

Website

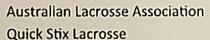


www.lacrosse.com.au

www.quickstixlacrosse.com.au

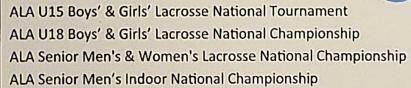
www.alaresults.sportingpulse.net

Facebook Page





Facebook Group



Instagram

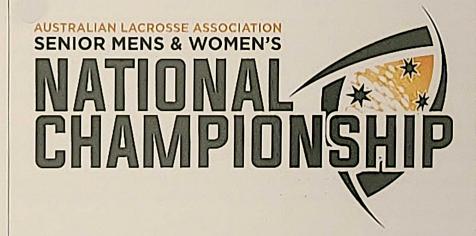




Wednesday 5th - Sunday 9th, June 2019

2019





held at Footscray Lacrosse Club

Corner of Francis & Roberts Street, Yarraville VIC 3013



Welcome from the Australian Lacrosse Association

On behalf of the Australian Lacrosse Association it is my great pleasure to welcome players, support staff, officials, parents and spectators to the Footscray Lacrosse Club (FLC) for 2019 ALA Oreana Property Group Senior Men & Women National Championships.

Thank-you to FLC for hosting this event, I would also like to acknowledge FLC's committee of volunteers and all their efforts and dedication to make this event a success, led by President Tim Lane and Chris Miles.

The ALA would also like to acknowledge and thank the officials and their support teams who have volunteered their time to officiate both the men's and women's events. In addition, I would also like to thank all the head, assistant and development coaches who have worked tirelessly to develop and prepare their teams and players.

Over the last few months the ALA have been working tirelessly on a number of front grow our great game with our development team implementing the Quick Stix program into the Sporting Schools Secondary Program. Lacrosse is now one of only 18 sports involved in this program. In 2019 lacrosse, through Sporting Schools lacrosse has been delivered to 7761 primary students and 368 secondary students creating a valuable avenue to showcase our sport and entice non members to join our community.

The ALA has also worked closely with World Lacrosse (formally FIL) at the SportAccord festival on the Gold Coast. This provided lacrosse, and Australian youth players, the opportunity to demonstration and present our sport and potential format to the International Olympic Committee and other Federated Organisations.

I would also like to take this opportunity to mention the ALA's new strategic plan. The new plan will be released shortly however the ALA will be working towards 4 key objectives under the new plan.

Key Objectives:

Growth - Reach the milestone of 10k members and 100k participants

Cultural Shift – deliver systematic cultural change to enhance the development of lacrosse.

Brand "Lacrosse" – implement a comprehensive brand and marketing plan to promote and position lacrosse with the Australian public.

World Games - bid to host a major World event in Australia

These key objectives all interrelate with a large focus on marketing our game to the wider community and with the focus to grow the amount of people playing and participating in the sport of lacrosse.

Finally, I wish everyone involved in the championship all the very best, and trust that those who come to support will witness some outstanding games.

Glenn Morley ALA President



Welcome from Lacrosse Victoria

Lacrosse Victoria welcomes all to the 2019 ALA Oreana Property Group Senior Men & Women National Championships being hosted by Footscray Lacrosse Club. We look forward to a spectacular event both on and off the field with the lacrosse community coming together for the peak domestic event for our sport.

We acknowledge the efforts of Footscray to put on a fantastic show for our sport and the dedicated work by all the players, coaches and officials for being selected for this event. It is a credit to make it to the national championships at a senior level where we expect high level skills and competitive games.

Events like this would not happen without the volunteers and their preparation for and the delivery of hosting an event like this. We pay tribute to them and all those that we behind the scenes to ensure the teams get out on the field and that the grounds are ready to go from line marking to changerooms being cleaned.

On behalf of Lacrosse Victoria, the Board thanks the ALA for allowing Victoria to host this event and we wish all participants a fantastic event played in great spirits. Remember to compete with class and honour the game and all participants with respect.

Yours in lacrosse,

Lacrosse Victoria Board



Welcome from the Footscray Lacrosse Club

At Footscray Lacrosse Club we are honoured to be given the opportunity to host the 2019 ALA Oreana Property Group Senior Men & Women National Championships. We have a fantastic opportunity to showcase the greatest game on earth to the western suburbs of Melbourne.

We would like to thank Oreana Property Group for their outstanding contribution to lacrosse in Victoria. Their support is invaluable and has resulted massive increases to the growth & exposure of lacrosse across Victoria.

The Maribyrnong City Council have also been amazing supporters of lacrosse. Their commitment to local lacrosse has been fantastic. The recent facilities & playing surface upgrades that everyone will enjoy is a direct result of Maribyrnong Council's support. The recent facilities is a playing surface upgrades that everyone will enjoy is a direct result of Maribyrnong Council's support.

We have had great support from our faithful Footscray Lacrosse Club members & supporters. Without their help in the lead-up & during the championships, hosting a National Championships would never be possible. To all of the volunteers who have assisted, thank you & please know that your hard work has not gone un-noticed.

Further gratitude extends to Lacrosse Australia, Lacrosse Victoria & all other member associations for their support the lead-up to the championships & establishing great lines of communication.

To the forgotten team of the championships, the referees & umpires, thank you for your professionalism & dedication to the game. Without you there would be no championships & congratulations on your selections.

Lastly, to all of the players participating, congratulations on being selected to represent your respective member associations. It is a great achievement to be selected to players representative lacrosse. We hope you all play well & do yourselves & your teams product.

We hope that everyone involved enjoys watching the best players in the country show their skills at Footscray Lacrosse Club. Please enjoy our facilities & our great sport. I look forward to seeing everyone during the week & of course, Go Vics!!

Tim Lane

President – Footscray Lacrosse Club



Welcome from the Maribyrnong City Council

Sport, especially team sport, plays a vital role in the City of Maribyrnong. It brings together people from all walks of life, promotes health and wellbeing and encourages team work.

Sport often works as the backbone of our diverse community, crossing language barriers and adding to our inclusive culture. It makes me proud that there is such a thriving sport and recreation community here in our City, with the National Lacrosse Championships being played here and contributing to this culture.

At Maribyrnong City Council, we work hard to ensure everyone has the opportunity to improve their health and well-being through physical activity. This includes offering the Active Maribyrnong program, which delivers year round events for our passionate rt-lovers.

We also offer health and well-being opportunities at the Maribyrnong Aquatic Centre and through our community centres.

I would like to congratulate all teams participating in the Australian Lacrosse Association's Senior Men and Women National Lacrosse Championship, each individual's hard work and dedication has created a successful team that contributes to a sporting spectacular that will be enjoyed by many.

I wish everyone the best of luck in the tournament.

Cr Martin Zakharov

Mayor

Maribyrnong City Council

The Australian Lacrosse Association would like to acknowledge and thank our sponsors and partners:

SPORTAUS

Sport Australia for their continuing support of lacrosse.



Acland Travel, East Malvern VIC for support and expertise in travel arrangements.



Sports Centre, for supply of uniforms and apparel to ALA 2019 programs and teams.



Living Choice, providing support in developing and growing the game of lacrosse.

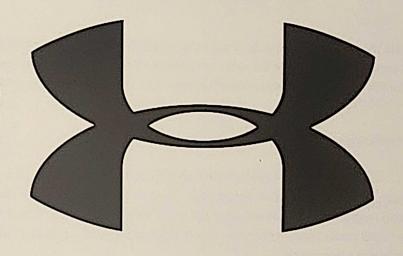


Quest Apartment Hotels, support in providing affordable accommodation for lacrosse teams and the extended lacrosse community.



Australian Lacrosse Network (ALN), Ongoing support in providing live streaming of ALA events and promoting the game across the country.

The Australian Lacrosse Association would like to acknowledge and thank Under Armour for their support of the 2019 U19 Australian Women Lacrosse Team.



UNDER ARMOUR





In 2018 the ALA launched the Quick Stix Program which is a program to introduce new participants to lacrosse in a safe and engaging environment. This program is similar to AusKick football and Hotshots tennis. Quick Stix has two main programs:

Quick Stix involve which is conducted in schools

Quick Stix Invade which is conducted at clubs

Quick Stix Involve programs are currently running in schools all over Australia through the Sporting Schools Program. Since the start of 2018 through the Sporting Schools Program the ALA has delivered 386 Quick Stix programs at 299 schools with over 15000 students playing lacrosse. That is 15000 students who may be interested in joining a lacrosse club!

Quick Stix Invade programs are the best way to get new juniors playing lacrosse at your club. The Quick Stix Invade programs lets students move on from learning the basic skills of lacrosse to playing small games at clubs. The Quick Stix Invade program is an important part of the whole Quick Stix program and will help grow our game and clubs' membership.

We need your help to promote Quick Stix to schools to drive interest to lacros and to establish club ran Quick Stix Invade programs.

To find out how to get involved or just to find more information please visit the Quick Stix website www.quickstixlacrosse.com.au and click on the club tab or email growthcoordinator@lacrosse.com.au.

2019 ALA Oreana Property Group Senior National Championship Fixture

Wednesda	ay - 5/06/19		
Start	Home	Away	Field
9.00am	NSW-QLA	SA	1
11.45am	WA	VIC	1
2.30pm	SA	U19 AUS	1

Thursday -	6/06/19	9	
5	Home	Away	Field
10.20am	OPENI	NG CEREMO	NY
11.30am	VIC	WA	1
2.00pm	SA	NSW-QLA	1

Start	Home	Away	Field	
10.20am	OPENING CEREMONY			
12.00	NSW-QLA	WA	2	
2.30	VIC	U19 AUS	2	

Friday - 7/06/19					
Start	Home	Away	Field		
11.00am	WA	NSW-QLA	2		
2.00pm	VIC	SA	2		

Start	Home	Away	Field
9.15am	VIC	NSW-QLA	1
11.45am	WA	SA	1
2.30pm	U19 AUS	NSW-QLA	1

	Saturday	- 8/06/19		
	Start	Home	Away	Field
San Contract	11.00am	NSW-QLA	VIC	1
	2.00pm	WA	SA	1

Start	Home	Away	Field
9.15am	U19 AUS	WA	2
11.45am	SA	VIC	2

Suncey - 9	/06/19		
Start	Home	Away	Field
9:00am	3rd	4th	1
11.45am	1st	2nd	1
Approx			
4.50pm*	CLOSIN	IG CEREM	ONY

Start	Home	Away	Field
9.30am	3rd	4th	2
2.30pm	1st	2nd	1
Approx 4.50pm*	CLOSIN	IG CEREMON	IY

^{*}Closing ceremony to start 20min after the final whistle of the women's 1v2 match.

NSW/QLA Women's Team



Number	First Name	Last Name	Captain
1	Juliet	Austin	
2	Rebekah	Simpfendorfer	
4	Lisa	Kiernan	
5	Charlotte	Robertson	
6	Amber	Salisbury	
7	Tess	Clancy	
8	Lina	Teichmann	
10	Natasha	Bronkhorst	
11	Audria	Hu	
12	Sally	Busch	
13	Alile	Eldridge	
14	Caroline	McLuckie	
18	Rebecca	Putna	Co-captain
21	Annabel	Williams	
22	Bella	Pickett	Co-captain
Coach	Lynton	Arscott	
Team Manager	Juliet	Austin	

NSW/QLA Men's Team



Number	First Name	Last Name	Captain
4	Brodie	Shield	
5	Matthew	Hopkinson	
7	Tyler	Nolf	
9	Brayden	West	
12	Jared	Neale	
13	Jean	Bronkhorst	Co-captain
14	Michael	Wallis	
19	Lorence	Lee	
21	Alexander	Mercier	
23	James	Dawson	
24	Alex	Kober	
25	Scott	Gilmour	Co-captain
26	Omar	Al-Khayat	
44	Gilbert	Kelsey	
92	Greg	Brenn	Co-captain
93	Nicholas	Conway	
Coach	Alex	Kober	
Team Manager	Juliet	Austin	

SA Women's Team



Number	First Name	Last Name	Captain
1	Adden	Cunningham	
2	Charlotte	Whinnen	
4	Zephyr	Williams	
5	Jessica	Page	Vice Captain
6	Laura	Evans	
7	Hayley	Fuss	
8	Kelsey	Piltz	
9	Bonnie	Wells	
10	Brodie	Borovnik	
11	Olivia	Parker	
12	Jasmine	Newmarch	
13	Karen	Mortimer	Captain
23	Jessica	Morrison	
24	Casey	Goudie	
30	Kahli	Evans	
	Julie	Christy	
Co-Coach	Melissa	Williams	
Co-Coach	Nicole	Bolton	

SA Men's Team



Number	First Name	Last Name	Captain
1	Mitchell	Fuss	
2	Adam	Philips	
4	Luke	Keesing	
6	Jake	Rosenthal	
8	Jonathan	Marenkovic	
9	Kesavan	Sivasubramaniam	
10	Douglas	Brookes	
11	Nathaniel	Rowe	
12	Ryan	Gaspari	
13	Stephen	Mortimer	
14	Todd	Bartlett	•
15	Clinton	Barker	
17	Jack	Woodford	
19	Arlen	Lim	
20	Kody	Watts	
22	Michael	Forbes	
27	Jacomo	Lovat	
28	Matthew	Falloon	
44	Tobias	Raymond	
66	Louis	Dow	
Co-Coach	Craig	Schicker	
Co-Coach	Tony	Watts	
Team Manager	Andrew	Semmler	





VIC Women's Team

Number	First Name	Last Name	Captain
1	Ursula	Fithall	
2	Sarah J	Smith	
5	Rachel	Kirchheimer	
6	Sasha	Pollnitz	
7	Esther	Lavelle	
8	Zo-Ellen	Stannus	
9	Sarah	Mollison	
10	Hayley	Sofarnos	
11	Abbie	Burgess	
12	Stephanie	Kelly	
14	Elise	Hussey	
15	Bridget	Hogan	
16	Theadora	Kwas	
20	Danelle	Mollison	
22	Rocharne	Brady	
23	Bree	Hussey	
Head Coach	Sue	Sofarnos	
Assistant Coach	Sue	Mcsolvin	
Team Manager	Roz	Lambert	
Physiotherapist	Adam	Joffe	

VIC Men's Team



Number	First Name	Last Name	Captain	
1	Brian	Bach		
3	James	Lawerson		
4	Jason	Brammall		
5	River	Bradley	Co-captain	
6	Caleb	Hall	Co-captain	
8	Matt	Harvey		
9	Peter	Kwas		
10	Chris	Moffat		
11	Nick	Burgess		
12	Lucas	Parsons quintiao		
13	Campbell	Mackinnon		
14	Nathan	Bell	1	
15	Lachlan	Russell		
19	Sean	Clarke	Co-captain	
22	Callan	Gibson		
23	Tim	Ratje		
27	Luke	Dobson		
33	Alexander	Pike		
44	Jeffrey	Melsopp		
66	Alistair	Gloutnay		
99	Jae	Bidwell-Barton		c
Head Coach	Greg	Mollison		
Assistant Coach	Alan	Lewer		
Assistant Coach	Terry	Sparks		
Team Manager	Rod	Maher		

WA Women's Team



Number	First Name	Last Name	Captain
2	Skylar	Leavy	
4	Shannon	Mitchell	
5	Baillie - Rose	Keenan	
6	Emma	Graham	
7	Rebecca	Banyard	Vice Captain
10	Tammie	West	Co-captain
12	Carlyn	Blair	
13	Bailey	Eastman	
15	Dhevan	Manu	
17	Erin	Mitchell	
18	Kate	Hooper	
19	Kate	Churchward	
20	Alana	McKinlay	Co-captain
21	Chloe	Tatlow	
23	Hannah Mae	Brown	
33	Emma	Green	
Head Coach	Travis	Roost	
Assistant Coach	Ted	Polglaze	
Assistant Coach	Elizabeth	Hinkes	
Team Manager	Tania	Copeland	

WA Men's Team



Number	First Name	Last Name	Captain
1	Mitchell	Kennedy	Co-captain
3	Dean	Lawrence	
5	Lucas	Koczwara	
6	Mick	Waddell	
8	Luke	Walton	
11	Riley	Mercer	
12	Aaron	Salter	
14	Sam	Williams	
15	Brodie	Ray	
19	Shayne	O'Brien	
20	Rob	Logan	
23	Rhett	Johnstone	
24	Lachlan	Walker	Co-captain
27	Donal	Wild	
31	Trevor	O'Brien	
32	Isaac	Mellor	
33	Simon	Fleet	
53	Ashby	Farrell	
66	Keegan	Davies	
88	Connor	Davies	
Head Coach			
The same of the sa	Paul	Fischer	
Assistant Coach	Paul Adam	Jorre De st Jorre	
Assistant Coach Team Manager			

Officials

Umpire in Charge	Kris Palmer	Referee in Chief	John Sedgeway
TD	Kari Borges	Assessor	Alan Chiron
TD	Jan Jackson	Assessor	Alan Frost
Umpire	Leanne MacGibbon	Assessor	lan McRae
Umpire	Amy Basile	Assessor	Robin Stevens
Umpire	Belinda Douglas	Assessor	Laslo Tiszavolgyi
Umpire	Susan Milne	Assessor	Mitchell Walmsley
Umpire	Kellie Morley	Assessor	Evan Walters
Umpire	Nat Owens	Referee	Marty Baker
Umpire	Jess Symonds	Referee	Bradley Edwards
Umpire	Tammy Varga	Referee	Richard Ellingworth
		Referee	Michael Goudie
		Referee	Steve Green
		Referee	Tim Kennedy
		Referee	Jonathon Kiploks
		Referee	David McRae
		Referee	Danny Whitbourn

U19 Aus Women's Team

Number	First Name	Last Name	Captain
25	Ocea	Leavy	The supplies of the supplies o
27	Dana	Johnston	
28	Hannah	Gough	
29	Eloise	Rowe	
31	Abby	Thorne	
32	Indyah	Williams	
. 33	Ruby	Barnes	
34	Georgia	Latch	
35	Isabella	Murphy	· · · · · · · · · · · · · · · · · · ·
36	Abbey	O'Mahony	
37	Rhiannon	Panting	Co-Captain
38	Bonnie	Yu	Co-Captain
39	Libby	Blair	
41	Madison	Copeland	
43	Olivia	Adamson	
44	Olivia	Wills	
45	Tyshia	Skuse	
46	Taylah	Comeadow	
48	Molly	Dunham	
49	Emily	Wills	
Head Coach	Stacey	Morlang	
Head Coach	Jen	Adams	
Assistant Coach	Trish	Adams	*
Team Manager	Colleen	Hunter	W No. 3
Assistant Manager	Adden	Cunningham	_ AUSTRAIIA
Physiotherapist	Scott	Smith	* 2019



SCHEDULE

The state of the s	Contract Contract		
Date	Day	Opponent	
Fri 2 Aug	Day 2	USA	
Sat 3 Aug	Day 3	CAN	
Sun 4 Aug	Day 4	ENG	
Tue 6 Aug	Day 6		
Wed 7 Aug	Day 7	Play off round	
Thur 8 Aug	Day 8	riay on round	
Fri 9 Aug	Day 9		
Sat 10 Aug	Day 10	Medal Games	

www.2019u19wclax.wordpress.com



Players Oath

On behalf of my fellow lacrosse players, I promise that during the 2019 Australian Lacrosse Association's Senior National Championship, we shall endeavour at all times, to play within the rules and spirit of the game.

We will treat our opponents with respect and co-operate with our coaches and teammates.

We will accept the decisions of the officials in the true spirit of sportsmanship and will uphold the honour of our sport.

Officials Oath

In the name of all officials, I promise that during the 2019
Australian Lacrosse Association's Senior National Championship,
we will uphold the rules of lacrosse and apply them with
consistency, fairness and integrity, for the good of the game and
in the true spirit of competition

Australian Lacrosse Association Events & Competitions in 2019

June	ALA Annual Dinner	7 June,
June	JLA Friendship Games—U23 Australian Team	Sat 15 - Tue 18 June
June	Asia Pacific Lacrosse Championship	Sat 22 - Sat 29 June
July	Maverik Challenge	Wed 10—Sun 14, Melbourne
August	2019 FIL U19 Women's World Championship	Thurs 1—Sat 10 Augus Peterborough, Canada
September	2019 FIL Men's World Indoor Lacrosse Championship	Thurs 19—Sat 28 September, Langley BC Canada
September	East Coast Cup	Sat 28 & Sun 29 September, NSW
September /October	ALA U15 Boy's & Girls Lacrosse National Tournament	Sun 29 Sep —Sat 5 Oct, SA

The Australian Lacrosse Network will be live streaming games at the 2019 Senior National Championships.

Catch all the action on their Facebook page "Australian Lacrosse Network"

Fixture & Results

In 2019 the ALA will continue to use online fixtures and results. This means you can access fixtures and results on you computer, tablet and phone.

Visit: www.alaresults.sportingpulse.net to access the men's or the women's competitions.

Or you can also visit the ALA or ALN Facebook pages.

ALA Senior Women National Championship Past Results

Year	State	Year	State
1962	Victoria	1991	South Australia
1963	South Australia	1992	South Australia
1964	South Australia	1993	South Australia
1965	South Australia	1994	South Australia
1966	Victoria	1995	South Australia
1967	South Australia	1996	Victoria
1968	Victoria	1997	South Australia
1969	Victoria	1998	Victoria
1970	South Australia	1999	South Australia
1971	South Australia	2000	South Australia
1972	Victoria	2001	South Australia
1973	South Australia	2002	South Australia
1974	Victoria	2003	South Australia
1975	South Australia	2004	South Australia
1976	South Australia	2005	South Australia
1977	Victoria	2006	DNP
1978	Western Australia	2007	South Australia
1979	South Australia	2008	Victoria
1980	Western Australia	2009	Victoria
1981	Victoria	2010	South Australia
1982	South Australia	2011	Western Australia
1983	Victoria	2012	Western Australia
1984	Western Australia	2013	Victoria
1985	South Australia	2014	Victoria
1986	South Australia	2015	Victoria
1987	South Australia	2016	Victoria
1988	South Australia	2017	Victoria
1989	South Australia	2018	Western Australia
1990	South Australia		

SA = 32 Championships VIC = 18 Championships

WA = 6 Championships

ALA Senior Men National Championship Past Results

Year	State
1926	South Australia
1929	Victoria
1932	Victoria
1936	Victoria
1939	Victoria
1946	VICTORIS
1947	Western Australia
1948	Western Australia
1949	
1950	Victoria
1951	VICTORIA
1952	
1953	Victoria
1954	
1955	
1956	Victoria
1957	
1958	
1959	South Australia
1960	
1961	
1962	South Australia
1963	
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Year	State
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1991	Western Australia
1992	Victoria

Year	State
1993	Western Australia
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1997	Victoria
1998	Victoria
1999	Victoria
2000	Western Australia
2001	South Australia
2002	South Australia
2003	South Australia
2004	Victoria
2005	Victoria
2006	Western Australia
2007	Victoria
2008	Victoria
2009	Victoria
2010	Victoria
2011	Victoria
2012	South Australia
2013	Western Australia
2014	South Austra
2015	Western Australia
2016	Victoria
2017	Victoria
2018	Victoria

Thank-you

Thank-you to all the volunteers who have made the 2019 ALA Oreana Property Group Senior Men & Women National Championships possible - all the volunteers, players, coaches, team managers, support staff, officials, parents and friends.

Acknowledgments

SPORTAUS

Sport Australia For their continued support to lacrosse, the ALA and its member associations.



Footscray Lacrosse Club For their support with volunteer workforce and their role in coordinating and running the National Championship venue, facilities and catering.



Oreana Property Group Thank-you for your continued support to lacrosse and Footscray Lacrosse club. Your contribution has helped provided massive increases to the growth & exposure of lacrosse across Victoria.