC Meeting in Perth.

APRIL.

- 3rd. Round 1 VLA Winter Season for State League.
- 2nd to May 1st. Combined U/19 Girls Southern Tour to USA.
- 2nd. English Women's Team Arrives.
- 7th. Women: Vic. v. England.
- 10th to 17th. National Senior Women's Championships in Victoria.
- 15th. Closing date for The Lacrosse Player Articles
- 17th. Round 2 VLA Div. 1, 2 & 3.
- 18th. Women 1st Test Melbourne.
- 19th. VLA Committee Meeting.
- 23rd. Women 2nd Test Adelaide.
- 24th. "Bla-e-Bla". Catch the Fox. Moon Start.
- 24th. to May 2nd. Australian Masters Games in Perth.
- 25th. Australian Women Squad Training in Perth.
- 25th. Women 3rd Test Adelaide.
- 26th. VLA Delegates Meeting.
- 30th. Women 4th Test Perth.
- VLA First Instalment Due from clubs

MAY.

- 1st. The Lacrosse Player posted this week
- 15th. VLA Committee Meeting.
- 24th. VLA Delegates Meeting.

JUNE.

- 4th. Aust. Women's Senior Side v Aust. Squad at WOC.
- 7th. VLA Committee Meeting.
- 15th. Closing date for The Lacrosse Player Articles
- 15th. Kingswood Oxford School team arrives Melbourne.
- 15th. Kingswood Oxford School team arrives Adelaide.
- 17th. Connecticut Valley Lacrosse Club arrives Perth.
- 22nd. VLA Delegates Meeting.
- 25th. VLA Second Instalment Due from clubs

JULY.

- 1st. The Lacrosse Player posted this week
- 3rd. Connecticut Valley Lacrosse Club arrive Adelaide.
- 4th. Connecticut Valley Lacrosse Club arrive Melbourne.
- 3rd to 10th. Women's U/19 Championships in Hobart.
- 12th. VLA Committee Meeting.
- 15th to 18th. Australian Championships: Seniors - Perth.
- 15/16 - Perth.
- 17/18 - Adelaide.
- 19/21 - Melbourne.
- 22nd. VLA Delegates Meeting.
- 25th. VLA Grand Final.

AUGUST.

- 5th to 14th. Women's World Cup - Edinburgh, Scotland.
- 8th. VLA Committee Meeting.
- 15th. Closing date for The Lacrosse Player Articles
- 14th to 25th. I.F.W.L.A. Meeting in Edinburgh.
- 21st. 1st. Semi Final. (SL & Div. 1, 1)
- 23rd. VLA Delegates Meeting.
- 24th. 2nd. Semi Final. (SL & Div. 1, 1)

SEPTEMBER.

- 1st. The Lacrosse Player posted this week
- 4th. Preliminary Final - SL & Div. 1.
- 15th. VLA Committee Meeting.
- 18th. Grand Final - SL & Div. 1.
- 27th. VLA Delegates Meeting.
- 24th to 2nd October. Girls U/14 Championships in Adelaide.
- 10th. VLA Final Instalment Due from clubs

OCTOBER.

- 11th. VLA Committee Meeting.
- 15th. Closing date for The Lacrosse Player Articles
- 25th. VLA Delegates Meeting.
- 29th. ALC Annual General Meeting.
- 30th. Nominations to ALC for Certificate of Merit & Fellows Awards
- 31st. LV, VLA & VWA End of Financial Year

NOVEMBER.

- 1st. The Lacrosse Player posted this week
- 8th. VLA Committee Meeting.
- 15th. VLA A.G.M.
- 22nd. VLA Delegates Meeting.
- 24th. VLA A.G.M.
- 27th. Lacrosse Team Australia Coaching Clinic & Training - Melbourne

1992 ANNUAL VLA GOLF DAY

After eighteen years, the lacrosse Golf Day still engenders a vast amount of interest among the Clubs and this year at Rosedale Golf Club sixty plus past and present players applied their talents on a course that had recovered extremely well, after the wet season.

Our players came from far and wide; John Flood (ex Caulfield) from Bendigo, Neville Bell (ex Malvern) from Castlemaine. Past players who we haven't seen for many years, namely Bill Giles, Les Bolderman (ex Malvern), Paul Clough (ex Coburg and Eltham), Bob Stafford (ex Footscray) and Ric Eldridge (ex Williamstown) made their first appearance.

We also had the pleasure to welcome Ian Whitbourn, the incoming President of the VLA. It was pleasing to see Bernie Spedding back from WA and Horrie Smith, return to the fold after missing a couple of years.

My thanks to the Rosedale Golf Club, the staff, the Chef, the Pro Shop and the Curator, for their courtesy and assistance in making our day an enjoyable one.

To our sponsors David Hanna (Aylesbury Golf), Larry Whiting (AusCrosse) Commonwealth Bank (Bill Taylor), Spaldings, many thanks for your contributions to the day.

To our STARTER, Tom Barwick (a Rosedale Golfer and a bandit), who offered his services, the very important aspect of keeping the time sheet moving. Thanks Tom.

RESULTS

Lacrosse Cup - Best Gross Score - John Nolan 85 (on a countback from Ian Cuttris)
 Stableford - Horrie Smith 40 points
 Runner Up - Rob Williams 39 points
 Calloway - Colin Anderson
 Runner Up - David Hanna
 Best Nine Out - Doug Fox 43
 Best Nine In - Graeme Reddaway 37
 Secret Holes - Graeme Fox 38, Doug Fox 40,
 Rob Jackson 41, Noel Melville 41,
 Larry Whiting 42, Gus Hewet 42
 Nearest Pin - Bill McMinn - Third
 - Rob Geyer - Twelfth
 Longest Drives - J. Nolan - Fifth
 - Rob Bakes - Eighteenth
 Straight Drive - Noel Melville
 18 Holes Putting - R. Lourensz - 4
 Highest Gross Score - Damien Orr

The 19th annual Golf Day has been booked for Thursday, November '18, 1993 at Rosedale Golf Course. Mark that in your diary.

(apologies to Terry Allington for cutting this article short)

VWLA PRESIDENT'S REPORT:

Another busy year approaches as we prepare for our season to commence on 14th March, with the Grand Finals to be held on 25th July.

The Eltham Club will host a touring party of 34 young Japanese lacrosse players from 14-19 March and have organised a trip to the U.S.A. for Under 16 girls from various clubs departing on 2nd April.

There will be no VWLA fixtured matches on 11th and 18th April.

The Fourth World Cup will be held in Edinburgh, Scotland from 5-14th August and as part of their world Cup preparation, the England Team will arrive in Melbourne on 2nd April. The team will play Victoria on 7th April at the Waverly Hockey Centre, High Street Rd., Ashwood and compete in the Australian Championships at the Alex Gillon Oval, Brunswick from 10-17th April. This is also the venue for the First Australia -v- England Test on 18th April.

Congratulations to the six Victorians who have already gained selection in the Four Test Series -

Margaret Barlow, Sue Clerk, Colleen McVeigh and Leanne Trainor (all Tests)
Sue Sofarnos (First, Second and Fourth Tests), and
Sue McSolvín (First, Third and Fourth Tests).

Six more players will be named after the Nationals to complete the squad of 22. Victoria is well represented in team leadership with Colleen McVeigh, Captain, Sue Sofarnos and Sue Clerk, Vice Captains, Max Madonia Co-Coach (with Lyn Johnson, W.A.)

Congratulations are also extended to our two top umpires Janet Jackson and Bruce Chatfield, both of whom will umpire at the World Cup.

Senior State Training has been held at the centrally-located Elwood Park over the past two months, with selection to be made on 20th and 27th February. The numbers of players vying for selection has been disappointing, especially as the Championship is being held in Melbourne. What are the aspirations of our younger players who have passed up the opportunity to gain skills, confidence and State representation? For the sake of Victorian lacrosse, it is to be hoped that the same apathy to State trials is not reflected in the Under 16 and Under 21 trials to be held later in the season.

The AWLC Ltd. has announced the following 1993 Championship dates :-

Under 21	Hobart	3-10 July
Under 16	Adelaide	26 September-2 October.

All junior players and beginners are encouraged to attend the special coaching sessions on Thursdays from 7.00 pm at Elwood Park; the coaches were very pleased with the first session attendance on 4 February.

Season 1993 will see a number of rule changes being more in line with IFWLA Rules - 12 players on the field; no restraining line; marking area (the fan) will be played in ALL Grades; field size 114m x 60m (11m behind the goal line). Optional use of head equipment will continue for 1993.

To keep up to date with the very latest in women's lacrosse, tune your radio dial to 855, 3CR, Women's Arena between 9-10am on Mondays. Our very own Janet Jackson is our reporter.

Finally, best wishes to all players, coaches, officials and supporters for a rewarding 1993 season.

June Clerk,
President, VWLA Inc.

Dear Lacrosseur,

In 1993 THE LACROSSE PLAYER magazine will be different from the way you knew it.

Firstly, it will be distributed to subscribers and every player in Victoria, both senior and JUNIOR. This has never been done in recent times and is considered vital to improve communications and expand our game.

Secondly, it will now be modelled on the American and English Lacrosse magazines which are A4 in size with a glossy cover and plenty of photos and other information.

Thirdly, the magazine will now be posted/delivered to you at pre-determined times. The posting dates will be:-

1st week of March
1st week of May
1st week of July
1st week of September
1st week of November

Everyone that we have spoken to recently on the subject, wants to see Lacrosse grow, so we are taking these steps to improve our image whilst also creating a publication that is more interesting to a wider group, and can be used to promote the game.

Naturally, there is a cost. We are looking to increase the advertising substantially to offset some of this, but will still need significant funds to double the circulation and improve the quality. We are hoping that you can help.

We now want to introduce to you a slightly different method of determining your annual subscriptions. There will now be four levels of non-playing subscriber:

1. GOLD SPONSOR

This membership has been introduced to allow those in the Lacrosse community who feel that they would like to do a little extra to support our junior expansion and can do so by way of financial assistance.

Special Certificates of Acknowledgement will be awarded to each Gold Sponsor at an appropriate function later in the year as well as receiving acknowledgement in the magazine.

Annual Subscription \$500

2. SILVER SPONSOR

This membership has been introduced to allow those in the Lacrosse community who feel that they would like to help the game but in a more modest way than a Gold Sponsor.

A special Certificate of Acknowledgement will also be awarded to each Silver Sponsor at an appropriate function later in the year as well as receiving acknowledgement in the magazine.

Annual Subscription \$250

3. BRONZE SPONSOR

This membership also allows the subscriber to assist the game in a modest way without having to empty his bank account.

Again, a special Certificate of Acknowledgement will be awarded to each Bronze Sponsor at an appropriate function later in the year as well as receiving acknowledgement in the magazine.

Annual Subscription \$100

4. MAGAZINE SUPPORTER

It is recognised that many of you will want to simply keep up with the news, so this membership is for you.

Your magazine will arrive within the first few days of the publishing month brimming with all the local and overseas news.

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Whichever level you choose, you will receive 5 editions of the magazine from whenever you subscribe, so please, rush the attached application with your cheque back to us.

We all know that Lacrosse is the greatest game, so let's make it flourish.

THE LACROSSE PLAYER

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I wish to subscribe as a:-

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3.	BRONZE SPONSOR	\$100
4.	MAGAZINE SUPPORTER	\$20

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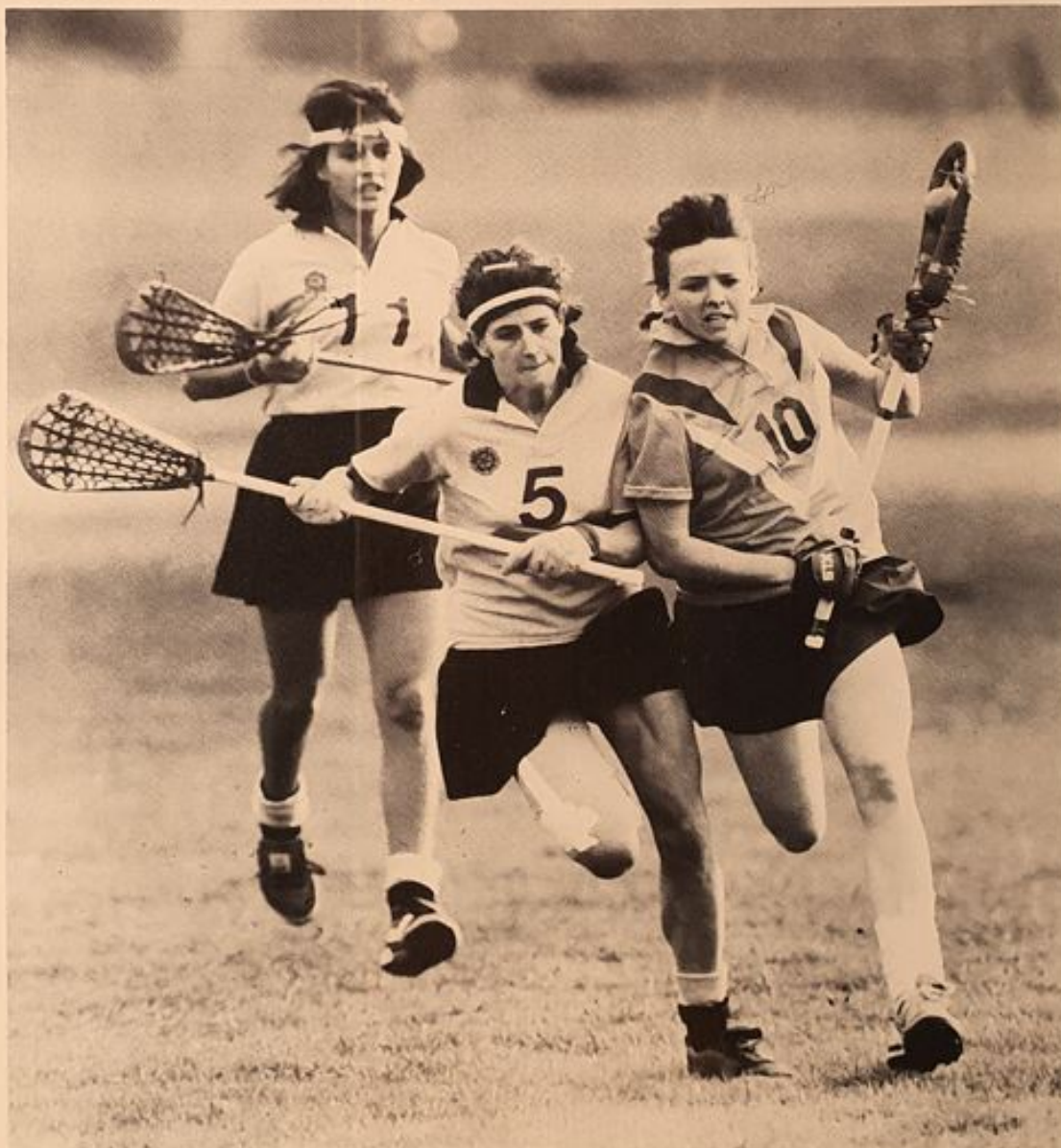
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REF'S CORNER**FOR WOMEN ONLY:**

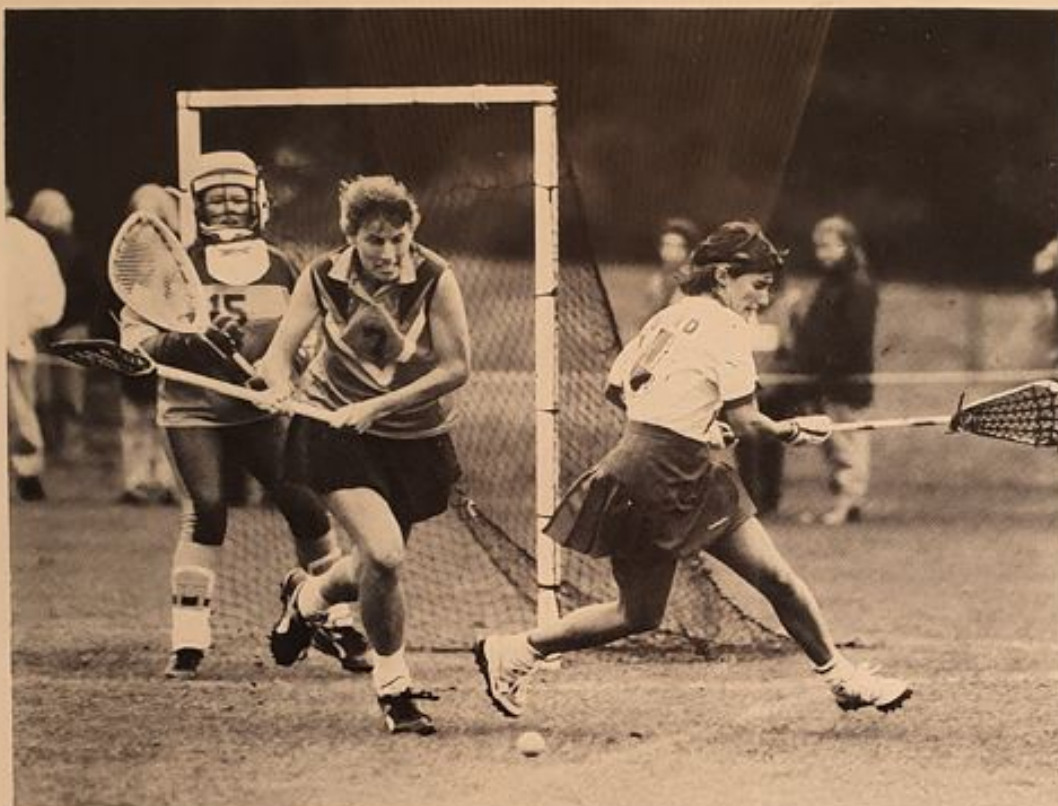
Player to Umpire: "Last week you picked me up for double-teaming an opponent in the 11m Marking area; I got a Major Foul, she was put on a hashmark and the Penalty Lane was cleared; she scored the goal too! Today they were double teaming me in the 11m Marking Area and you didn't even throw a flag or blow your whistle! Can't you be consistent and get this right!?"

Umpire to Player: "Both decisions were correct. Last week when you were double-teaming your opponent, she didn't have possession of the ball, so you got a Major Foul. Today when you were being double-teamed by the defenders, you had the ball so there was no call to make."

You can only double or triple team, the player with the ball in the 11m Marking Area without penalty. Have a nice game.



Australia's Michelle Lincoln sprints away from her English opponents in one of her many devastating runs (Action from the 1990 Aust vs England series).



Janet Maitland covers the Australian goal whilst defender **Carolyn Pickering** charges through to clean up the crumbs. (Action from the 1990 Aust vs England series).

CHAMPIONSHIP DINNER-SATURDAY, 17 APRIL, 1993 7.00PM BOOK NOW!!

Venue: The Warehouse Bar and Bistro
106-112 Hardware Street, Melbourne

Cost: \$25.00 (drinks at bar prices)
Payment by Tuesday, 13 April

Menu: Hors-d'oeuvres
Hot and cold buffet, two roast
meats, casseroles
Vegetarian alternatives available
Three salads
Desserts

Bookings: 397 1957 OR 397 5230

The dinner will conclude the Australian Women's Lacrosse Championship.
Look forward to seeing you there.

JUNIORS IN 1993

Although the weather seems a long way from being lacrosse time again, it is really only a month off. So now is the time to get your gear out and start cleaning it up or doing a few repairs or maybe a restring? It is also time to start talking with your mates about starting up lacrosse and joining your team.

Last year saw many new recruits and many new teams start up in the Under 11 and the Under 13 age levels in particular, so newcomers won't feel out of place. Even in the Under 15 level we will have a lot of second year players coming out of Under 13's, so it is an ideal time for a new recruit to break into the game.

Besides being a great game to play, lacrosse also has the advantage of offering interstate event participation right down to Under 15 level. Not only do you get to compete with and against other top level players of your age but you can even tour other states with all the fun that such trips bring. This year it will be held in Perth. So if you or your mates want to participate, all you need to do is start practising now to improve your skills and you will have a chance. Don't wait do it now (and get your mates playing with you).

The format for the 1993 competitions will be similar to last years Under 11 and Under 13 grades with a short season of "zoned" competition to start things off, followed by graded competitions to ensure teams are more evenly matched throughout the year. The Under 15 and Under 17 grades will go straight into their regular season this year (i.e. no mini-season at the start), but depending on team entry numbers, the Under 15's may be divided into two separate divisions half-way through the season to even out the competition.

As the first games are on the 17th of April, I suggest you all get moving now so that 1993 will end up another huge year for lacrosse.

Ray Shannon
VLA Junior Co-ordinator

DEVELOPMENT

In mid 1992, Lacrosse Victoria agreed to service the Knox District Schools, of which there are fifty. We successfully conducted clinics at eleven of those schools plus a few cancellations due to weather. In that time 958 children and 35 teachers were exposed to soft crosse.

Knox has become our target area, although current lacrosse families are servicing our already established clubs, history is being uncovered like the Strapp family, a Kent Park student's Dad played with Coburg and a Wantirna teacher thought her husband was the only person in the world that played lacrosse! Just to mention a few.

By the 1st of March we will be running, at Wantirna Heights Primary School an interschool competition between six schools. Each school will be assigned a coach and training will commence Monday February 15th. At the end of this competition we envisage an Inter Zone championship with Eltham, Chadstone and Knox.

Knox is NOT YET a lacrosse area! If you are close by and can lend assistance Monday nights from 4.30 - 6.00 pm give us a call Please !! Ph:569 9655

Sue Cody
Sports Development Officer
Lacrosse Victoria Inc.

Eltham Primary Schools Comp Starts

The Eltham club has just commenced its 13th successive local Primary Schools Competition. The competition will run for five weeks before culminating in a gala finals day on Saturday March 27th.

Fifteen local schools have been invited to take part so at least 100 local kids will be involved. The competition has been extremely successful in the past in providing many excellent players for Eltham and the VLA competition.

Eltham has developed their program by using the following format:-

- i. Sending written invitations to the schools prior to Christmas inviting their participation.
- ii Following up with telephone calls in February to arrange clinics at lunch-times and after school.
- iii Handing out leaflets at training to explain the forthcoming competition details.
- iv Using appropriate Club juniors, especially VCE students who have to fulfil their Communications C.A.T., as coaches for the schools teams.
- v Fixturing the games so that each team plays once each Saturday until the finals day, where there is a minimum of two games for every team, and up to five games for the grand-finalists.

Other clubs are encouraged to review their own programs and to see whether any of the above ideas will help them in their recruitment.

It is also expected that 1993 will see the Eltham champion school play off against the Knox and Springvale zone champions for the title of Victorian Primary Schools Champions.

More details next edition.



Smiling Faces all around as the 1992 Eltham Primary Schools Champions display their trophy.



SOME of the children that will again feature in the 1993 Primary Schools Competition.



ACTION APLENTY as another future star charges in for another goal.

Sports Stars

Two Chadstone Lacrosse Club players, Guilliano Lorenzana and Tim Whiting were presented with the weekly "Sports Star '92" award recently by the Leader Press for their selection into the Under 15 Schoolboy Tournament held during the school holidays last September at Altona Lacrosse Club.

Both boys, who played in the Southern Crosse zone team, were still eligible for Under 13 selection at the time of their inclusion into the team.

Southern Crosse finished a commendable third in the series.

Young Guilliano deserves a special mention as he was playing his first year of lacrosse, whilst Whiting, has been playing for a number of years.

Their photograph and story was published in the Springvale/Oakleigh Times in September and as a result, become contenders for the annual "Sports Star '92 Award" run by the newspaper and announced at a dinner at "Pitrones" in Keysborough on February 23rd.



UNDER 17 COMPETITION**Week 1-17/4**

Caulfield x Altona
 Eltham Bl. x Eltham Go.
 Footscray x Malvern
 Surrey Park x Williamstown

Week 2-24/4

Altona x Footscray
 Eltham Go. x Surrey Park
 Malvern x Caulfield
 Williamstown x Eltham Bl.

Week 3-1/5

Footscray x Eltham Go.
 Surrey Park x Altona
 Caulfield x Williamstown
 Eltham Bl. x Malvern

Week 4-8/5

Malvern x Surrey Park
 Altona x Eltham Bl.
 Williamstown x Footscray
 Eltham Go. x Caulfield

UNDER 15 COMPETITION**Week 1-17/4**

Altona x Camberwell 1
 Camberwell 2 x Caulfield
 Chadstone x Eltham Bl.
 Eltham Go. x Footscray
 Williamstown x Malvern
 MCC x Surrey Park

Week 2-24/4

Williamstown x MCC
 Malvern x Eltham Go.
 Footscray x Surrey Park
 Eltham Bl. x Camberwell 2
 Camberwell 1 x Chadstone
 Caulfield x Altona

Week 3-1/5

Surrey Park x Williamstown
 MCC x Camberwell 1
 Eltham Go. x Caulfield
 Altona x Eltham Bl.
 Camberwell 2 x Footscray
 Chadstone x Malvern

Week 4-8/5

Altona x Chadstone
 Williamstown x Camberwell 1
 Camberwell 1 x Eltham Go.
 Caulfield x Malvern
 Eltham Bl. x Surrey Park
 Footscray x MCC

**REMAINDER OF FIXTURE TO BE DRAWN
 AFTER TEAM ENTRIES VALIDATED**

NOTE: 9.30 AM GAMES START

GAMES PLAYED ON GROUND OF TEAM NAMED FIRST

WORLD CLASS IN EVERY SENSE

By Paul McCann

It may appear all quiet on the 1994 World Championship news front, but the organising committee are working hard behind the scenes to make the Manchester-based event a huge success.

The only definite facts to date are that the World Series starts on 17 July and concludes with the final followed by the Grand Dinner at Quaffers restaurant and night club, Bredbury, Stockport on 30 July.

The main championships will consist of six participating nations: England, Canada, USA, Australia, the Iroquois Nationals and for the first time ever, Japan.

The World Championship committee is headed by managing chairman Norman Galloway. A past master of organisation, Norman was involved in the 1978 event in a similar capacity. He would be the first to admit that the 1994 event will be bigger in every sense.

It is a much larger enterprise than many of us can even begin to imagine, an event that if handled correctly, could put lacrosse on the map for good.

Conversely, if not dealt with professionally, it could be a complete disaster.

Apart from the established lacrosse playing nations, 1994 brings with it an emerging nations tournament. At the moment Czechoslovakia, Wales, Scotland and Sweden have been invited to attend, but with the game of intercrosse (a form of pop-lacrosse) growing around the world, invitations have also been extended to Singapore, France, Belgium and Spain.

In addition there are proposals for a Masters tournament (ages 35-45), a Grand Masters tournament (over 45) and possibly Junior tournaments. It all makes 1978, for those of us who are still around to remember it, a very low key parochial affair.

These are the facts so far, much of the remaining detail is highly speculative, and subject to on-going negotiations.

The championship centre will without doubt revolve around The Firs, the Manchester University sports complex, which includes the Armitage Centre at Fallowfield. The squads will be accommodated at Owen's Park Hall of Residence, adjacent to the centre, an ideal venue with grass and astroturf facilities for practising.

It has been suggested that the whole championship should focus on The Firs, but the problems of getting temporary stadia erected will probably mean that the main championship games will take place at other venues around Greater Manchester. The emerging nations, Masters and Grand Masters tournaments will take place at The Firs and a junior competition down the road at William Hulmes Grammar School.

Just where the main championship events will take place remains to be seen, but it can be revealed that at the moment the organising committees are in negotiation with Oldham Athletic, Rochdale and Stockport County football clubs, as well as Salford Rugby League Club, and it is likely that at least three out of the four will be selected.

One of the problems in establishing the venues, Manchester United's Old Trafford stadium and Maine Road, home of Manchester City, were also considered, has been the fact that the football season starts only two weeks after the championship finishes. The other factor is that the enlarged World Championship involves 18 games, compared to the single tournament of eight games in 1978.

Another reason of course is that with many other countries coming into the competition, it could be many a year before England hosts the World Championships again.

This is just the tip of the iceberg, for once venues are sorted out, we have to start actively seeking sponsors and financial support. However, those of us involved in lacrosse have to start thinking about our role. Let there be no misunderstanding, the organising of the championship is going to be highly labour intensive, and hopefully the clubs will get behind the organisers, as we all have so much to gain from a successful event.

There is a role for everyone. At the highest level, we have to target and seek out sponsors. Such is the extent of this tournament that there is a niche for sponsors large and small within the competition. If you have a skill to offer, an aspiring journalist perhaps, there could well be a job in media liaison. The committee seeks help in all areas from overseeing accommodation, allocating and managing the practise sessions, organising transport to monitoring ticket sales.

Match-day organisation will also bring problems with programme sellers, sales of merchandise, manning the gates, laying out pitches and possibly ball boys and girls. It has been suggested that clubs may wish to 'adopt' a day, take responsibility for all the routine tasks, and so help spread the load.

This is the beginning. As more details are known, we will bring them to you.

Source: Lacrosse Talk (U.K.)
November 1992,

LACROSSE CLUB CONTACTS

ALTONA	Secretary	Graham McKinnon	398 2895
	Junior Devt	John Kosowski	314 0446
CAMBERWELL	Secretary	Stephen Prosser	885 2885
	Junior Devt	Duncan McKenzie	547 6876
CAULFIELD	Secretary	Leanne Stahmer	584 9662
	Junior Devt	Graham Small	801 2454
CHADSTONE	Secretary	Dick Morgan	546 8492
	Junior Devt	Larry Whiting	548 2605
DIAMOND VALLEY	Secretary	Mary Miller	435 9169
	Junior Devt	Dr Gary Carter	
DONCASTER	Secretary	Peter Brett	842 2506
	Junior Devt	Kim Wood	842 6853
ELTHAM	Secretary	John Wearne	439 2135
	Junior Devt	Jeff Fry	439 5486
FOOTSCRAY	Secretary	Dean Mollison	315 9389
	Junior Devt	Graham Bell	366 4514
MALVERN	Secretary	Keith Chamberlain	800 2069
	Junior Devt	Adrian Skepper	802 6397
M.C.C.	Secretary	Robert Pettit	818 6139
	Junior Devt	Mick Chaplin	547 7563
MELB. UNI	Secretary	Sean Williams	387 2669
SURREY PARK	Secretary	Graeme Fox	870 8404
	Junior Devt	Russell Waite	878 4384
WILLIAMSTOWN	Secretary	John Sedgeway	397 1957
	Junior Devt	Rose Ritchie	397 2941

VICTORIAN INSTITUTE OF SPORT-LACROSSE PROGRAM

WHAT IS THE VIS-LAX PROGRAM?

The Victorian Institute of Sport, through the VIS Sports Program for Lacrosse, provides funding support for the development and implementation of a range of sports science programs designed specifically for Lacrosse.

The 1992/1993 VIS-LAX program is focussed on current Under 15 and Under 17 players, including those who are eligible for the Australian Under 19 team to compete in the 1996 World Championship in Japan.

The first component of the program consisted of 8 sessions conducted during 1992 and included:

- : 55 junior players from 7 clubs
- : Fitness assessment and testing (written individual assessments)
- : An initial conditioning program designed by a sports psychologist

You can still enrol for 1993 by contacting Graeme Ross on B/H 573 2101 of A/H 808 3135.

1993 SCHEDULE

* 6 pre-season session from 10.00 a.m.-12.00 noon on the following Sundays during 1993, from Feb 23

* Sport physiology:

- Proper stretching techniques
- Fitness assessment and testing
- Expertly designed conditioning programs-running and weights
- Bio-Mechanics and injury prevention and treatment
- Nutritional advice and programs

* Sport psychology:

- Goal setting and performance preparation
- Relaxing and imagining
- Motivation, leadership and confidence
- Mental toughness

* Lacrosse skills:

- Specialist instruction-individual and team plays
- 10 to 1 players to Coach ratio
- Written individual assessments
- Video fault-finding

* Plus:

- Regular scrimmages and 6 on 6 tournaments
- LAX videos
- Fastest shot competition (let the radar gun decide!)

1993 VLA FIXTURES

STATE LEAGUE 1993

ROUND 1
APRIL 3 ALL ROUND 1 GAMES
PLAYED AT 194

START TIME 12 NOON

ELTHAM V M.C.C.
CHADSTONE V CAULFIELD
ALTONA V FOOTSCRAY

START TIMES 2.30 PM

WILLIAMSTOWN V SURREY PARK
MALVERN V CAMBERWELL

ROUND 2
APRIL 17

WILLIAMSTOWN V MALVERN
SURREY PARK V ELTHAM
CAMBERWELL V CHADSTONE
ALTONA V CAULFIELD
M.C.C. V FOOTSCRAY

ROUND 3
MAY 1

CAULFIELD V ELTHAM
MALVERN V M.C.C.
CHADSTONE V ALTONA
FOOTSCRAY V WILLIAMSTOWN

SUNDAY MAY 2 @ 2.15 - ALBERT GROUND
CAMBERWELL V SURREY PARK

ROUND 5
MAY 15

ELTHAM V WILLIAMSTOWN
MALVERN V CHADSTONE
CAULFIELD V M.C.C.
CAMBERWELL V ALTONA
FOOTSCRAY V SURREY PARK

ROUND 7
MAY 29

ELTHAM V MALVERN
FOOTSCRAY V CAMBERWELL
SURREY PARK V CHADSTONE
WILLIAMSTOWN V CAULFIELD
SUNDAY MAY 30 @ 2.15 - ALBERT GROUND
M.C.C. V ALTONA

ROUND 9
JUNE 12

M.C.C. V CHADSTONE
ELTHAM V CAMBERWELL
WILLIAMSTOWN V SURREY PARK
FOOTSCRAY V CAULFIELD

ROUND 11
JUNE 26

M.C.C. V ELTHAM
CAULFIELD V CHADSTONE
FOOTSCRAY V ALTONA
SURREY PARK V WILLIAMSTOWN
CAMBERWELL V MALVERN

ROUND 13
JULY 10

CHADSTONE V WILLIAMSTOWN
CAULFIELD V SURREY PARK
MALVERN V ALTONA
FOOTSCRAY V ELTHAM
CAMBERWELL V M.C.C.

ROUND 14
JULY 24

WILLIAMSTOWN V ELTHAM
CHADSTONE V MALVERN
M.C.C. V CAULFIELD
ALTONA V CAMBERWELL
SURREY PARK V FOOTSCRAY

ROUND 16
AUGUST 7

MALVERN V ELTHAM
ALTONA V M.C.C.
CAMBERWELL V FOOTSCRAY
CHADSTONE V SURREY PARK
CAULFIELD V WILLIAMSTOWN

ROUND 18
AUGUST 21

CHADSTONE V M.C.C.
CAMBERWELL V ELTHAM
SURREY PARK V MALVERN
ALTONA V WILLIAMSTOWN
CAULFIELD V FOOTSCRAY

APRIL 10

NO GAMES

EASTER

APRIL 24

"SIX-A-SIDE" VENUE: POSSIBLY
SURREY PARK
CATCH THE FOX 12NOON START

APRIL 25
AUSTRALIAN SQUAD
TRAINING IN PERTH

ROUND 4
MAY 8

WILLIAMSTOWN V CHADSTONE
SURREY PARK V CAULFIELD
ALTONA V MALVERN
ELTHAM V FOOTSCRAY
M.C.C. V CAMBERWELL

ROUND 6
MAY 22

M.C.C. V WILLIAMSTOWN
CAULFIELD V CAMBERWELL
ALTONA V SURREY PARK
CHADSTONE V ELTHAM
MALVERN V FOOTSCRAY

ROUND 8
JUNE 5

ALTONA V ELTHAM
CHADSTONE V FOOTSCRAY
CAULFIELD V MALVERN
SURREY PARK V M.C.C.
CAMBERWELL V WILLIAMSTOWN

ROUND 10
JUNE 19

ELTHAM V SURREY PARK
CHADSTONE V CAMBERWELL
CAULFIELD V ALTONA
FOOTSCRAY V M.C.C.
SUNDAY JUNE 20 @ 2.15 - ALBERT GR
MALVERN V WILLIAMSTOWN

ROUND 12
JULY 3

SURREY PARK V CAMBERWELL
M.C.C. V MALVERN
ALTONA V CHADSTONE
WILLIAMSTOWN V FOOTSCRAY

SUNDAY JULY 4 @ 2.15 - ALBERT GRO
ELTHAM V CAULFIELD

JULY 17

AUSTRALIAN CHAMPIONSHIPS

SENIORS - PERTH
U15 - PERTH
U17 - ADELAIDE
U21 - MELBOURNE

ROUND 15
JULY 31

WILLIAMSTOWN V M.C.C.
CAMBERWELL V CAULFIELD
SURREY PARK V ALTONA
ELTHAM V CHADSTONE
FOOTSCRAY V MALVERN

ROUND 17
AUGUST 14

ELTHAM V ALTONA
MALVERN V CAULFIELD
M.C.C. V SURREY PARK
WILLIAMSTOWN V CAMBERWELL

SUNDAY AUG 15 @ 2.15pm
ALBERT GROUND
FOOTSCRAY V CHADSTONE

1st SEMI FINAL
2nd SEMI FINAL
PRELIMINARY FINAL
GRAND FINAL

AUGUST 28
SEPTEMBER 4
SEPTEMBER 11
SEPTEMBER 18

DIVISION I - 1993

ROUND 1
APRIL 17

MALVERN V WILLIAMSTOWN
SURREY PARK V ELTHAM
CAMBERWELL V MELB. UNI
ALTONA V CAULFIELD
M.C.C. V DONCASTER

ROUND 3
MAY 1

CAMBERWELL V SURREY PARK
CAULFIELD V ELTHAM
MALVERN V M.C.C.
MELB. UNI V ALTONA
WILLIAMSTOWN V DONCASTER

ROUND 5
MAY 15

ELTHAM V WILLIAMSTOWN
MELB. UNI V MALVERN
CAULFIELD V M.C.C.
CAMBERWELL V ALTONA
DONCASTER V SURREY PARK

ROUND 7
MAY 29

ELTHAM V MALVERN
M.C.C. V ALTONA
DONCASTER V CAMBERWELL
SURREY PARK V MELB. UNI
WILLIAMSTOWN V CAULFIELD

ROUND 9
JUNE 12

M.C.C. V MELB. UNI
ELTHAM V CAMBERWELL
MALVERN V SURREY PARK
WILLIAMSTOWN V ALTONA
DONCASTER V CAULFIELD

ROUND 11
JUNE 26

M.C.C. V ELTHAM
CAULFIELD V MELB. UNI
DONCASTER V ALTONA
SURREY PARK V WILLIAMSTOWN
CAMBERWELL V MALVERN

ROUND 13
JULY 10

WILLIAMSTOWN V MELB. UNI
CAULFIELD V SURREY PARK
MALVERN V ALTONA
DONCASTER V ELTHAM
CAMBERWELL V M.C.C.

ROUND 14
JULY 24

WILLIAMSTOWN V ELTHAM
MALVERN V MELB. UNI
M.C.C. V CAULFIELD
ALTONA V CAMBERWELL
SURREY PARK V DONCASTER

ROUND 16
AUGUST 7

MALVERN V ELTHAM
ALTONA V M.C.C.
CAMBERWELL V DONCASTER
MELB. UNI V SURREY PARK
CAULFIELD V WILLIAMSTOWN

ROUND 18
AUGUST 21

MELB. UNI V M.C.C.
CAMBERWELL V ELTHAM
SURREY PARK V MALVERN
ALTONA V WILLIAMSTOWN
CAULFIELD V DONCASTER

ROUND 2
APRIL 24

ELTHAM V M.C.C.
MELB. UNI V CAULFIELD
ALTONA V DONCASTER
WILLIAMSTOWN V SURREY PARK
MALVERN V CAMBERWELL

ROUND 4
MAY 8

MELB. UNI V WILLIAMSTOWN
SURREY PARK V CAULFIELD
ALTONA V MALVERN
ELTHAM V DONCASTER
M.C.C. V CAMBERWELL

ROUND 6
MAY 22

M.C.C. V WILLIAMSTOWN
CAULFIELD V CAMBERWELL
ALTONA V SURREY PARK
MELB. UNI V ELTHAM
DONCASTER V MALVERN

ROUND 8
JUNE 5

ALTONA V ELTHAM
MELB. UNI V DONCASTER
CAULFIELD V MALVERN
SURREY PARK V M.C.C.
CAMBERWELL V WILLIAMSTOWN

ROUND 10
JUNE 19

WILLIAMSTOWN V MALVERN
ELTHAM V SURREY PARK
MELB. UNI V CAMBERWELL
CAULFIELD V ALTONA
DONCASTER V M.C.C.

ROUND 12
JULY 3

SURREY PARK V CAMBERWELL
ELTHAM V CAULFIELD
M.C.C. V MALVERN
ALTONA V MELB. UNI
DONCASTER V WILLIAMSTOWN

JULY 17

AUSTRALIAN CHAMPIONSHIPS

SENIORS - PERTH
U15 - PERTH
U17 - ADELAIDE
U21 - MELBOURNE

ROUND 15
JULY 31

WILLIAMSTOWN V M.C.C.
CAMBERWELL V CAULFIELD
SURREY PARK V ALTONA
ELTHAM V MELB. UNI
MALVERN V DONCASTER

ROUND 17
AUGUST 14

ELTHAM V ALTONA
DONCASTER V MELB. UNI
MALVERN V CAULFIELD
M.C.C. V SURREY PARK
WILLIAMSTOWN V CAMBERWELL

1st SEMI FINAL
2nd SEMI FINAL
PRELIMINARY FINAL
GRAND FINAL

AUGUST 28
SEPTEMBER 4
SEPTEMBER 11
SEPTEMBER 18



SPORT AND
RECREATION

BRINE DIRECT SALES

1A Trade Place, Vermont, Vic. 3133.

Brine Direct Price List

1st September, 1992

MESH STICKS			GLOVES		
	<i>Retail</i>	<i>Direct</i>		<i>Retail</i>	<i>Direct</i>
Magic - M1	\$84.50	\$64.50	L10	\$52.95	\$41.00
Magic - MD	99.50	77.50	L25	67.50	52.50
Magic - MX	84.50	64.50	L35	92.50	71.50
S/light 2+2	72.95	56.50	L30	94.50	73.50
S/light 2	72.95	56.50	ARM PADS		
S/light 4	72.95	56.50	LAP4	\$89.95	\$70.00
Shotgun	72.95	56.50	LAPL	28.95	22.50
Ultra-Lite	72.95	56.50	LAPM	26.95	21.00
Twinefinder	64.95	50.00	LAPS	24.95	19.50
Wave	45.50	35.00	SAG2	56.95	43.50
Shutout	105.95	84.50	SAG2JR	51.50	40.00
Brine Cup Trad.	81.50	63.00	SHOULDER PADS		
<i>* All prices include Handles *</i>			SP9	\$57.95	\$45.00
HANDLES			SP9C	50.95	39.50
32" Aluminium	\$25.00	\$19.50	FP1	77.50	60.00
32" Graphite	49.50	38.50	SP4J	56.95	44.00
40" Aluminium	29.95	23.00	SP4R	57.95	45.00
58" Aluminium	41.50	32.00	SP4L	59.95	46.50
STICK ACCESSORIES			SP35J	57.50	44.50
MPK - Mesh Kit	\$21.95	\$17.00	SP35R	59.50	46.00
TPK - Trad. Kit	23.75	18.50	SP35L	60.95	47.00
MPKG - Goalie	34.50	26.50	RIB PADS		
BALLS			RPL - Snr	\$44.95	\$34.50
LBW - Practice	\$5.30	\$4.00	RPS - Jnr	37.95	30.00
LBO - Practice	5.30	4.00	ACCESSORIES & BOOKS		
LBY - Practice	5.30	4.00	Supernite	\$23.50	
KUSEL - Match	7.25	5.00	Toss Lacrosse	27.50	
GOALIE PADS			Urick Book	18.90	
BP3 - Junior	\$55.50	\$43.00	Scott Book	23.50	
BP4 - Youth	58.50	45.00	Nylon Cap	5.50	
BP7 - Senior	61.50	47.50	Tactel Cap	16.90	
GBP - Deluxe	96.50	75.00	BRINE LACROSSE SHOES		
SPORT HELMETS			Iroquois - Low Cut	\$85.00	
Ultralite Snr	\$155.00	\$120.00	Mohawk - Mid Cut	90.00	
Ultralite Yth	155.00	120.00	Navaho - High Cut	95.00	

All prices plus freight & handling charges if applicable,
for shipment to anywhere in Australia.

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CHOOSE YOUR WEAPON



MD

ANNIHILATE THE ATTACK

MD. The "Doctor." For defense and long-stick middle play, its 1/2" thick sidewalls make it the stiffest stick you can buy. Don't let MX and M1 dominate the field. Grab the "Doctor" and start making housecalls!

MX

DOMINATE THE DEFENSE

MX. The tightest, stiffest attack stick available—with the sidewall design preferred by the world's top attackmen. Accuracy, speed and control are built right in. Once you take hold of the exclusive, textured "Xtra Grip" handle, you'll never let go.

M1

MASTER THE MIDFIELD

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