

AUSTRALIAN

Lacrosse

ISSUE 6 • DECEMBER 1995 • \$A5.00 JOURNAL



Young Guns

As in every other year, most of the action and enjoyment in lacrosse has been experienced at club and State level - where most of the people are involved. But a quick look at some of the activity which has been happening at international and national level reveals a wide range of highlights.

The international scene is developing with projects in China and Korea as well as activity in Argentina and Switzerland. The 1998 World Championship saw Australia maintain its record of never finishing out of the medals by winning the bronze.

Merry
★
Christmas

National competitions were successfully conducted with the Australian Senior Championship in Melbourne, the Australian Under 17 Championship in Perth and a record 11 teams competing in the Australian Under 15 Tournament in Melbourne.

In addition to the awards for winners in these national competitions the Australian Lacrosse Council also inducted a new Fellow (Bill Taylor), awarded six Certificates of Merit and added the names of Robbie Starke and Darren Nicholas to the Isaachsen Trophy.

We hosted a national team from Japan, renewed a licensing agreement which provides valuable revenue for ALC, commenced preparation of an Australian Under 19 team and conducted a National Forum involving State players, coaches, administrators.

National development continued with teams from Queensland and Tasmania competing in the Australian Under 15 Tournament for the first time, and the organisation to host the 1999 Under 19 World Lacrosse Championship was boosted with the opening of the new Glenelg Lacrosse Clubrooms which will host the event.

The ALC playing rules have been produced in a handy 2-ring binder format, the ALC administration handbook has been enhanced with the addition of an international teams handbook section, the ALC Business Plan was updated, the ALC Directory produced and distributed to every club in Australia, the ALC Annual Report was produced outlining in full the achievements of the year and the Australian Lacrosse Journal has provided information of interest and assistance to the national lacrosse community, along with the ALC Website.

A national grading system has been used for objective assessment of officials and an Australian Referee (Peter Knight) was selected to officiate in the grand final of the World Championship.

We have maintained the support and assistance of the Australian Sports Commission which includes funding for two half-time positions in Queensland and New South Wales on a shared basis with AWLC.

We can, with justification, safely say that 1998 has been a full and rewarding year for Australian lacrosse.

Malcolm J Stokes
Editor

"Australian Lacrosse" is the official Journal of the Australian Lacrosse Council Ltd. (ACN 056 806 190).

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"Australian Lacrosse" welcomes articles and photographs submitted for publication. These should be directed to:

The Editor
"Australian Lacrosse"
PO Box 162
Wembley, Western Australia 6014
Fax: (08) 9387 8814
Email: editor@alc.lacrosse.org.au

Design, production and printing -
Mooreprint, 356a Rokeby Road,
Subiaco, WA 6008.

ALC Director Media, Marketing and
Promotions - Mavis Owens

Editor - Malcolm Stokes

Photographers: D Cox
K Kendall

Contributors: K Kendall (Vic)
T Rice (SA)
E Freeman (SA)
N Roost
P Mangan
F Carroll

ISSN 1328 7729
Print Post No. PP602669/00591

ALC Home Page:
<http://www.alc.lacrosse.org.au>

Next Issue:
Deadline for material -
March 6th 1999



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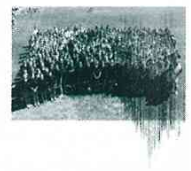
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Front Cover
Under 15's Action

Back Cover

Players, coaches and officials from the Australian Under 15 Tournament joined with participants in the Under 16 and Under 21 Women's Championships for this 'group' shot. Copies of the photograph (10" x 8") are available by sending payment of \$20 to Lloyd Holmes, 20 Ardrie Road, Malvern East, Victoria 3145. (Tel: 03 9481 9212)



Australian Sports Commission

*The Australian Lacrosse Council Ltd
acknowledges the support provided by the Australian Sports Commission.*

So You Want to Play in the U.S.?

Nathan Roost hails from Phoenix Lacrosse Club in Western Australia and was a member of the 1998 Australian Men's Lacrosse Team. He played for three years at Division One powerhouse Hobart College in upstate New York. He talks about his experiences over the last couple of years.

Lacrosse is now literally a game played all around the world. You only had to witness the spectacle of the World Games this year in Baltimore to understand the impact the sport is having in so many countries.

There is something about lacrosse players no matter where you are. You are part of a small but passionate

community and welcomed with open arms. This fraternity can provide many opportunities to those who are eager to travel and incorporate lacrosse into their lives while away. What better way to take advantage of this by studying abroad and playing lacrosse at a high school, university or in a club in the United States?

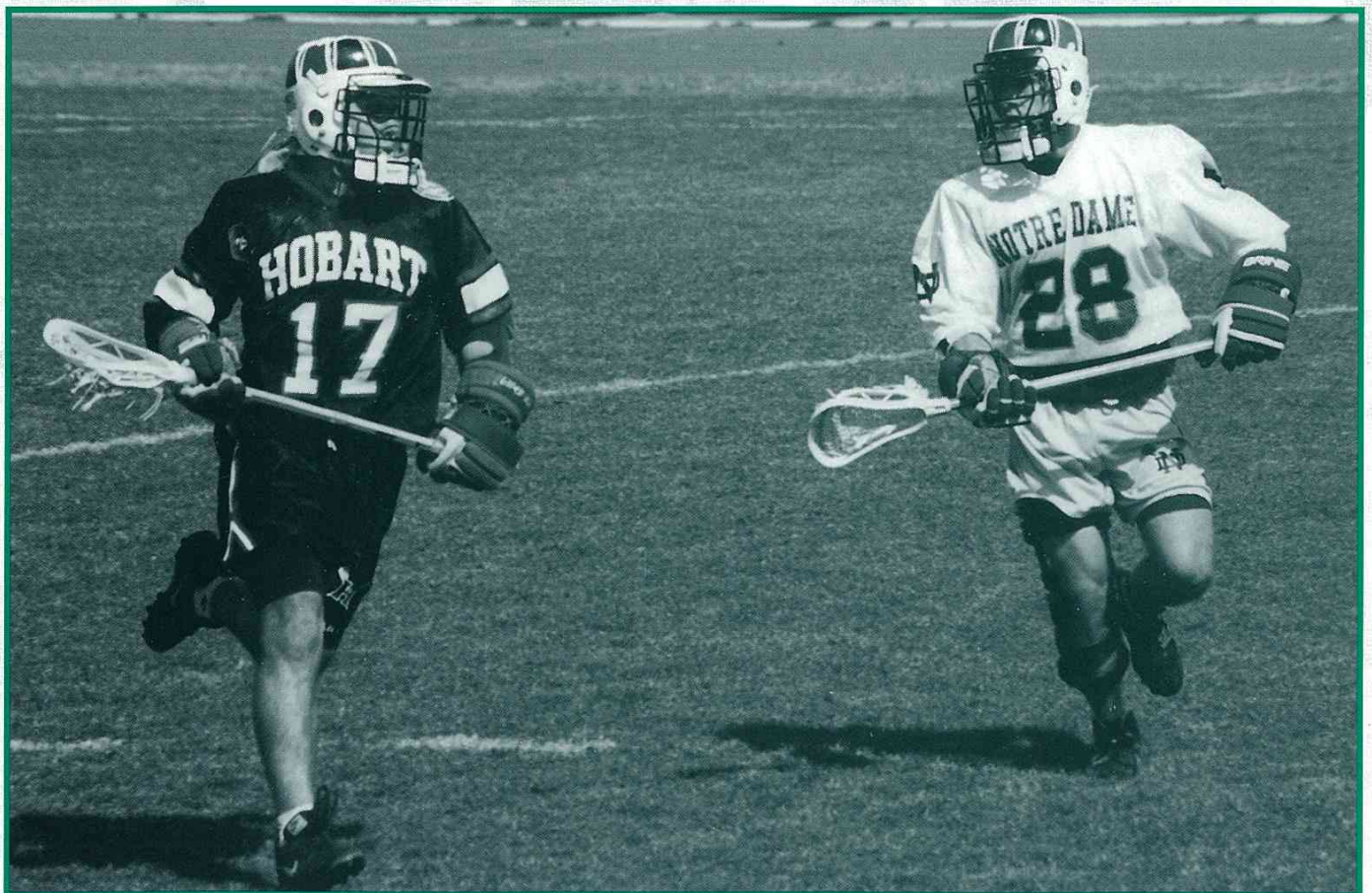
My own experience focuses on the college level of lacrosse in the US. The opportunity afforded to me has been amazing and for this I am very thankful. I was accepted to Hobart College in 1994 as an exchange student, then after that year was over, I transferred to complete my degree in economics.

Three divisions exist at the collegiate

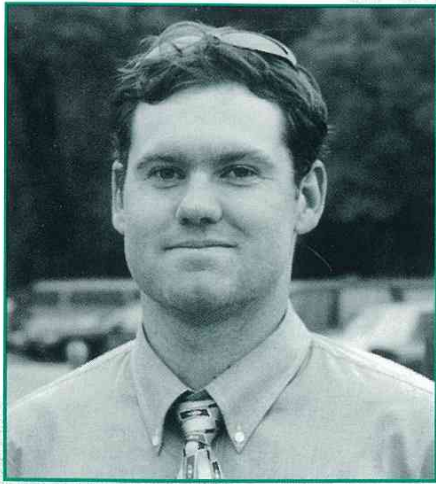
level in the United States; those being Division I, II and III. The size of the school and their propensity to give athletic scholarships are two reasons that determine what division schools participate in.

Getting over here for university is somewhat difficult, but well worth it. Two great options are available. One is the direct application to institutions with the possible hope of being given an athletic scholarship. The other is applying through secondary and tertiary exchange programs.

The direct application is great if you know coaches and have friends in the States who can help you. US coaches are a little reluctant to award athletic



Nathan Roost in the action for Hobart College.



scholarships to players they haven't seen play, but money is available to everyone. Financial aid from universities can be given in other forms such as academic scholarships, loans and campus job opportunities. Schools are currently encouraging international applicants to apply, so that is a definite factor in their decision and will help.

The time taken to arrange an

application is significant, so give yourself at least six to eight months to take entrance exams (such as the SAT), prove financial commitment (often in the form of a bank statement), apply for student visa(s) and make travel arrangements. Contacting a number of coaches is important so you will have several options and gain a great understanding of what types of programs are out there.

The exchange program offered several advantages over simply applying to colleges directly from home. The obvious, and most significant for many of us, is the cost. Often the exchange agreements do not require you to pay the tuition fees for that school, just the living expenses for the student such as room, board and books. Both public and private institutions are expensive due to limited government subsidy and support.

Exchange programs are great if you are already at university and want to combine travel, lacrosse and your studies. Semester and year long

programs are available at most universities so you can select one which best matches your needs. Course transfers should be discussed before leaving home so you know that your time abroad will be worthwhile.

One thought relevant to both approaches is to make sure that you will meet all academic and institutional standards if you want to play college lacrosse. Rules at each school differ, and it is best to check well before to make sure you are eligible.

In closing, if you are seriously considering playing lacrosse abroad, be sure to do as much research on your own as you possibly can. Speaking to friends and coaches is a great way to understand where you could fit in and the opportunity available. Remember to use the internet and look up related lacrosse and university websites. Good luck.

Nathan can be reached at roostnate@aol.com

by Nathan Roost

Crocodiles Ready to Attack

Preparations are well underway for the 1999 Australian Under 19 Men's Lacrosse team which is to compete in the World Championships in Adelaide in July. The gap between a gold and silver medal has been narrowing in recent world challenges and all associated with the 1999 team believe that the 'home ground' will be an advantage.

Head coach, Graeme Ross, and coaches Robin Cornish, Glen Revell and Clive Sheppard will be facing a tough task to select the team on the selection trial weekend - December 5, 6 and 7. Approximately 70 hopefuls from four States will be trying very hard to impress the selectors.

Once the team has been selected, the next main focus will be a trip to the USA from April 1-18. The team will be hosted by McDonna and Loyola High Schools and will provide our team with some valuable intensive match practice.

Fund raising activities in Victoria have been underway for some time. The most successful items so far have been wine bottlings, with an attractive Australian Under 19 team label, chocolates and lacrosse angels from the USA. It is hoped that these activities will help ease the financial burden on parents.

The entire coaching and management team are absolutely focussed on developing the best team to represent Australia at the U19 World Championships.

Team Personnel

Head Coach:	Graeme Ross
Coaches:	Robin Cornish - Western Australia Glen Revell - South Australia Clive Sheppard - Victoria
Executive Director:	John Harris
Team Manager:	Mike Richmond
Managers:	Fiona Carroll - Victoria Michael Gates - Western Australia Bob Perham - South Australia
Team Physiotherapist:	Andrew Anstee
Sports Psychologist:	Charles Osborne

A R O U N D The Nation

QUEENSLAND

Two teams, the Paradise Dolphins and the Brisbane Pumas, travelled to Melbourne and played in the Australian Under 15 Tournament. On their return those players were part of a 66 player junior program at Caboolture with senior players coaching and parents organising. Plans are already under way for Adelaide in 1999.

Results - Paradise Indy 2000 Tournament

No Balance 17	def	Local Business 6
Champion Stokers 15	def	Bundy Roys 4
Bundy Roys 13	def	Local Business 9
Champion Stokers 11	def	No Balance 8
No Balance 14	def	Bundy Roys 8
Champion Stokers 15	def	Local Business 3
Bundy Roys 12	def	Local Business 7
Final: Champion Stokers 7	def	No Balance 6

Awards All Stars

Goals	Michael Bosel
Defence	Brad Gould
	Giles Davidson
	Matthew Roberts
Midfield	Jim Sutton
	David Hunt
	McDowall Brown
Attack	Dennis Juleff
	George Weisse
	Matthew Foley
MVP	Dennis Juleff
Rookie	Mike Hunter
International Rookie	S Yoshikawa

VICTORIA

The Victorian contingent of the **Australian Under 19 squad** is training strongly every Sunday morning, plus individual training programmes are carried out during the week.

The members of this squad are preparing well for the national selection trials to be held in Melbourne on the first weekend in December. Interstate members will arrive in Melbourne on Friday the 4th, selections will begin Saturday the 5th and continue through until Monday the 7th. Victorian families will host the visitors.

Congratulations to both Darren Nicholas and Robbie Stark, two of Victoria's finest face-off men, who are the joint winners of this year's Issachsen Trophy. Robbie who has been an outstanding junior for the Caulfield club over many years, made the transition to seniors very smoothly, and has played Senior State and National level. Robbie was one of three



Best on field Williamstown goalkeeper, Scott Garnsworthy, goes flying in the VLA State League grand final.



No - not the Hawaii Invitational - players line up for the VLA State League grand final at the Albert Ground, St Kilda Road.

Australians named in the All-World selections after the Under 19 World Championships in Japan two years ago. Robbie is part of the well known Trainor family in Melbourne. Uncle Dennis, and cousin Leanne have been representatives at both State and national level, cousin Ryan is an Eltham State League player and mum, Josie, is Caulfield and Robbie's No 1 supporter. To top it off Robbie's boss is another well known to many in lacrosse throughout Australia and a past Australian Team coach, Bill Stahmer.

Darren Nicholas is a fine winner also. After being named in the Australian Team for Baltimore, Darren stepped up his already demanding training regime, and when the season began this April, he was dominating the centres for Eltham and working well all over the field. Darren is a product of the successful Eltham primary schools competition.

Recruited at just 10 years of age from Montmorency Primary School, one of Darren's first coaches at junior level

was Fred Durham. Many coaches since then have seen the potential Darren had and with support from girl friend Renae, and a lot of hard work, he has achieved it. Darren is 24 years old and a student at RMIT in a human development/physical education course.

The Victorian Lacrosse supporters applaud both Darren and Robbie and look forward to next year's Caulfield/Eltham match face-offs!

All High Schools Lacrosse Shield

At the instigation of Jock Garnsworthy (Williamstown High School teacher) and after some effective lobbying by some young players, Lacrosse Victoria promoted an All High Schools Invitational. Seven schools accepted and travelled from as far away as Mooroolbark and Montmorency to the Altona club venue.

No finals required. All teams set to play one another. Williamstown and Montmorency, both loaded with

talented club players, established themselves as the early favourites. David Balfour (Footscray) talked a lot of his school mates into playing for the first time and they thoroughly enjoyed themselves. When the two favourites met it was a very high standard of schoolboys lacrosse, with Montmorency taking the honours, helped by five players who have taken out All Star team selections at recent national championships. Williamstown, with the brilliant face-off man, Luke Moore, and Ryan Garnsworthy in goals, did well and will be the team to watch next year.



Footscray player, Luke Moore, in Williamstown uniform at the All High Schools Invitational.



Ken Read enjoys being at lacrosse.

A good day was had by all and a big thank you must go to Sue Cody and Andrew Millar of Lacrosse Victoria for the work they put into re-establishing this competition after such a long break.



All High Schools Invitational organisers, Sue Cody and Andrew Miller, congratulate Montmorency co-captains, Martin O'Grady and Wayne Kendall.



Some of the teams at the All High Schools Lacrosse Shield Invitational.

WESTERN AUSTRALIA

The 1998 season ended with a day of five exciting grand finals.

Under 13 The Wanneroo Under 13 team had not lost a game all season, but in a replay of the 1996 season, Wembley had a winning game plan and won the day.

Under 15 Wanneroo won the minor premiership flag but only on percentage from East Fremantle who proved too strong in the grand final and won the premiership flag.

Under 17 East Fremantle and Wembley were the strongest teams throughout the season and East Fremantle won the grand final over a determined Wembley team.

Division 2 Subiaco has been the strongest team in this competition and carried it through to another premiership flag for the club.



WALA Division 1 Premiers Subiaco Captain (Murray Keen) holds the I J Taylor Shield while best player Michael Wann says a few words, watched by Don Pridmore (Subiaco Lacrosse Club President), Doug George (WALA Director of Publicity) and Ian Toy (WALA President).

Division 1 Subiaco had the upper hand throughout the season but did not win the minor premiership because they did not field any junior teams. The grand final was a good game between Subiaco and minor premiers, East Fremantle, with Subiaco once again winning the flag in a very tight contest. Australian player, Michael Wann, was selected as the winner of the Kuljak Medal for the best player in the grand final. Late inclusion and seasoned campaigner, Jeff Kennedy, treated the crowd to another exhibition of his great skills in a creditable performance for East Fremantle.

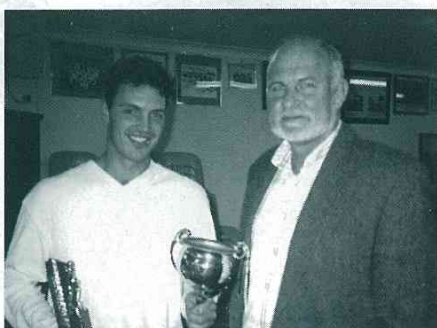
Awards



WALA Under 17 Best Player, David Bullen, receives his trophy from Ian Toy (WALA President).

The WALA Best Player awards were presented at a function at the Bayswater Lacrosse Club. Winners were: Under 13 - Dale Booth (Wanneroo), Under 15 - Luke Stokes (Wanneroo), Under 17 - David Bullen (Wembley), Division 2 - Tony Ffrench (Subiaco), Division 1 - David Spreadborough (Subiaco).

David transferred in his employment from Victoria to Western Australia and is obviously feeling right at home as he scored highest votes even after missing several games while representing Australia at the World Championships in Baltimore.



WALA Division 1 Best Player, David Spreadborough, with Ian Toy (WALA President)

The **Centenary Shield** is a magnificent trophy donated by the Australian Lacrosse Council to the WA Lacrosse Association to recognise the Centenary of lacrosse in WA in 1996. The shield is awarded each year to the WALA Club of the Year determined by a formula taking into account the number of registered members, teams, referees and premiership table position. The Wanneroo Club won the shield again in 1998, remaining the only winners to date.

Referee Peter Knight was recognised by the WA Minister for Sport for being selected to officiate in the final of the 1998 World Lacrosse Championships.

The **City of Fremantle** recently established the inaugural Fremantle Sporting Wall of Fame. This is designed to officially recognise local (Fremantle) sporting heroes. The inductees were presented with an individualised plaque, with a replica of the plaque becoming part of the Sporting Wall of Fame erected initially in the Fremantle City Library. From 50 nominations there were 20 inductees and amongst names such as Luc Longley (Chicago Bulls basketballer) and John Worsfold (West Coast Eagles captain) were two names well known in the lacrosse community - Jeff Kennedy and Peter Cann. It is great to see the achievements of lacrosse people being recognised in the wider community and credit to the East Fremantle Lacrosse Club for nominating their members for these awards.

Spreading the Lacrosse Gospel

Grant Moir has played lacrosse for many years, including State team representation, and when he qualified as a teacher and was posted to Port Hedland he knew he was going to a lacrosse vacuum. Grant decided to fill the vacuum and went about establishing the Port Hedland Modcrosse Association with the support of parents and the enthusiasm of the kids. The efforts by Grant took a step upwards and were rewarded when one of his players, Daniel Lacey, was selected as a member of the Northern Thunder team which competed in the Australian Under 15 Tournament in Melbourne. Well done to Grant and Daniel. [Daniel's father travelled to Melbourne to watch his son play and support the team.]



Northern Thunder player, Daniel Lacey, from Port Hedland.

The Numbers Game The figures are not high and they remain eerily consistent, but how they are made up tells an important story. Senior player numbers decreased from 268 in 1996 and 1997 to 231 in 1998. Junior player numbers (U13, U15 and U17) increased from 218 in 1997 to 242 in 1998 and modcrosse numbers continued the marginal increase from 392 in 1996, 404 in 1997 to 411 in 1998. Sofcrosse also increased from 69 in 1996 to 98 in 1997 to 105 in 1998. So we have basically the same numbers playing the game - but more of them are younger!

The **WALA Annual General Meeting** was well attended and the following people were elected to manage lacrosse in Western Australia for 1999:

President	Ian Toy
Vice President	Allan Griffiths
Directors:	
Administration	Chris Milne
Finance	Roger Smith
Senior Lacrosse	Cameron Blair
Junior Lacrosse	Kevin McRae
Coaching	Malcolm Stokes
Referees	Laslo Tiszavolgyi
Publicity	Doug George
Special Projects	Don Rudderham

Long time Bayswater Club stalwart, Lloyd Morley, was awarded Life Membership of the WALA in recognition of his outstanding services.



WALA President, Ian Toy, with new Life Member, Lloyd Morley.

The WALA Constitution was amended to provide for officers to be elected for a two year term with half the Board positions coming up for election in each year.

The meeting also expressed appreciation to Mark Hickey who has terminated his contract which has provided development services to WALA for some 15 years. Mark has done outstanding work in presenting the game to many thousands of people, both in Western Australia and also in introducing Sofcrosse in then new States, NSW, Queensland, Tasmania, NT and ACT, plus several international expeditions to New Zealand. Mark will not be lost to lacrosse as he will still be involved as a volunteer. We wish Mark well in his future ventures.

The newly elected WALA Board had less than two weeks to think about their role when they were involved in an all day planning seminar to help them "hit the ground running". This is the first occasion for many years that all Board positions have been filled at the AGM and reflects the success of several strategies adopted by the WALA Board to encourage greater participation in WALA affairs.

SOUTH AUSTRALIA

Winners are grinners and the losers prepare for next year!

A 39-year drought was broken when Woodville won the 1998 Fosters Men's State Lacrosse League grand final. It was one of the most thrilling grand finals witnessed in the history of Lacrosse SA, where scores were tied at full time. West Torrens came into the match all guns firing and broke to an early and convincing lead. The Warriors remained true to their goal and keep pushing. Always drawing close but never grabbing the lead from West Torrens. It was not until overtime that Woodville finally snatched the lead and from there they held on until the siren blew. Man of the Match was Brett Howe, who started the Warrior comeback with five goals to his credit.

In the League Reserves grand final, East Torrens Payneham proved their club rebuilding program was on track with a solid performance over Sturt.

The B grade grand final saw Southern Districts win their first ever men's premiership in the club's 20 year history. It was a close call with Woodville trying to make it back to back wins. The Women's Fosters State League saw Glenelg win their fourth straight flag. In a game played in two parts, Glenelg set up a commanding 7-goal lead at half time. Brighton stole the show in the second half but it was not enough to steal the match.

Player of the Match was Carly Mangan, from Brighton.

Glenelg displayed a powerhouse performance in the League Reserve final to win easily over Adelaide University.

Sturt stopped Glenelg's hopes of winning three flags on the day in the B grade grand final.

Australian Lacrosse Journal

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The **1998 Presentation Dinner** was held at the Unley Sports and Community Centre.

With over 200 people attending it is one of the biggest events on the Lacrosse SA calendar. The winners for 1998 were:



Lacrosse SA Memorial Medallion winner 1998 - Jim Sutton.

Best and Fairest	League	Jim Sutton (Burnside)
	League Reserves	Jamie McLean (Sturt)
	B grade	Matthew Ellis (Southern Districts)
Most Valuable Player	League	Glen Revell (Brighton)
	League Reserves	Jamie McLean (Sturt)
	B grade	Matthew Ellis (South Districts)
Rookie of the Year	Scott Dawson (Burnside)	
Referee of the Year	Rob Mollison	
1998 All Stars		

Glen Revell (Brighton), Rob Lawson (Glenelg), Craig Schicker (Woodville), Jim Sutton (Burnside), Andrew Stone (Sturt), Michael McNerney (Burnside), Peter Inge (Woodville), Paul Kernaghan (West Torrens) Jim Mihelios (West Torrens), Michael Santi (Woodville), John Kernaghan (West Torrens). Coach: Craig Treloar (West Torrens)



The 1998 Lacrosse SA All-Stars Team.

Women's Winners		
Best and Fairest	League	Leanne Craddock (UniEagles)
	Reserves	Jaynie Phillips (West Torrens)
	B grade	Sally Bonython (Burnside)
Most Valuable Player	League	Trish Adams (Brighton)
	Reserves	Jaynie Phillips (West Torrens)
	B grade	Adelaide Harbison (Glenelg)
Rookie of the Year	Krissie Wilson	
Umpire of the Year	Diedre Owen	

On Other News

Lacrosse SA and Glenelg are all geared up for the 1999 Lacrosse Festival entitled "Adelaide 99" The Event Director is Allan (Barney) Frederick, Event Co-ordinator is Helen Keane and Games Committee Chair is David Inge. Woodville and East Torrens Payneham will both be celebrating 100 years of lacrosse history next year. Sturt are currently celebrating the same milestone.

It would seem that early talk suggests that Adelaide University will not be fielding any men's teams for 1999. This will undoubtedly draw to an end the 100 plus history of this club.

The Crows Lacrosse Club is running the 1998 indoor lacrosse program and has 44 teams competing over two nights.



ALC Certificate of Merit awardees, Mark Polden, Andrew Erskine and Graham Hobbs with Peter Hobbs (ALC Director of Competitions) at the lectern.

Australian Lacrosse Council Certificates of Merit

Three South Australians were presented with Australian Lacrosse Council Certificates of Merit. Congratulations to Mark Polden, Andrew Erskine and Graham Hobbs.

Lacrosse South Australia has now re-located to Barratt Reserve, West Beach. Postal address: PO Box 202, Henley Beach SA 5022. Phone 08 8355 3350. Fax 08 8355 3360.

Tasmania

The Tasmanian Tornadoes were delighted to record a win at the Australian Under 15 Tournament and this has inspired the boys and their parents to work more on the development of men's lacrosse in Tasmania.

New South Wales

Following the resignation of Robin Weckert, Helen Markham has now been appointed as part-time National Executive Officer on a shared basis between ALC and AWLC. Her role is to focus on building junior clubs in NSW and hopefully this will see NSW recover from the slump experienced this year. ■



Around the World in 11 Years

Leighton Beamsley (ALC President) with 1999 Event Director, Allan Frederick and Event Co-ordinator, Helen Keane in front of the new Glenelg Clubrooms.

It was an Australian initiative to propose to the International Lacrosse Federation the conduct of an Under 19 World Lacrosse Championships. The proposal was accepted and the inaugural event was scheduled to be held in Adelaide in the Bicentennial year 1988.

The South Australian Lacrosse Association appointed Helen Keane as the Event Co-ordinator and a very successful championship was held with the traditional teams from Australia, Canada, England and USA competing.

A lot has happened in the lacrosse world since that first event and when the fourth World Under 19 Championship returns to Adelaide there will be six of

the 11 International Lacrosse Federation member countries competing. The 1992 event was held in Long Island, USA and the 1996 event in Japan with Australia winning the silver medal at both events.

The event executive committee in Adelaide has been fortunate to be able to once again engage the experience of Helen Keane as the Event Co-ordinator and Allan Frederick, fresh from his role as Executive Director of the 1998 Australian Team, has accepted the role as Event Director.

The Venue: The Glenelg Lacrosse Club has been relocated to new facilities at Barratt Reserve, West Beach and Lacrosse South Australia has joined Glenelg

as tenants in the new facility. The grand opening of the clubrooms was on October 25 and South Australia, particularly Glenelg, will be the envy of every club in Australia.

The building overlooks the playing area which could accommodate four fields with plans in hand to have the field closest to the clubrooms floodlit.

Accommodation at Marineland Holiday Village is within walking distance.

The opening ceremony is scheduled for Friday, July 2 with the grand final on Saturday, July 10.

A season ticket costs only \$30 and indications are that banquet tickets will only be around \$35 so this would be the best week's

entertainment you could wish for at less than \$100 ! Book it in your diary now.

With the Australian Under 15 Tournament, the Australian Under 17 Championship and Australian Seniors Championships all in Adelaide over that period - it'll be great !!



ADELAIDE FOR OLDIES

Not satisfied with hosting the youngsters (Under 19) for the World Championships in July, Lacrosse South Australia is also hosting a lacrosse tournament as part of the 7th Australian Masters Games being played in Adelaide from September 25 to October 3.

So everyone has a good reason to be in Adelaide in 1999.

Managing Lacrosse in Australia

The 67th Annual General Meeting of the Australian Lacrosse Council was conducted through a teleconference on October 22, 1998.

The Annual Report for 1998 is a comprehensive document which was adopted by the meeting. Three retiring Directors - Doug Fox, Mavis Owens and Peter Hobbs - were re-elected for further two year terms.

The first meeting of the Board of Directors was held in Adelaide from Friday, November 13-15. ALC Member State Association Presidents - Bruce Rosewarne (SA), John Harris (Vic) and Ian Toy (WA) attended the meeting on Friday evening and Saturday where they had input into the review of the ALC Business Plan and the opportunity to discuss issues of relevance to their State Associations with the ALC Board.



ALC Board Members with State Presidents. From left: Ian Toy (WALA), Peter Hobbs (ALC), Doug Fox (ALC), Mavis Owens (ALC), George Tillotson (ALC), Graham Reddaway (ALC), Leighton Beamsley (ALC), Malcolm Stokes (ALC), Bruce Rosewarne (LSA), John Harris (VLA).

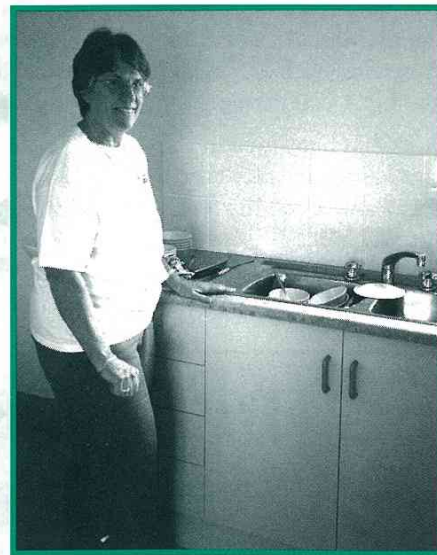


Leighton Beamsley (ALC President) right with State Presidents, John Harris (VLA), Ian Toy (WALA) and Bruce Rosewarne (LSA).

After four years as ALC President, Doug Fox, did not nominate for the position which is filled by election annually. ALC Director of Administration and Finance, Leighton Beamsley, was elected to the position of President and Director of Competition, Peter Hobbs, was elected as Vice President.

Following the review of the ALC Business Plan, which included the determination of the Top 10 priorities for focus by the ALC Board, the allocation of Directors portfolios resulted in a change to the Director of National League portfolio to a broader role and re-titled Director of Special Projects. All other portfolios and personnel continued as for 1998.

It was decided for 1999 there will be no increase to the \$350 affiliation fee or \$20 levy on senior players paid by Member States to the ALC. Affiliation fees paid by ALC Members comprised less than 12.5% (one eighth) of total ALC income for 1998.



Margaret Pallant (LSA Board Member) catered well for the ALC Board meeting.

Getting Active

It would be difficult not to have noticed something called ACTIVE AUSTRALIA from the wide range of colourful brochures promoting this program. We take a brief look at what it is all about.

Unlike a range of other national sport-related programs promoted from Canberra, the Active Australia program is "a co-ordinated approach by a range of government and non-government groups at the national, State and local level. These include agencies responsible for sport and recreation, health, local government and education."

Active Australia is intended to encourage Australians to become more physically active and to also improve the places where that activity occurs.

Readers of the Australian Lacrosse Journal do not need to be advised of the benefits of being active. These benefits apply to each individual and also to the broader community. We would also accept that playing lacrosse, in any of its many forms, is one of many opportunities from which people can choose for their activity.

The Active Australia program aims to help improve the way that lacrosse clubs, and other sporting, recreation and fitness organisations, work to make them more attractive for both existing

and prospective members.

It does this by encouraging clubs (and associations) to become Active Australia providers. This is initially a two stage process. The first stage is to register to receive the provider kit providing a self-assessment checklist and guide to development. The checklist covers key areas such as Leadership, Planning, Information, Human Resources, Client Focus, Quality of Service and Overall Performance. Your club then rates its own performance against the checklist criteria and develops strategies to make improvements in areas which are not as good as they should be. This first stage registration costs \$40.

When you are able to rate each checklist criteria at a satisfactory level, you can then apply for the recognition kit which includes a chart of the Active Australia principles, the logo bromide and guidelines for use of the logo and information about the assessment process. This second stage costs \$80.

Provided there is a strong educational and promotional program to promote the significance of the Active Australia logo, the "licence" for a club to use the logo could be beneficial in communicating that your club operates to a desirable standard. This is a similar concept to franchising such as

MacDonalds where the franchisee is required to meet specific standards to gain the benefits of using the MacDonalds name.

Clubs which become Active Australia providers can be assessed in two ways - a desk assessment where written validation of providers claims will be requested, or by visit assessment which involves industry consultants visiting clubs to validate claims and provide feedback.

Recognition as a provider is valid for two years and providers are eligible for Active Australia Awards which are presented in eight different categories with each award carrying a \$1000 prize and commemorative plaque.

There has been no suggestion that registration as an Active Australia provider will influence in any way the funds that organisations receive from Government or other agencies at local, State or national level.

It is up to each club and association to consider this program and decide whether they believe the benefits of being an Active Australia provider will justify the cost (\$120) and the effort involved.

Further information is available by phoning 1800 151 000 for a free information brochure. ■

The Australian Lacrosse Council Calendar for 1999

February	24	ALC Board teleconference
March	5-7	ALC Board meeting - Perth
	6	Australian Lacrosse Journal deadline
May	5	ALC Board teleconference
July	2-10	World Under 19 Lacrosse Championship
	3-9	Australian Under 15 Tournament
	3-9	Australian Under 17 Championship and Tournament
	9	ALC Fellows Dinner
	9-17	Australian Senior Championship and Tournament
	10-12	ALC Board meeting - Adelaide
August	14	Australian Lacrosse Journal deadline
September	1	ALC Board teleconference
	20	Nominations close for ALC Director positions
October	20	ALC Annual General Meeting - teleconference
	30	Nominations close for ALC Awards - Fellow, Certificate of Merit
November	12-14	ALC Board meeting - Melbourne
	13	Australian Lacrosse Journal deadline

Another 11 Team TOURNAMENT

A lot of people paid a lot of money to attend an 11 team tournament in Baltimore, USA. Teams came from around the world. There was plenty of lacrosse and plenty of fun - and the World Championship winners were again USA.

A lot of people also paid a lot less money to attend another 11 team tournament in Altona, Victoria. Teams came from around Australia. There was plenty of lacrosse and plenty of fun - and the Australian Under 15 Tournament winners were again Western Metro!

It was great to have two teams from Queensland and a team from Tasmania to join four from Victoria, two from South Australia, one from Western Australia and one combined WA/SA team participate in this annual tournament.

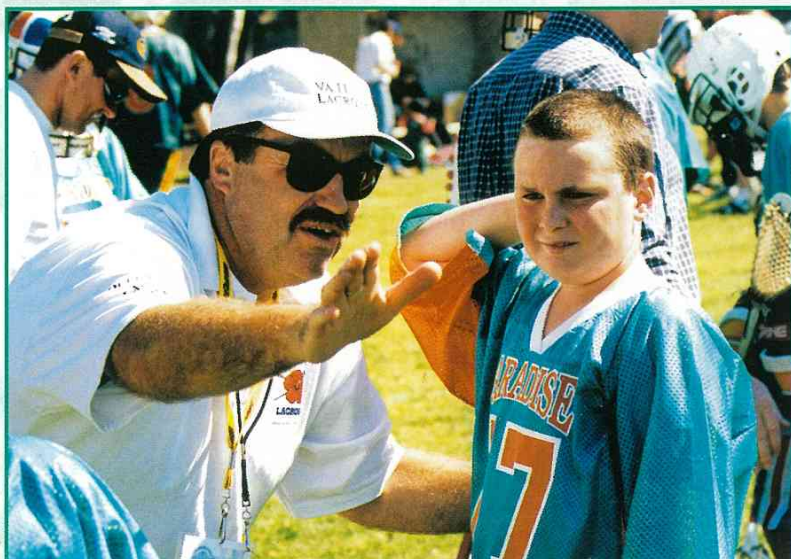
The Australian Women's Lacrosse Council conducted their Under 16 and Under 21 Women's Championships at Altona over the same period so it was a busy time for the Altona Lacrosse Club and the VLA/VWLA - but it was enjoyed by all who participated.



Above: Eastern Eagles coach, Bruce Rosewarne, has the attention of his team - particularly Scott Connelly (8) and Mark Clennell (3).



Tasmania Tornados, Alan Hales (10) and Tim Cooper (6) get half time advice from Coach, Kristian Clayton.



Coach Trevaskis, imparting his wisdom to Paradise Dolphins, Nathan Bohn.



1998 Australian Under 15 Tournament winners - Western Metro.

Results:

Vipers (Vic) 10
 Dolphins (Qld) 13
 Western Metros (Vic) 19
 Eastern Eagles (SA) 9
 Northern Thunder (WA) 8
 Eastern Eagles 8
 Southern Cross 12
 Vipers 17
 Panthers 9
 Northern Thunder 7
 Panthers 10
 Eastside Kings 16
 Eastern Eagles 8
 Pumas 6
 Western Metro 18
 Panthers 15
 Dolphins 10
 Western Metro 13
 Northern Thunder 14
 Eastern Eagles 10
 Eastern Eagles 20
 Western Metro 11
 Vipers 11
 Eastside Kings 15
 Dolphins 18
 Eastside Kings 14
 Western Redskins 8
 Eastside Kings 12
 Western Metro 20
 Tornados 9
 Southern Cross 24
 9th Panthers 10
 7th Vipers 17
 5th Southern Cross 12
 3rd Northern Thunder 8
 1st Western Metro 14

def Panthers (WA/SA) 5
 def Tornados (Tas) 8
 def Western Redskins (SA) 0
 def Eastside Kings (Vic) 7
 def Southern Cross (Vic) 4
 def Western Metro 5
 def Western Redskins 9
 def Pumas (Qld) 2
 def Tornados 7
 def Eastside Kings
 def Dolphins 8
 def Western Redskins 2
 def Northern Thunder 6
 def Tornados 5
 def Southern Cross 2
 def Pumas 4
 def Vipers 7
 def Eastside Kings 6
 def Western Redskins 1
 def Southern Cross 5
 def Western Redskins 0
 def Northern Thunder 4
 def Tornados 8
 def Southern Cross 9
 def Pumas 3
 def Vipers 1
 def Vipers 6
 def Eastern Eagles 7
 def Northern Thunder 6
 def Pumas 8
 def Dolphins 3
 def Tornados 4
 def Dolphins 9
 def Western Redskins 3
 def Eastern Eagles 5
 def Eastside Kings 4

Most Valuable Players

Joel Williams, Tom Kukucka
 Jake Sheppard, Alan Hale
 Josh Ardossi, Josh Daddino
 Thomas Vickery, Carl Johnson
 Krisana Sura, Andrew Hadden
 Matthew Bulbus, Matthew Taylor
 Sabian Johnson, Abe Fitzsimmons
 Brad Liddle, Bohdan Davisons
 Anson Carter, David Cooper
 Adam Botica, Nich Leguen
 Anson Carter, Nathan Cameron
 Cale Brooks, Alex Thompson
 Tyson Odgers, Cameron Walker
 Anthony Williams, Stephen Wilson
 Lee Davis, James Treadwell
 Mark Cummins, Jahro Morgan
 Rhiaian Barr, Gerald Hillier
 Evan Willis, Scott Menze
 Luke Stokes, Stephen Grix
 David Johnston, Nadav Zisin
 Scott Tucker, Stephen Mortimer
 Rhys Thompson, Matthew Dermody
 John Carr, Michael Pendry
 Dale Creed, Johnathon Bartos
 Tom Hilbrich, Scott Niblock
 Brian Duyn, Cameron Bolger
 Jason Rahaley, Jason Brammall
 Chris Tillotson, Scott Gill
 Michael Seviar, Stefan Klein
 Justin Woolley, Pauraic Boland
 Daniel Pusvacietis, Micahel Ransaldi
 Tim Weir, Duncan Oliver
 Brad Liddle, Daniel Velicov
 Justin Parker, Aaron Thyssen
 Lee Davis, Gavin Holden

Teach Technique in the "Game Sense" Approach

In our last issue we outlined the Game Sense approach to coaching and teaching. In this interview, Kaye Thomas from Newcastle University asks Game Sense guru Rod Thorpe about teaching technique in the Game Sense approach.

KT: Some coaches feel that techniques are de-emphasised in Game Sense - is this a correct interpretation?

RT: If you mean technique is de-emphasised because the many other aspects of games playing which we neglect are included, eg decision making, anticipation, teamwork, excitement and sensation, then yes, technique is de-emphasised.

If you mean technique is de-emphasised because it is seen as "unimportant", then this is an entirely incorrect interpretation of Game Sense. Developing technique is vitally important - the more skill, the more options **BUT** it is naive to think that by including a "technique" section in the session we are having a positive effect. Often this is unrelated to the game and certainly ignores individual needs.

Within games we are always answering the challenges posed by an opponent. You can play a game "well" badly. "Well" meaning commitment, involvement, tactical astuteness, anticipation, perception, teamwork, selection of the technique to match the situation and your own ability. "Badly" meaning you and your techniques do not match the "beautiful images" we see in the favoured few.

For those of us interested in a broader base of sport participation, perhaps we should de-emphasise the 'physical'. For those of us working with high level performers (or potential), we might do well to address the many other aspects of a top performance with the same vigour we address technique work.

KT: If you don't stop the group and conduct a technique section, then how does teaching technique take place?

RT: Technique is addressed when the player sees the need and when it is appropriate. The thing that is so objectionable in the typical 'warm up, technique, game' session is that the teaching of technique is not matched to the player, or to the stage of the game. My preferred approach is that once the game (and by this I mean the modified game or mini-game) is under way I will work with individuals, or

small groups, on aspects that they need (and this may well be technique). For those people working with mixed ability groups (like the typical community coach or school teacher) the emphasis on the 'ideal' technique will inevitably 'turn off' many in the group.

Quite simply the coach should make a decision about 'if' and 'when' to present a technique, rather than assuming we always present it after the warm up.

To become skilful we have to repeat an action many times. But we also have to make sure the repetition is specific to the game, and that the players are sufficiently motivated to want to repeat the movement over and over again. Playing small-sided games is an excellent way to do this. We can overcome the problem of poor transference of technique into the 'real' game sometimes associated with isolated technique teaching.

Many coaching and teaching resources I have seen in Australia contain lots of 'minor' games which are based around practising techniques. Within these games, the coach can then individually work with those players that need help with technique. Technique is central, but de-emphasised.

KT: Surely players need to be made aware of what is 'good technique'. You can't assume that they will pick it up just by playing games.

RT: It is often the case that 'top' players have to use actions without thinking about them, because of the speed of the game. There is evidence that many people learn techniques more efficiently if they are less 'conscious' of the action and avoid breaking it down into separate parts. But you are correct, we cannot assume they will pick it up just by playing. In any coaching situation there will be some players who have 'just picked up' the technique (probably by a combination of watching others, and trial and error). There will be other players who the coach assesses as ready to be helped, and others who might be best left for a while. The beauty of the Game Sense model is that the coach can deal with different levels of technical ability, without embarrassing or drawing attention to the individual player.

Some people think that by suggesting these approaches I am suggesting we do not need coaches with insights into

skill analysis. On the contrary, to accelerate the 'natural' learning approaches we need more informed, perceptive coaches who make measured decisions about what to teach, when and how to teach it.

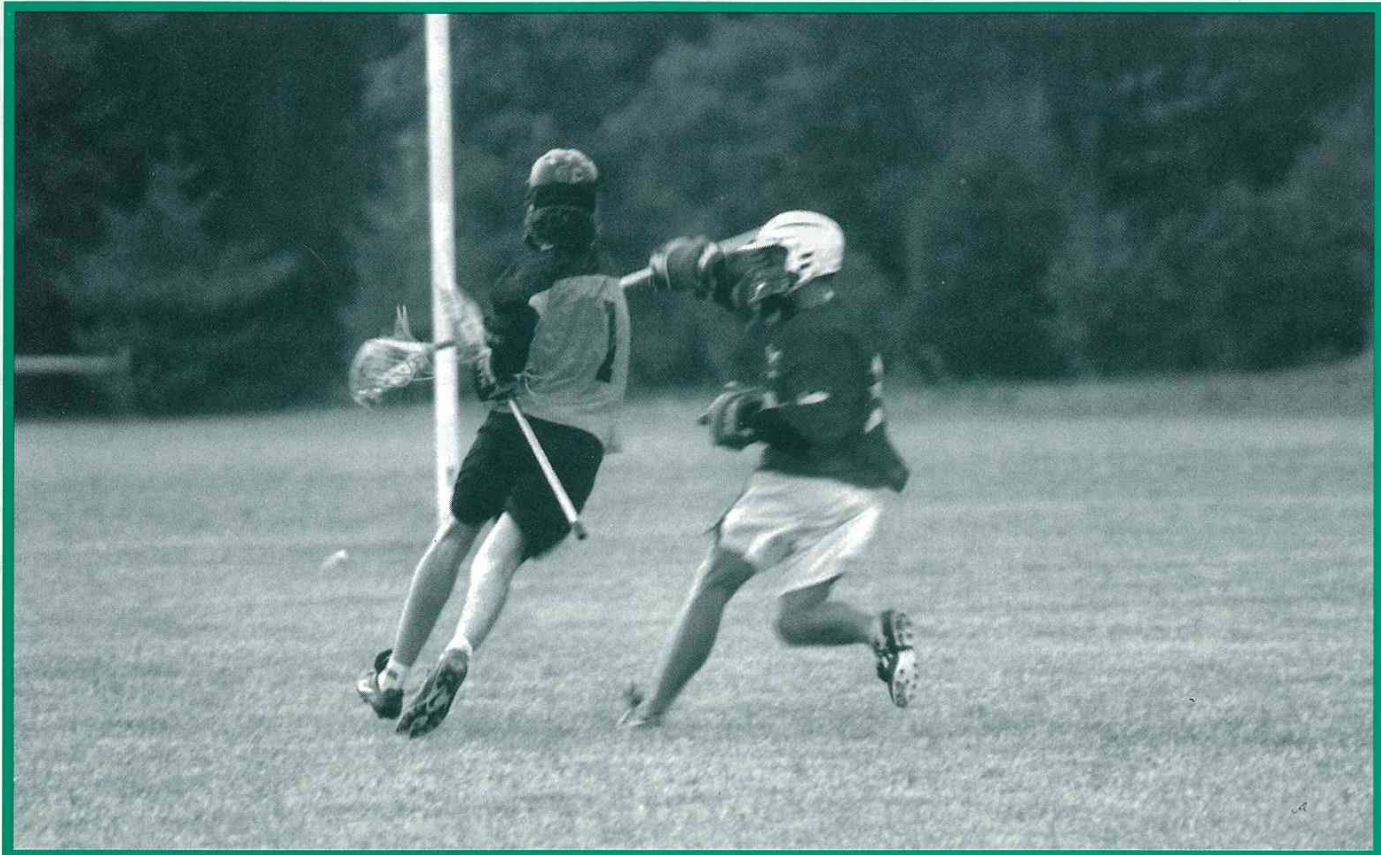
KT: How do you know whether or not to intervene to enhance a player's technique?

RT: There is an easy answer to this. If you are sure that when you intervene you will be able to help the player(s) improve, then do so. We know nothing helps confidence like doing something better. But remember the improvement must be able to remain when the coach moves away. That is why I stress that if you are not sure you can fix it, **don't rush in**.

More importantly, if an inexperienced coach is unsure of the technique corrections to make, there are good reasons why they might be better not to interject (not least that they may 'lose face' as their own lack of knowledge and physical ability is recognised). Of course we have to be sensitive to dangerous actions, and we may have to give some direction to ensure safety. But there are dangers in assuming that by giving an inexperienced coach a little knowledge we are ensuring safety. Consider that when a coach tells a player to change an action, and does so inappropriately, greater danger may occur. Often children stop painful actions, unless the coach reassures them it is the correct way to do it!

In summary part of the coach's job is to make people more skilful. Skill is important. The assumption that the best way to do this is by isolating a 'technique', at a particular time in a session, often irrespective of the developmental stage of the player or game has to be suspect. The idea that technique is best practised at one point in a session with everyone, may suit our group management needs, but will probably not suit individual needs. Add to this, that the emphasis on 'technique' is often at the expense of other experiences and learning opportunities that games offer and you can see why we have to make more 'sense' of how we coach/teach games.

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In the USA and Eltham midfielder, Wayde Kendall, is being harassed by an Eagles defender.

Eltham Lacrosse Club Tour to USA and the World Series Baltimore

During July, Eltham's fifth overseas tour took place for an Under 18 youth team. We visited California to renew our acquaintance with the Orange County Lacrosse League, who had hosted us on two previous tours. Trips to Universal Studios and Disneyland had been arranged plus two lacrosse games. Eltham, strengthened with the inclusion of four Orange County players and Scott Nicholls of Queensland Lacrosse, played strongly to notch up two early wins.

After leaving California we travelled to the east coast to Delaware, and our new hosts, the American Eagles Lacrosse Club, whom Eltham hosted while they were on tour in Australia last year. Brad duPont, the club founder, was a very generous host and had organised a busy week of lacrosse for us, named the Delaware Invitational. The weather was hot and humid and the games hard fought.

Other teams included Penn State and Lutherville, two very strong clubs, as indeed are the Eagles, a young club founded only four years ago. With Brad's enthusiasm and drive, I have no doubt the game of lacrosse in Delaware will flourish. The Eltham team won the silver jug trophy, which after engraving will be sent to us for display at Eltham, until the next time an Eagles team visits or Eltham travel.

The next stop was Baltimore, hosted by the Bel-Air Club. This group is similar to Eltham and have an active recruiting

program that includes trips to England every second year. Located approximately 45 minutes from downtown Baltimore and the Johns Hopkins venue for the World Championships, meant a lot of travelling for our hosts, who were most generous in giving of their time for the team. I sincerely hope we can continue our association with these clubs, in the hope of reciprocal visits on a regular basis, for both boys and girls.

All members of the team, by their conduct and efforts during the tour, are to be congratulated. Their behaviour both on and off the field was good and to coach Deanne Montague, congratulations on a job well done, you extracted the best from these lads and in pressure games they always found another ten percent. The camaraderie of the group, success on tour in winning nine, drawing two and losing one, was helped by the good management skills of the support staff on tour, Eve Dare and Garry Carter.

Team members: Shannon Halliwell and Wayde Kendall (co-captains), Wade Hammond, Martin O'Grady, Daniel Woodward, Adam Henry, Joel Dare, Oliver Jones, Adrian Carter, Andrew Mellor, Shaun Whittle, Scott Nicholls, Keith Carroll, Matt Green, Eric Trumbauer and Kevin Tidgewell.

Kendrea Kendall - Tour Co-ordinator

HOTTEST SPORT ON TWO FEET



Promoting Lacrosse

The Australian Lacrosse Council has produced several promotional items to support clubs in promoting lacrosse. The brochure "Get into the Action" provides information for potential players – and parents. The Junior Player Award can be used in many situations and the "Hottest Sport on Two Feet" bumper sticker is a popular addition to any car. Contact Australian Lacrosse Council secretary, George Tillotson for supplies.

GET INTO THE ACTION

*Play Lacrosse,
Australia's hottest
team sport.*

LACROSSE
HOTTEST SPORT ON TWO FEET

LACROSSE

JUNIOR PLAYER AWARD

Presented to _____

for participating in the Lacrosse programme conducted by _____

Date _____

Signed _____
President

LACROSSE
HOTTEST SPORT ON TWO FEET

AUSTRALIAN LACROSSE COUNCIL

Australian Women's Lacrosse Council

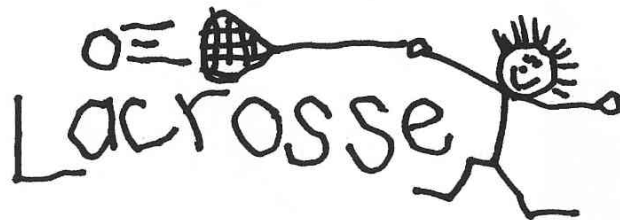
INSTANT ACTION

The Head Lacrosse Coach of the University of Hartford is Jack McGetrick and he advises that he has scholarships available for "qualified players both academically and athletically" who are interested in playing Division 1 lacrosse. State Associations have a copy of the Student Athlete questionnaire and Jack can be contacted on the following numbers: (B) 0011 1 203 768 5203 (H) 0011 1 202 651 8954.

You will need to act quickly as it is understood scholarship money is available for January.

NOT THE CENTRE DRAW

There are some great graphics associated with lacrosse - and there is a great opportunity for people who can "draw" to produce more great graphics which promote lacrosse. If you can put pen to paper and produce anything that looks better than this:



then send it in to our great graphics competition. This could start your career as a graphics illustrator, and your illustration on the cover of the Australian Lacrosse Journal would be a useful inclusion in your portfolio. Your illustration should be capable of being used for the promotion of lacrosse. It may incorporate the word "Lacrosse". It should not include any brand name for lacrosse equipment. It should be produced in full colour on plain paper or board of A4 size.

It may be a cartoon or it may be a graphic suitable for display on posters or T-shirts.

Entries will be judged and the winning graphic will be used on the cover of the Australian Lacrosse Journal and a prize of \$500 will be presented to the winner. The judges decision is final and includes the right to award no prizes.

Entries close on June 1, 1999 and the winner will be announced in Issue 8 of the Australian Lacrosse Journal.

There is no limit to the number of entries you can submit, but each entry must be accompanied by the following entry form (photocopies are acceptable). Send your entries to "Australian Lacrosse Journal", PO Box 162, Wembley WA 6014.



AUSTRALIAN LACROSSE JOURNAL 'GREAT GRAPHICS' COMPETITION

Entry from:

Name:

Address:

.....

Telephone No. H B Fax No.....

The enclosed entry is submitted to the Australian Lacrosse Journal 'Great Graphics' Competition and I give permission for this entry to be used for the promotion of lacrosse in any way by the Australian Lacrosse Council.

Signed:

Parent (Guardian) signature if under 18 years:

WHAT EVER HAPPENED TO...“MANGO”? (part 2)

Australian Lacrosse Team member Mark “Mango” Mangan (MM) recently was visited in America by his father, Patrick Mangan (PM), who recorded these interview notes from several discussions with Mark

PM Mark, since we last spoke at length, 1998 has been quite a year in lacrosse. What have been the highlights?

MM After Adelphi’s disappointing loss last year in the Division 2 national final, I think that this year’s runaway win at Rutgers in May during the final four tournament was the highlight. CW Post, the other Long Island College team we played, had just beaten us by one goal in the regular season and were very cocky. We played as a team unit, jumped them early and won 18 to 6.

PM As you know, I watched the game and I seem to remember the midfield scored 11 of the 18 goals.

MM Yes, our face-off man, Anthony Piccone, and our other leading middle, Charlie Flaherty, also scored 4. Our defense and goalie were brilliant.

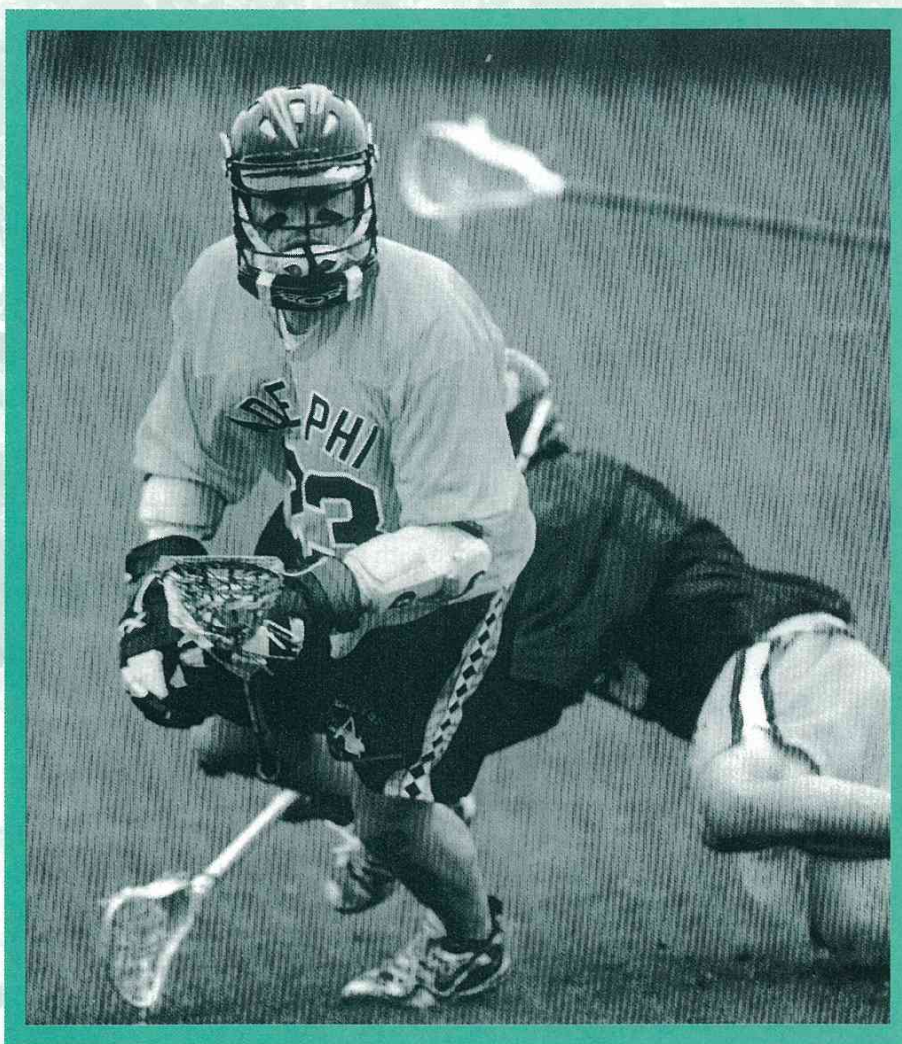
PM Where was the offense then?

MM At Adelphi, we draw the defense out until we have an opening or the middies do. Post’s defense stuck to us and in waltzed the middies!

PM I can still recall the tailgate celebrations after the win.

MM American Colleges really know how to enjoy such a win. Adelphi had lost the last two nationals and really wanted this one. There must have been over 200 people tailgating, including my old coach from Catonsville Community College in Baltimore, Dave Mintzer.

PM You were really appreciated at Adelphi and as well as being co-captain, you won several awards - Male Athlete of the Year and Attackman of the Year.



Mark Mangan with the ball.

MM I know I really played well personally and won these awards, but I really enjoy the team. Just to see my teammates celebrating after the win was the best. The sight of big, burly defensemen hugging their fathers in tears is not something you forget easily.

PM I noticed that you were interviewed after the game by the TV station.

MM Yes, I have had a higher profile this year, especially as an Australian and as co-captain. You remember we were both interviewed by a newspaper journalist before the national game.

PM How does the College recognise such a win?

MM Adelphi University will present us with black onyx Championship rings at a special ceremony in October.

PM What other highlights were there for the year?

MM I made All American again and was invited to the North-South All Stars game in Rochester in New York.

PM You received the USILA (United State Intercollegiate Lacrosse Association) Division 2 Attackman of the Year at the All Stars dinner.

MM Yes, and I really enjoyed the game. I played with Casey Powell from Syracuse (MVP of Division 1), John Hess and Chris Massey from Princeton (Division 1 champions) and Mike Ferrucci from Harvard. We had a lot of fun and I was pleased to be in the action with such players.

PM What’s the difference between Div 1 and Div 2 players in College?

MM Not much. Casey Powell was very quick over the first five steps and had great stick work. They are coached to play their natural game as I was and we really got on well. Casey scored five and one assist and I scored three and two assists, including a behind-the-head pass from Casey.

PM As we said before, you have had your share of media attention, with US Lacrosse Magazine choosing you as pre and post season Division 2 Player of

the Year. Has that put extra pressure on you to play well ?

MM I don't feel it as I enjoy the atmosphere and I am quite experienced in such conditions now. Also, Anthony Piccone was USILA Player of the Year.

PM You were also in Sports Illustrated?

MM Yes, in the June 15 edition, with Michael Jordan on the cover. They rang Coach Kapitos and thought an Australian kid playing lacrosse in America and leading a team to a national championship would be good news. I was in the "Faces in the Crowd" section. They also presented me with a wall plaque to mark the occasion.

PM What happens now in lacrosse and non-lacrosse terms ?

MM In lacrosse terms, I'd like to play in the NLL (National Lacrosse League), based on the east coast of USA.

PM Playing alongside the Gait brothers, Tom Marachek, etc ?

MM Yes, but it depends on which team I play for. Whatever happens, I have been appointed to be an assistant coach at Adelphi for next year and hope to help win another national championship.

PM In non-lacrosse terms ?

MM I am in my final year of completing my degree in Business Management at Adelphi and hope to graduate in May, 1999.

PM What then ?

MM I want to come home to Australia and link up with my pals at Brighton Lacrosse Club. I may even bring a teammate or two from Adelphi. I still have my eye on winning the club championship at Brighton, especially after Woodville cracked it this year. I also need to get a real job for obvious reason.

PM Maybe we shouldn't start about the Australian Team in Baltimore at the Worlds ?

MM No, I didn't !

PM See you at Christmas.

BOOK REVIEW

"COACHING YOUTH LACROSSE" is an American Sport Education Program publication and has been developed in association with USL (United States Lacrosse, Inc). The book is distributed in Australia by Human Kinetics Australia and can be ordered through any bookstore - Dymocks, Angus and Robertson etc. The recommended retail price is \$23.95 and there are supplies in Australia, so put your order in now to be ready for the 1999 season.

There is a paucity of books on lacrosse available for purchase in Australia and this publication, even with its American flavour, is a most welcome addition to bookshelves and should be an essential inclusion in the resource material of every lacrosse coach, parents of young lacrosse players, and indeed, senior players who would learn something from it. The USA has more lacrosse players than any other country in the world. Lacrosse is played in universities (colleges), in the NCAA (National Collegiate Athletic Association) competition and they have won every World Lacrosse Championship played except one - so they have to be doing a lot of things right!

The book is divided into 12 units (or chapters) with the first three units providing general coaching information which is useful and consistent with the values and practices promoted in Australian lacrosse. Unit 4 is about preparing yourself to coach and preparing the team to play, including the planning required. Unit 5 addresses safety and injury prevention and treatment.

Units 6, 7 and 8 cover the technical aspects of girls' lacrosse and units 9, 10 and 11 cover the 'technical' aspects of lacrosse for boys.

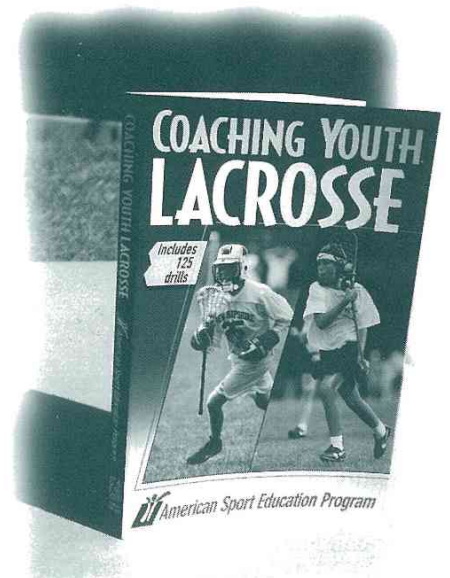
Unit 9 describes the game, the field and the equipment used along with team positions. There are a few minor differences between the book and the International Lacrosse Federation rules which we use in Australia but these are minor, and easily identified. Having measurements in yards rather than metres is a minor annoyance.

Unit 10 covers individual skills and offers drills to practice execution of those skills which would be enhanced by more diagrams but they are still helpful. A comprehensive range of skills through cradling, throwing, catching, scooping, face-offs, dodging, shooting, defensive stance, footwork, checking and holds is covered. Team plays is covered in unit 11 and offers descriptions of many plays: Offensive - fast break, slow break, 6 on 6, dodge from behind, cut and pick, midfield sweep, extra man, 2-2-2, 3-3, 1-3-2, 1-4-1.

Defensive - defending the fast break, 6 on 6 defense, slide from crease, covering a crease player, playing picks and cutters, clearing, riding, man down (zone).

The entire unit 14 is devoted to goalkeeping and includes 14 drills to improve skills.

There are hundreds of people coaching lacrosse in its many forms throughout Australia. They may be coaching modcrosse, softcrosse, soft lacrosse, indoor lacrosse, box lacrosse, men's lacrosse, women's lacrosse - but they are coaching lacrosse. Some coaches may be parents who have accepted the role as coach but have no experience as a lacrosse player on which to draw. This book will be great for them all. As the book says "fun and fundamentals" are most important. Alleluia.



'Equal Opportunity' Clarified

A test case considered by the Western Australian Equal Opportunities Tribunal helps to clarify the position of girls wishing to play in a men's lacrosse competition.

Women's sport was the winner in a decision of the Western Australian Equal Opportunities Tribunal following a complaint against the Western Australian Softball Association for not permitting 12 year old Lisa Jernakoff to participate in a boys only under 16's softball competition.

Had the decision, which found that the Softball Association was within the law in its decision to organise separate male and female teams for players over 12 years, been different it would have opened the way for men to insist upon being permitted to participate in many sporting competitions which are confined to female teams. Research suggests that such participation would lead to female competitions being dominated by male players and rob females of the opportunity to participate fully in those competitions.

On 26 October 1998 the Equal Opportunity Tribunal handed down its decision in the matter of Jernakoff v the Western Australian Softball Association Inc. (the Association). The matter centred around a complaint by Jernakoff (through her parents) that the Association had discriminated against her, on the basis of her sex, by refusing her permission to play in the junior boys softball competition. The Tribunal dismissed the complaint. The Association organises mixed softball competitions for children under 13 in winter and summer and at every level for female players 13 and over in the traditional summer softball season. Competitions for male players 13 and over are conducted in winter. In organising single sex competitions for over 12's, the Association follows the

recommendations of the National Junior Sport Policy formulated by the Australian Sports Commission which recognises that it is appropriate to conduct single sex competitions for players older than 13 years.

In winter 1997, Jernakoff was playing in a mixed under 13 team. She was the only girl on the team. Due to the age of some of the other players, the coach of the team sought to have the team placed in the under 16 male winter competition, which was done. Jernakoff was ineligible to play as a member of a team in the under 16 male competition but was eligible to play in the under 13 mixed winter competition, and in the summer

competitions for mixed under 13's and single sex under 16's. Jernakoff had played in the 1997 and 1998 summer competitions.

The Equal Opportunity Act (1986) WA ("the Act"), bans discrimination in the area of service provision (in this case the provision of a competition),

but makes an exception in relation to over 12 years single sex sporting teams where "strength, stamina or physique" are relevant to the sporting competition. The Tribunal decided that strength, stamina and physique are relevant to junior softball competition, and that it was, therefore lawful for the Association to provide single sex competitions for 13 year olds and older.

Mark Herron of Solicitors, Gibson & Gibson, acting for the Association, argued before the Tribunal that the strength exception is very important for women's sporting teams because if the strength exception to the Act were held not to apply, the Association could not organise female only teams. Mr Herron commented that this may have a great impact on the sport, particularly as the evidence before the Tribunal suggested that males would

predominate in certain positions, such as pitching, giving females less opportunities for play. Evidence was also presented that females are less likely to play sport if teams are mixed.

These are unwanted outcomes in any sport. The Tribunal's decision should be hailed by sporting groups as providing guidance to the interpretation to the exception given in the Equal Opportunities Act and provide a way in which associations can organise women's sport to protect themselves from outside interference.

The Association's Vice President, Shirley Schneider, said that the Association was pleased with the outcome of the Tribunal which supported the position taken by the Association. "The decision enables the Association to continue to support the National Junior Sports Policy for the future".

The complaint belied the Association's commitment to females in softball. The Association was originally formed as the Western Australian Women's Softball Association in 1948, organised softball for women and was part of a National women's softball association, which in turn was affiliated to the international women's softball body. Australian women and girls have played softball widely and successfully during that period, and have received international recognition, culminating in a bronze medal at the Atlanta Olympics in 1996. There is an irony that a sport which opened its doors to male participants should be accused of discrimination.

Mr Bob Welch, Executive Director of the Western Australian Sports Federation welcomed the result. "In what was probably seen as a test case, it was a common sense decision and a good result for sport. Had the result gone the other way it could have led to mass challenges about separate sex participation in sport at all levels, to the eventual detriment of women's sport generally."

"The Western Australian Sports Federation is totally in favour of equal opportunity in sport but not at the expense of participation, base on the physical attributes of one sex over the other".

The Tribunal decided that strength, stamina and physique are relevant to junior softball competition, and that it was, therefore lawful for the Association to provide single sex competitions for 13 year olds and older.

Talk About Attitude

Some words about "attitude" which is part of the Australian Lacrosse Referees Association Level 1 Referee Accreditation.

To the Game

The game is the most important aspect as far as the players and coaches are concerned.

To players, coaches, spectators

The aim is for juniors to have fun and enjoy the game. Highly technical application of rules will probably not help that enjoyment.

Do not be conscious of or concerned about reaction of spectators, players or coaches to fouls called.

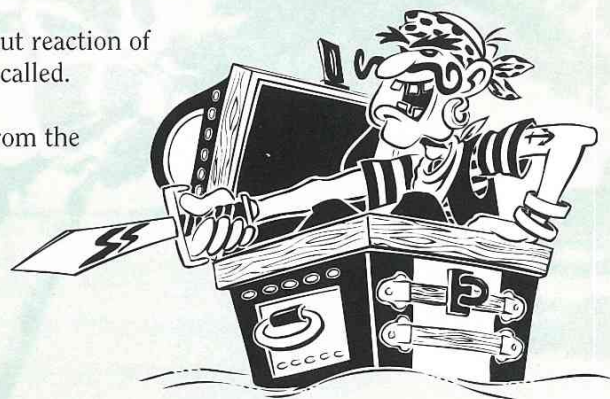
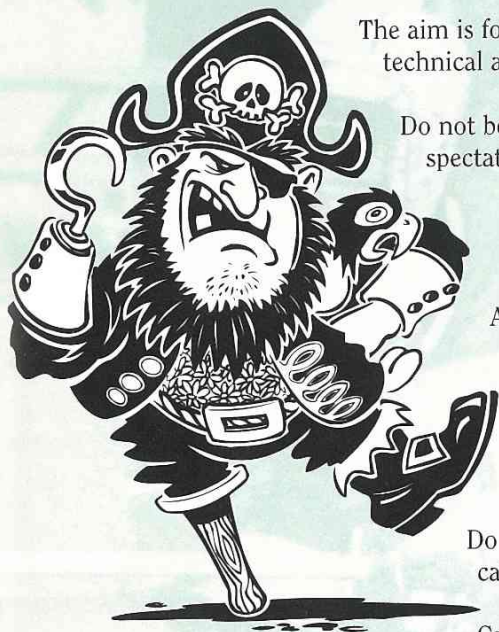
Do not be influenced by calls from the sidelines - switch off.

At no time should a referee become irritated or annoyed in enforcing a penalty.

To fouls

Do not be defensive. Don't feel apologetic about calling a foul but don't play god either.

Calling the fouls properly will probably prevent someone from being hurt.



To teams

Do not try to please teams or coaches by not calling fouls that may be unpopular.

Do not worry if videos are being made by the teams.

To Refereeing

Refereeing should be fun and enjoyable. If it is not then it is probably your own performance that is making it unenjoyable.

Memorable Photograph

The estimated 300 people in this photograph (displayed on the back cover) are all participants in the Australian Under 15 Tournament and the Women's Under 16 and Under 21 Championships.

This memorable photograph (without caption) is available for purchase for only \$20 for a colour 10" x 8" size from Lloyd Holmes, 20 Ardie Road, Malvern East, Victoria 3145.

The \$20 cost covers printing, packaging and postage.



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