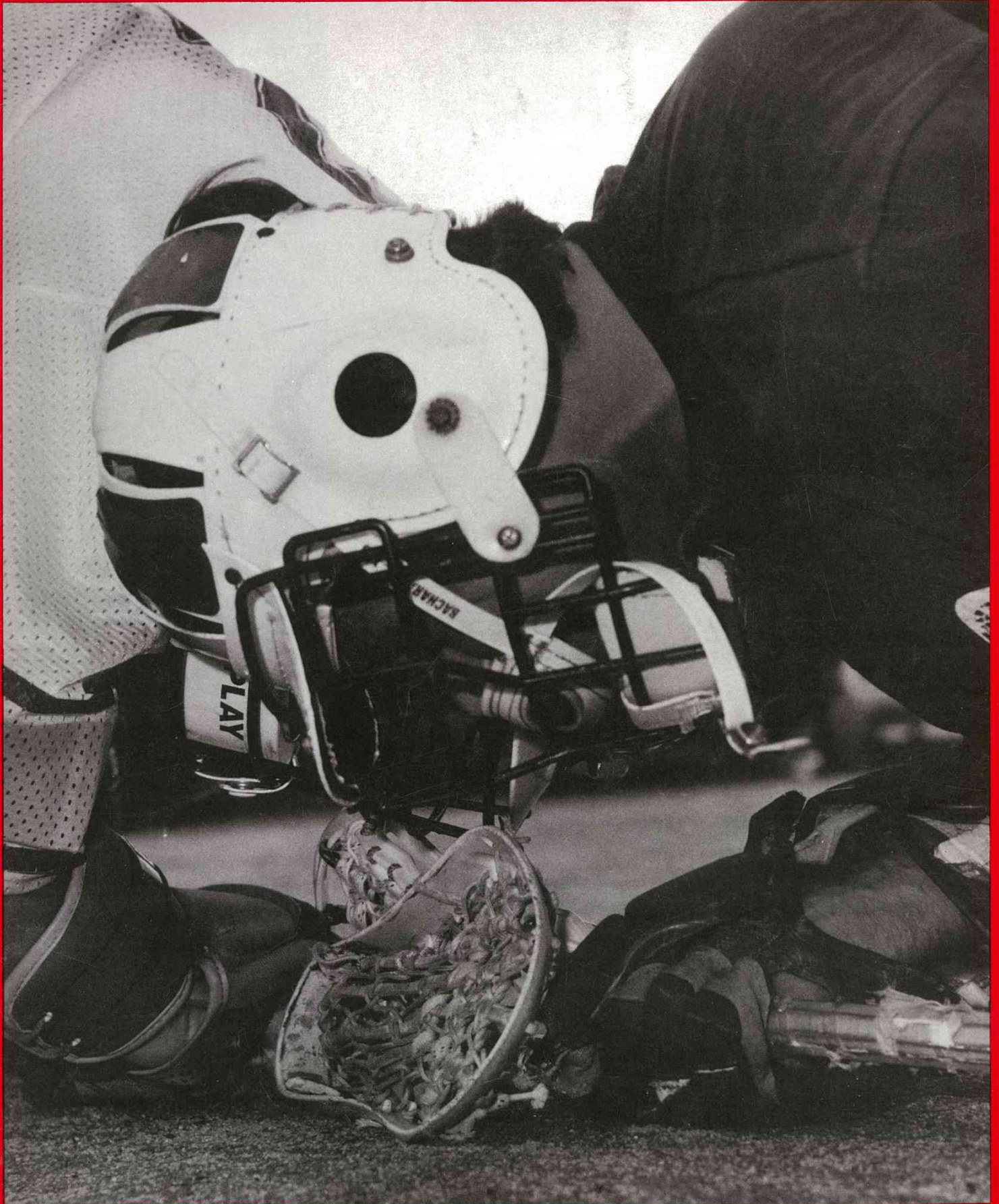


# THE **LACROSSE** **PLAYER**



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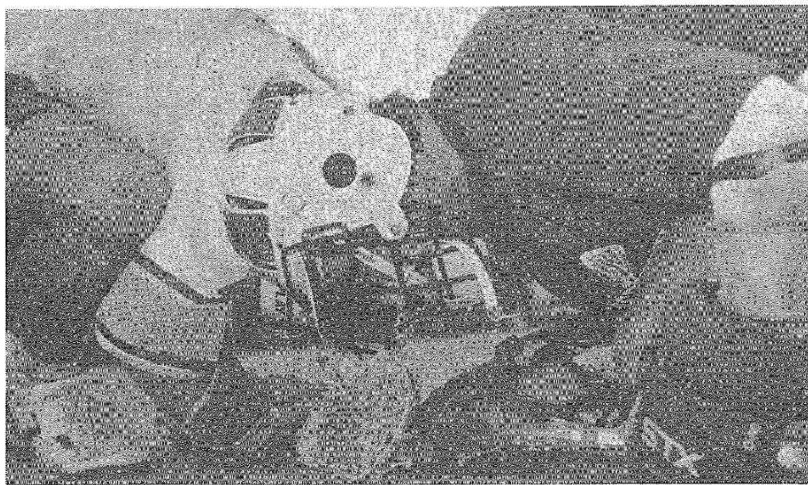
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*Photo Lloyd Holmes*

## Cover Shot

Summer season has seen plenty of lacrosse action from Box Lacrosse, Indoor and Outdoor Competitions, Weekend Camps, Pre (Winter) Training and Management Meetings to name just a few.

Pictured on the front cover at the Victorian Summer League Competition is Paul Cook showing some intensity as he takes a centre draw against Australian Under 19 Centreman Robby Stark. The Summer Competition attracted a good following, with four women's and four men's teams competing.

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# Editorial

Welcome to the first edition of *The Lacrosse Player* for 1995. Did we really stop playing in September/October last year? How the time goes.

I've been told this is the "Year of the Official" and when the word official is mentioned in lacrosse one's mind immediately goes to the referees. I wonder how many of us spare a thought for our bench officials though. These are the people, who every week, rain, hail or shine, are there doing their bit for the game. Usually members from the clubs playing, they do a lot and on occasions take unnecessary abuse from players.

Spare a thought for them next time you are on the field and don't forget to thank them either. Wouldn't it be a nice gesture to organise a hot cup of coffee prior to the start of the game for them and at half time. I'm sure on those cold wintery days it would be a welcome relief. Think about the number of teams your club runs and work out how many people you need to do the bench officiating. It might just give you a start.

Support lacrosse by playing but remember to support ALL your officials too.

*Keith Chamberlain*

Our newest member to *The Lacrosse Player* is Anne Kingston. Anne plays for Newport Lacrosse Club and will be contributing articles, photos plus joining in the rounds of putting magazines into envelopes. We at *The Lacrosse Player* would like to welcome Anne on board and hope she enjoys the work.

*Ed*

## Magazine Sponsors

The following people and organisations are thanked for their sponsorship of this magazine :

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Printing	Gary Campbell	(03) 521 3399

### Closing Dates for articles :

**Apr 8, Jun 8, Aug 8, Oct 8**

Opinions expressed in this magazine are made by the author and do not necessarily represent those of the Editorial Staff.

As we progress with the magazine it is encouraging that so many people wish to contribute articles. Whilst we do our best to print all articles preference is usually given to articles that are topical. We do not discard any articles but keep them for future editions. Please note however, articles not submitted on diskette have very little chance of being entered. This is due to the large amount of typing time someone's article takes. We do not have a large typing pool readily available so those who send articles on diskette will certainly get preference. What format you say? Pretty well any of the MS-DOS based applications can be catered for but text is probably the safest. If you wish anything returned please ensure you include a self addressed and stamped envelope of the appropriate size. Please also note the cut off dates. These will be adhered to strictly.

### Interstate Contacts for Magazine Contributions

Vic	Jan Jackson	(03) 885 1442
SA	Nigel Jamieson	(08) 362 8205
WA	Kevin Read	(09) 330 2793
Tas	Jo Ree	(002) 44 8469
Qld	Ray Trevaskis	(074) 985 133
NSW	Matthew Duryea	(02) 437 5809



## Letters to the Editor

Dear Sir

In mid '93 I ended a 14 yr retirement and started playing lacrosse again in the resurrected NSW competition. As my first 'A' grade game was for Glenelg (SA) in 1966, there was understandably a generation gap of sorts between me and most others on the field. Never mind, I still enjoy the game, even if it takes me longer to recover these days.

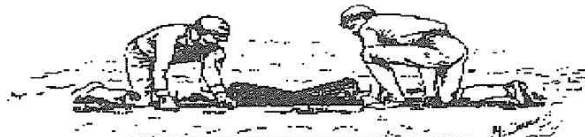
During this time I have received just two copies of TLP, November '93 and March '94. It can become aggravating when others are discussing certain articles in the magazine and you become aware that you have been overlooked yet again. I particularly enjoy the 'Living Legends' segments as I was a contemporary of both Fox and Duthy all those years ago.

I would be very appreciative if these oversights could be rectified. By the way, my address has not changed.

Wishing you all the best in the future, and thanking you for your attempts to rectify my situation.

John Millar (NSW)

*Your letter is timely John. Each edition we have many magazines returned to us as people have moved. We rely on Club Secretaries and individuals to notify us of address changes. If we receive a request from a Club Secretary to delete someone, so be it. Each year we seek registration lists from the appropriate Associations. If a name from last year is not on this years list then the name is deleted, unless that person subscribes as an individual. I notice that you received a November edition followed by the March edition the next year. Perhaps we received a new list at the start of the 94 season (around April) and you were not on it. It would be worth while checking with your Club Secretary. In the mean time I will ensure you are placed on the list.*  
Ed



Facing the Ball



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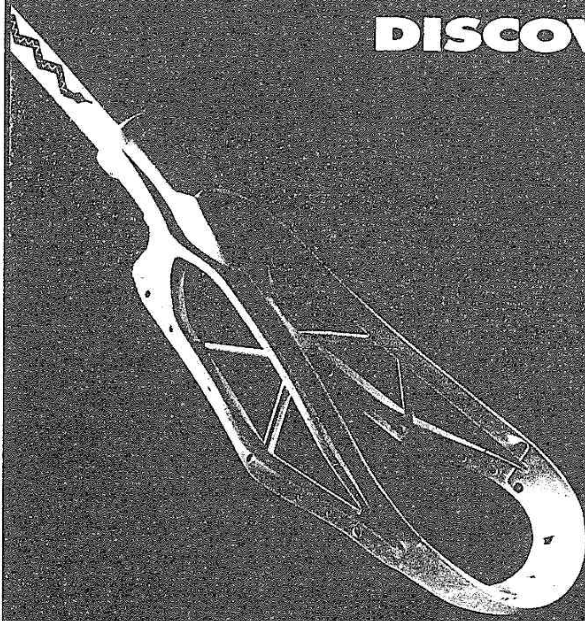
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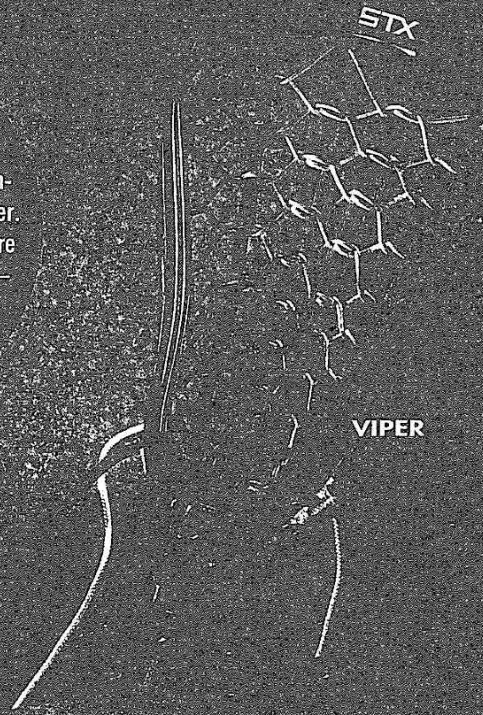
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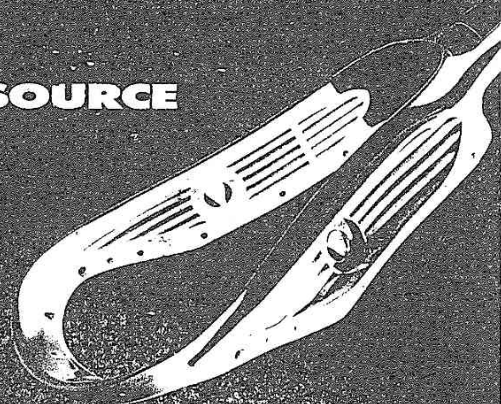


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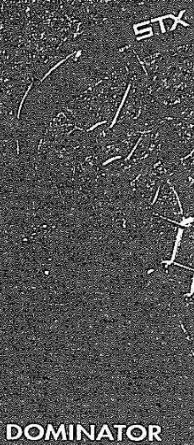
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# New Vision for ALC

More clubs, more teams, more players, more schools, more media, more sponsors, more profile - now wouldn't that be great for lacrosse! The Board of Directors of the Australian Lacrosse Council thinks so and recently spent a weekend reviewing the state of the game and laying out a plan for future growth.

So, once the ALC has had time for consultation with State Associations, don't be surprised if you notice some changes beginning to occur in the way the game is presented and promoted.

The ALC Directors developed a new MISSION STATEMENT and a set of priorities for lacrosse development, ranked to form a "top ten" list, which will form the main focus of activity this year. See whether you agree with the mission statement and the "top ten" list.

## ALC MISSION

*"Establish lacrosse as a progressive, widely recognized and popular team sport throughout Australia and maintain Australia's position as a leading lacrosse nation".*

## TOP TEN PRIORITIES FOR ALC

### 1. National League

High profile, sponsored, television product with teams from each State so that lacrosse can get some public exposure and glamour and create some Aussie sport stars.

### 2. New States

Continuation of the systematic support program to re-establish lacrosse in NSW, Queensland, Tasmania and eventually in ACT.  
Objective is to have lacrosse truly national.

### 3. Playing Rules Review

Re-focus to ensure that the playing rules are working to give us an enjoyable, fast-action, exciting and safe game which attracts people to play and watch.

### 4. Define the Product

Review the names, positioning and inter-relationships of the various forms of lacrosse which are currently played and restructure this if necessary to make sure our "PRODUCT" is attractive and easily understood by the general public.

### 5. Coaching Development

Re-define and re-educate the lacrosse community regarding the role and operations of coaches and develop an understanding and code of practice among coaches so that they care as much about the presentation of the "product" as they do about winning.

### 6. Schools Program

Take up the challenge and opportunity which exists through the wide national spread of Softcrosse in schools and develop and package an attractive lacrosse program which properly addresses the issues of finance, resources, involvement of teachers and transition of players to clubs.

### 7. Publicity

Lift the profile of lacrosse by developing a co-ordinated nationwide publicity "machine" so that the sport gets on radio and television and into newspapers and magazines. Occasional match scores are not enough. Visiting international teams are seen as a strong media opportunity to be encouraged.

### 8. State Association Liaison

Improved dialogue with State Associations to ensure that the MISSION is shared, the PRODUCT is presented in a consistent fashion and all parties are working to a co-ordinated plan to elevate the game.

### 9. National Team Player Development

Following on our Silver medal results for both U 19 and Senior Australian teams in World Championships, continue to elevate our player development to retain and improve our international ranking. This is seen as one of the most powerful means of raising public profile and gaining media, government and sponsor recognition.

### 10. Australian Government Liaison

Maintain and develop lacrosse presence at the Australian Sports Commission and Australian Institute of Sport to seek substantially increased funding and other support.

So that all lacrosse players and supporters can have the opportunity of commenting on these issues we invite you to meet the ALC Board of Directors:

PRESIDENT	Doug Fox	Camberwell Lacrosse Club Former Australian and Victorian captain. Past VLA General Secretary. Works professionally in sport management as Executive Director of The Victorian Golf Association and is a Director of the Victorian Institute of Sport.
VICE-PRES & DIRECTOR FOR NATIONAL LEAGUE	Malcolm Stokes	Wanneroo Lacrosse Club and former director player with Perth and Nollamara. Past President of WALA Immediate Past President of ALC and Executive Director for the 1994 Australian Team. Employed as a Senior Public Servant, Dept Transport, W.A.
ADMIN & FINANCE DIRECTOR	Leighton Beamsley	Melbourne High School Old Boys and Camberwell Lacrosse Clubs past player. Past ALC Treasurer. Former referee and past President ALRA (Vic) Chartered Accountant with wide management experience as Finance Director in Corporate Advertising.
COMPETITIONS DIRECTOR	Peter Hobbs	Glenelg Lacrosse Club. Past State and Australian player. Former Lacrosse S.A. Director. Handles ALC international liaison and team visits. Chartered Accountant and Senior Partner in own practice.
PERSONNEL DIRECTOR	Dennis Mulroney	Burnside Lacrosse Club past player. Current President of Lacrosse South Australia and National level referee. Responsible for coaching & referee development and accreditation. Employed - South Australian Police Force.
MEDIA & MARKETING DIRECTOR	Rob Reiger	Bayswater Lacrosse Club past player and former W.A. State player. Former WALA Treasurer and Director. New ALC Director appointed Oct 94 Corporate Business Accountant.
NATIONAL EXECUTIVE DIRECTOR	Matthew Duryea	Full-time ALC/AWLC Executive Officer since December '92, based in Sydney. Extensive lacrosse and business sales and management experience in USA
SECRETARY	George Tillotson	Surrey Park Lacrosse Club past player and President. Former ALC Director with extensive Club, State, National & International administration experience.



**Australian Lacrosse Council - Board of Directors**

Back Left to Right: Rob Reiger, George Tillotson, Dennis Mulroney, Mat Duryea  
Front Left To Right: Leighton Beamsley, Malcolm Stokes, Doug Fox, Peter Hobbs..



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**JAPAN 1997  
5TH WOMEN'S WORLD CUP  
TOKYO MAY 1997**

The AWLC is proud to announce the appointment of:

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**ASSISTANT COACH: Max Madonia**

to lead Australia's  
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**DO YOU WANT TO BE A PART OF THE 1997  
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Players from each state will be assessed through a series of "**OPEN TRIALS**" conducted by the Coaches. Following these trials, players will be invited to participate in the 1997 World Cup Squad program.

All participants must be:

1. Committed to excellence
2. Able to demonstrate the capacity to learn, develop and adapt.

For "Expression of interest" forms and further details about the program please contact your State Association.

**NOMINATIONS TO ATTEND  
SQUAD TRIALS  
CLOSE FRIDAY MARCH 24 1995.**

**1997 WORLD CUP MANAGER**

The AWLC invites applications for the position of:

**"Manager of the  
1997 World Cup Team"**

**APPLICATIONS CLOSE FRIDAY MARCH 24  
1995.**

(Forward to Janet Maitland details next column)

**1996 USA DEVELOPMENT TOUR**

The AWLC is seeking to appoint an Executive Director of a proposed tour by a women's development team in 1996. The tour would be scheduled to compliment the Senior Australian Women's Team Tour of USA May / June 1996. The role of the Executive Director would be to design and co-ordinate a tour in conjunction with, and on behalf of the AWLC.

**Applications for the position of "Executive Director  
1996**

**Development Tour"**

**CLOSE FRIDAY MARCH 24 1995.**

**Please direct further enquiries and applications for  
the above positions to**

Janet Maitland

AWLC Director of Athlete Development

10 Coolinga Rd

MARINO 5049

**Home (08) 298 1873**

**Work (08) 362 8122**

**Mobile: 018 855 321**



Anyone out there know anything about the Murray Bridge Lacrosse Club? The photo above was taken by Lloyd Holmes in the hotel at Murray Bridge.

**Applications are invited for the position of a Part-Time Development Officer for the  
Queensland Lacrosse Association.**

**Enquiries should be directed to:-**

**Mr Ray Trevaskis**

**c/o Queensland Lacrosse Association Inc.**

**PO Box 1090**

**Caboolture, QLD 4510**

**Phone (074) 98 5133**



**COACH'S CORNER**  
**WENDY PILTZ :**  
**AWLC DIRECTOR OF COACHING**

What is happening in coaching?  
 What are the new ideas?  
 What services are provided for us by the National bodies?  
 What is Updating? How can I improve my coaching skills?

These are some of the questions that Lacrosse Coaches will be asking as the 1995 season draws near. They are pertinent questions as lacrosse is primarily Coach driven. Coaches can have a huge impact on the players that are in their care. The sport therefore has a responsibility to encourage the development of competent quality Coaches and to provide support and services for its Coaches.

The National bodies are responsible for providing leadership in this area. In the past, many of these questions have been left unanswered. Not any more - these and other issues and information will be communicated via The Lacrosse Player and State Coaching Co-ordinators in each State. Anything you wish to know about coaching can be discovered through your Co-ordinator.

Your Coaching Co-ordinator has information on Australian Coaching Council (ACC) Updating Policy for Coaches to retain Level 1 Accreditation. Briefly, you must complete another Level 1 Course within 4 years OR achieve Level 2 within 4 years OR attain 25 credit points over a 4 year period.

The area of coaching is important to all the codes of Lacrosse and warrants collaboration in order to best utilise both financial and human resources. Efforts are being made at a National level to develop a co-operative approach between the Australian Lacrosse Council (ALC) and the Australian Women's Lacrosse Council (AWLC) in the area of coaching.

The AWLC has a strong commitment to the area of coaching and this is evidenced by the development of the new Coach Education Course materials used in the National Coaching Accreditation Scheme (NCAS). Support funding from the Australian Sports Commission (ASC) has been used to evaluate past coaching materials and to design and implement a new Model of Coach Education for Lacrosse (all codes). This initiative has involved a collaborative venture between lacrosse representatives and staff from the University of South Australia. Pilot programs run in 1994 have been evaluated positively and the Course presented at the National Coaching Conference in Canberra in December 1994, received strong support from the ACC.

The Operational Plan for 1995-96 reflects this ongoing commitment to coaching indicated by the five key objective areas and the strategies outlined to attain these goals. These areas include:

1. Collaboration
  - 1.1 Develop a common vision and support for coach education between the AWLC and the ALC.
  - 1.2 Develop strong links with the ACC.
  - 1.3 Continue the collaborative links with the University of S.A. to develop the NCAS Coach Education Scheme.
2. Communication. To establish a network of communication to States.
3. Services. To provide a range of quality services in Coach Education.
4. Programs and Materials. To develop, evaluate and update programs and materials in coaching.
5. Funding. To seek all possible sources of financial support for the development of Coach Education Programs and materials.

As the development plan indicates, the implementation of a quality program for coaches is a full time project. The priority areas that will receive focus in the first 6 months of 1995 include :

1. Establishing a Coaching Co-ordinator in Each State: Check with your Association for your representative's name.
2. Establishing a calendar of Level 1 courses that will run throughout Australia in 1995 -

Date	Loc	Co-ordinator
17-20 March	Melb	Jorge Menedis
24-27 March	Adel	Craig Treloar
1-3 April	Melb	Jorge Menedis
TBA April	Syd	Wayne Hann
TBA April/May	Tas	Shaned Rees
TBA April/May	Qld	Ray Trevaskis
5-8 May	Perth	Mark Hickey

3. Collation of all 'Orientation to Coaching' course materials and development of a consistent, quality resource package with in service State personnel responsible for the delivery of these programs. This project is underway and will tie in with Level 1 programs.
4. Design and implement the Lacrosse Level 1 Course Presenter's Program to ensure a consistent, quality delivery of programs. This project is underway and requires a joint AWLC/ALC submission to the ASC for possible support funding as a National Project.

5. Communicate information about Updating to Coaches. This project is underway via Coaching Co-ordinators.

In the latter part of 1995, emphasis will be directed towards continuation of Course review and design in the NCAS program. The collaborative approach between Lacrosse and the University of S.A. is to continue focusing on Level 2-3 materials. The re-establishment of the Coaches Association via the State Coaching Co-ordinators will also be encouraged during 1995.

I am looking forward to a year in which Coaches are given the support and opportunity for development that they deserve. Quality Coaches will generate quality players and develop a positive growth cycle for Lacrosse.


*Wendy Piltz*  
*AWLC National Coaching Director*  
*Phone: (08) 302 6554*  
*Home (08) 261 4005*  
*Fax: (08) 302 6658*

## A small matter of Geography

Apologies are due to those Brighton, S.A. administrators who, after close perusal of the photo of the Victorious Wollahra 1994 NSW Men's Premiership Team in the November issues of *The Lacrosse Player*, were still at a loss to identify the 8 players alleged to have been misplaced by the Brighton Club. The fault is entirely Matt Duryea's but as he is a American he can be forgiven.

It was in fact Burnside, S.A. that contributed 7 (not 8 Matt, even an American should be able to count) players to the Victorious Wollahra 1994 NSW Men's Premiership Team. The keen eyed Burnside fan/player/groupie would have spotted, possibly with the aid of a magnifying glass, Wayne Hann, David Robertson, Mike Lucas (holding the Bolly), Josh Beagley, Shaun Peake and Ben Hurst (in roughly chronological order). Few would have identified Lewis Dickson. He was the bloke on the far left trying hard not to be noticed. Given that Wayne claims (quite credibly) to have started playing in 1966 (F Grade Red?) and Ben was still playing for Burnside in 1994, this group apparently spans 28 continuous years of Burnside lacrosse.

*David Robertson (NSW)*



The 1995 A.W.L.C. Senior Women's National Championship will be held together  
with the ALC Senior and U/17 Men's National Championships  
in Melbourne from Sunday July 9 - Saturday July 15.

The A.W.L.C. Combined Women's U/16 and U/21 National Championships will be held  
in Perth from Saturday 30th September to Friday 6th October.  
All matches will be held at the WAWLA Light Street,  
Diannella ground.

The U/19 Australian Women's Lacrosse Team will be competing  
at the World Championship to be held  
at Haverford College Philadelphia from August 5th - 12th, 1995.  
The team will be playing  
England, Scotland, Wales, Japan, USA and Canada



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## AUSTRALIAN UNDER 19 LACROSSE TEAM - U.S.A. TOUR 1995

The Australian Under 19 men's team to tour the U.S.A. in 1995 has recently been announced following selection trials conducted in all States. The team consists of 26 players plus alternates and will tour under the coaching direction of Graeme Ross (Head Coach) and Clive Sheppard (Assistant Coach).

The U.S.A. tour will occur in May of this year and will involve 8 matches against various High School and All-Star teams around Baltimore and Connecticut. The tour will culminate at the NCAA Lacrosse Championships in Maryland.

### Australian Team Members

**BEN ALEXANDER**

S.A.  
BURNSIDE CLUB  
ATTACK, MIDFIELD

**ERIC DIXON**

VIC  
ELTHAM CLUB

GOAL KEEPER

**ANTHONY FELEPPA**

S.A.  
WOODVILLE CLUB  
MIDFIELD

**BEN MARTIN**

S.A.  
BURNSIDE CLUB  
MIDFIELD

**BRAD ROSS(CO-CAPT)**

VIC  
CAMBERWELL CLUB  
ATTACK, MIDFIELD

**SCOTT MCKINNON**

VIC  
ALTONA CLUB  
ATTACK, MIDFIELD

**ROBBIE STARK**

VIC  
ALTONA CLUB  
ATTACK, MIDFIELD

**DAVID TOY**

W.A.  
SUBIACO CLUB  
MIDFIELD

**ANDREW WHITBOURN**

VIC  
CHADSTONE CLUB  
MIDFIELD

**MARK CLEVELAND**

VIC  
ELTHAM CLUB  
ATTACK, MIDFIELD

**WAYNE CURRAM**

W.A.  
EAST FREEMANTLE CLUB  
ATTACK

**PETER INGE**

S.A.  
WOODVILLE CLUB  
MIDFIELD, FACEOFF

**SAM PERHAM**

S.A.  
BRIGHTON CLUB  
MIDFIELD

**DAVID SCHOMBURG(CO-CAPT)**

W.A.  
EAST FREEMANTLE CLUB  
DEFENCE

**JONATHON SHEIDOW(CO-CAPT)**

S.A.  
GLENELG CLUB  
MIDFIELD, DEFENCE

**MARK TAYLOR**

W.A.  
BAYSWATER CLUB  
GOAL KEEPER

**DEAN TURNER**

W.A.  
PHOENIX CLUB  
MIDFIELD, DEFENCE

**MARK WITTY**

S.A.  
BRIGHTON CLUB  
ATTACK, MIDFIELD

**MATTHEW CODY**

VIC  
ALTONA CLUB  
DEFENCE

**RICHARD FELEPPA**

S.A.  
WOODVILLE CLUB  
DEFENCE

**NATHAN JAMES**

W.A.  
SUBIACO CLUB  
MIDFIELD

**TRAVIS ROOST**

W.A.  
PHOENIX CLUB  
ATTACK

**ROBERT L. SCOTT**

W.A.  
SUBIACO CLUB  
DEFENCE

**BRAD SMITH**

W.A.  
BAYSWATER CLUB  
ATTACK, MIDFIELD

**BRETT THOMPSON**

SA  
BRIGHTON CLUB  
DEFENCE

**BEN WAITE**

VIC  
SURREY PARK  
ATTACK, MIDFIELD

Alternates:- BRAD PALLANT (S.A.), ROBERT J. SCOTT (W.A.)

The U.S.A. tour represents the commencement of an intense program in preparation for the Under 19 World Championships to be held in Japan in 1996. This 18 month campaign will be a real challenge for the players, their parents and the support staff involved. Time, energy and commitment will be greatly tested throughout.

Peter Voigt, the Australian Manager, his strategic Management Committee, and the management teams in each of the States have the goal of procuring sponsorship and paving the way for the coaching staff and the players to fulfil their potential.

Team sponsorship, player sponsorship, an Australia-wide car raffle, fund-raising on an individual, a club, and a State basis will all be required to achieve this. The U19 boys will be representing the great sport of Lacrosse, will be Australian ambassadors for the game, and everyone involved in this current campaign will be looking to the Australian Lacrosse community for the support they need.



Vic



U/19 Mens Squads

SA



WA



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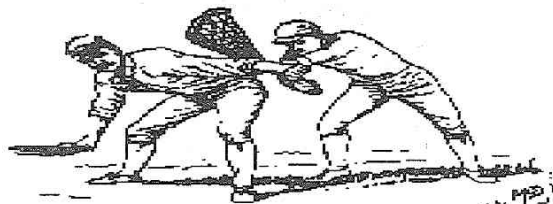
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After having sounded the whistle and given a penalty I was near enough to hear the comment from a team mate that he 'would see me after the game'. Zap! I immediately switched to his frequency and invited the player to an eyeball. "What did you want to see me after the match for?" I asked. If I could read the panic in the player's eyes correctly it would have reflected a message something like: 'Oops, this guy wants to see me right now more than I want to see him after the match. I've probably got a 93 year suspension about to break. It took about two paces for self preservation to be reflected in the answer. 'To have a cup of tea!' We both laughed at the prospect of sitting down to Prince of Wales and scones and got on with the game.



A Poor Check!

## Looking to Play Some Lacrosse Over Easter?

Want to go away for the Weekend?

Why not Come to Sydney for the Easter Classic?

### What is the Easter Classic?

It's a Tournament open to all Lacrosseurs from around Australia. The emphasis is on fun and meeting people, as well as helping develop the game in Sydney.

### When is it on?

Games start on Good Friday, April 14th and are completed by the Sunday afternoon.

### What Do I Need to Do?

Nominations for teams are being accepted now. Get some of your club players together and organise a team. If you don't have enough for a team, see if you can get together with another club to form a team. Then Fax your nomination off to Michael Lucas on (02) 669 1116.

### How Do We Get There?

Teams can choose to fly (14 day advance purchase fares are \$209 return from Melbourne), Drive (allow 10 hours for a comfortable trip) or Bus (\$96 return on an overnight Ansett Pioneer).

### Where Do I Stay?

At present the ground location is still being formalised but it looks like being an inner city location. We suggest making enquiries direct with Hotels/Motels in Sydney with room rates in the region \$100+ per night. Details will be finalised in the near future and passed on to all who enquire as well as any deals that may be arranged.

So get together and get your team in Now

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# EARLY WOMEN'S LACROSSE IN AUSTRALIA

## A personal perspective as recalled by Joyce Parker

*Lloyd Holmes interviewed Joyce (Joy) Parker to trace some of the beginnings of Lacrosse in Australia. Joy's husband Laurie, who was playing with Williamstown Men's Lacrosse Club at the time, added some additional historical items. This article combines some of the recollections, some of Joy's writings on the subject, and some extracts from newspaper articles.*

*The Lacrosse Player has covered some of the early beginnings of Lacrosse, focusing primarily on the men's game. In this issue however some of the early history of Women's Lacrosse in Australia is traced, providing a valuable insight for those now involved in the sport. This is the first of a number of articles planned by The Lacrosse Player covering the history of Women's Lacrosse in Australia. Anyone who has articles, photos or other interesting information on the history of Women's Lacrosse in Australia is invited to send it to Lloyd Holmes C/O The Lacrosse Shop, 13 Willesden Street, Oakleigh, Victoria, 3166. Detailed information on the history of international women's lacrosse, and the early beginnings of lacrosse in each State would be very useful for future resource material.*

Women's Lacrosse was first established in Melbourne, Victoria, in 1936, with two teams Williamstown, and YWCA/Melbourne University.

Miss Nell Rawlins, a former English Territorial player who represented the North West of England, was at the YWCA in Melbourne at the time, and was interested in getting lacrosse started here. I, like many of those at the time, first learnt about lacrosse from the men's game - most of those who first started playing for Williamstown in 1936 followed the Men's Lacrosse, which was very popular in Williamstown then. They said 'they'd like to play' so we did something about it to make it happen. So, with Nell Rawlins, and Miss E Ellis of the Presbyterian Ladies College (who had also played in England), the women's game was launched in Australia.

The Victorian Women's Lacrosse Association (V.W.L.A.) was formed in 1936 with Miss Rawlins as President, and myself (then Miss Joyce Newhouse) as Secretary. There were the Williamstown and YWCA/University Clubs affiliated, and matches were played at Albert Park, near the Power House Clubrooms. It was difficult getting sports grounds then, which is why we chose Albert

Park, and we had to play on Sundays. This was probably because it wasn't available on Saturdays, but also because the men played on Saturdays, and we would lose valuable support if we had played on Saturdays. Many balls were lost in the Albert Park Lake (a newspaper article at the time showed myself and a friend fishing around looking for a ball with our lacrosse sticks). Nell Rawlins refereed the games.

*An article which appeared in the daily newspaper around August 1936, foreshadowed a demonstration match to attract players to the sport and concluded 'Lacrosse as played by women is a modified version of the men's game, and is considered an excellent pastime for women'.*

The sticks we used in those days were either passed from the men, or were junior sticks. I think they were mainly junior sticks we used- there were no women's sticks in Australia then.

*The first competitive match in Australia was played at the Lauriston Girls' School, Malvern, a suburb of Melbourne. The match was arranged at that location to demonstrate the possibilities of lacrosse for schoolgirls and, according to a newspaper clipping, attracted a good deal of attention. Williamstown won the game 8 goals to 1. The newspaper at the time reported that two halves, 35 minutes each, was played, and that 'as the players had only four months' training, the catching and throwing was not very good'.*



*Joyce Parker facing the camera 1936 action - the identity of the 'leaping' player*

At the exhibition match at Lauriston players uniforms were tunics, shirts and ties, and black stockings!. Myrtle Craddock, who played in our team (see the Williamstown Team Photo), was an Australian Women's Cricket player. She still plays sport, playing bowls at Sunshine, Melbourne. The only other player I am still aware of who has an involvement in lacrosse is Lorna Rolley, whose family is still very involved in the game. Peg Warner (nee Hick) is married to Dennis Warner (the Asian writer).

As one of the players worked at the Melbourne 'Herald' we were able to get quite a lot of publicity, and many action photos were included in it's pages.

I wrote regularly to England to query the rules of the



Joyce Parker (nee Newhouse) first played lacrosse in 1936, and was one of 30 girls who attended the first coaching session in Victoria. In 1936 the VWLA was formed, and she became it's first Secretary. In 1940 Women's lacrosse then lapsed due to the war, and did not reform until the 1960's. Joyce reformed Williamstown Lacrosse Club, and became President of the VWLA, a post she held for seven years.

In 1962 the Australian Women's Lacrosse Council was formed and Joyce Parker was foundation President, and remained in that position for three years. She has also undertaken many other administrative roles in the sport.

Joyce is a Life Member of Williamstown, Victoria and Australian Women's Lacrosse Associations, and is now Patron of the Victorian Women's Lacrosse Association.

umpire.

Unfortunately, by late 1940 Australia was deeply involved in the 1939-45 World War, and lacrosse sticks were put aside for the duration of that season. After the war ended most of those who had played were married and involved with young families. Also the men players were having difficulty in getting equipment, so the women gave their equipment to them, and even quite recently Williamstown's Men's Lacrosse Club was still using a body pad marked 'V.W.L.A.'

Women's lacrosse was developed by Dame Frances Dove, an English woman who visited Quebec in the 1870's and introduced lacrosse to her students at St Leonards' school near St. Andrews in Scotland in 1882. Lacrosse was brought to the students to encourage the qualities of co-ordination, obedience, courage and unselfishness, with additional skills of speed, wrist strength, eye movement and a great deal of judgement; qualities which remain in the game to this day.

*Future editions will cover the development of lacrosse from the early 60's when it going again.*



Picking up the Ball

women's game - I have a copy of the 1939/40 rules of women's lacrosse. In 1939 we became affiliated with the All England Ladies Lacrosse Association - this helped a lot in getting to know about the game, particularly the rules.

I knew the game was played in England then, but didn't know it was also played in the USA.

The first 'International' match was played at Melbourne University in 1938, against visiting American Hockey players who also played Lacrosse. An enthusiastic account of this game was included in an edition of 'Crosse Checks', the USA Women's Lacrosse Association's Magazine. The game was played on a hockey ground adjoining the Conservatorium of Music at Melbourne University, and Laurie was the goal



**1936 Williamstown Women's Lacrosse Team**

Alice (Grimmett) Pine, Bess Mehan, Margaret Dunstan, Rita (Harland) Tickell, Peg (Hick) Warner, Phona (Miller) Yuille, Noreen Simpson, Myrtle Craddock, Lorna (Baker) Rolley, Dot (Hick) Richards, Beryl (Newhouse) Humphrey, Joyce (Newhouse) Parker.



# 1995 AUSTRALIAN WOMEN'S U/ 19 SQUAD

## January 1995 Camp - Adelaide

By Sue Gandy

A total of twenty eight players took part in our January Camp held at the great facilities of Brighton Lacrosse Club over the 26th - 29th January period. The team will be competing at the World Championship to be held at Haverford College,



Girls Playing

Philadelphia from August 5 to 12, 1995.

Our three selectors, Margaret Barlow, Janet Maitland and Jane Rowlands had their work cut out from the very beginning and found it very difficult cutting the squad to twenty three players. The players under the watchful eye of coach, Cathy Flett and assistant Coach, Leanne Trainor had a very rigorous four days in pretty much perfect lacrosse weather. Our physio Karen Spreadborough was in constant demand, mainly with the ice bag, but luckily there were no major injuries. Goalies had a lengthy session with one of our current Australian goalies Janet Maitland while players demonstrated their skills to our newly appointed Senior Australian Coach, Jenny Williams and Assistant Coach, Max Madonia.

It was beneficial for all those involved to have our two World Championship Umpires officiate at the weekend, Kris Palmer (Victoria) and Deidre Owen (South Australia). Thanks also to Kathy Benger (South Australia) who officiated at the weekend and has been named, along with Jan Jackson (Victoria), Technical Delegates for the Under 19 World Championship.

Congratulations to the twenty three girls who now form the current Under 19 Squad

and for those players who did miss the cut, you did a great job on the weekend and I hope you will continue to strive in your quest to reach the elite level. Good luck to all squad members who will be training for our final selection camp in

Adelaide  
March 31 -  
April 2, 1995  
and then  
competing as a  
team at the  
Senior  
Nationals to be  
held in  
Melbourne in  
July.

On behalf of  
the team a

thanks to all those senior players in the various States who helped out in the various training sessions and a special thanks to:

**Brighton Lacrosse Club**  
for use of their facilities  
**S.A. Host Families**  
for their hospitality of interstate squad  
members  
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### The Team

<b>COACH</b>	
Cathy Flett	SA
<b>ASST COACH</b>	
Leanne Trainor	Vic
<b>MANAGERESS</b>	
Sue Gandy	Vic
<b>PHYSIO</b>	
Karen Spreadborough	Vic
<b>UMPIRES</b>	
Kris Palmer	Vic
<b>PLAYERS</b>	
Dierdre Owens	SA
Trisha Adams	SA
Jenni Adams	SA
Sarah Aston	SA
Leah Barnden	SA
Tanya Broom	WA
Sue Ann Comeadow	Vic
Lauri Carroll	Vic
Fiona Graham	Vic
Natasha Harpham	SA
Chantelle Hobbs	SA
Jodie Huppertz	SA
Sarah Lamshed	SA
Meghan Mollison	Vic
Chelsea Morley	Vic
Kellie Morley	WA
Jillian Pearson	SA
Felicity Porter	Vic
Judy Pullen	SA
Emma Rennie	SA
Jenny Roy	WA
Melissa Williams	SA
Stacey Williams	Vic
Janelle Wright	Vic



L-R Karen Spreadborough, Leanne Trainor, Cathy Flett, Sue Gandy

## Overseas Information - Federation Internationale D'inter Crosse

This is the first of a series of letters being sent in order to share with you as much information as possible concerning the organisation of the 1996 Inter-Crosse World Games.

The Federation de crosse du Quebec has planned the availability of it's better senior teams before the start of the World Games in order to allow the visiting teams to play preliminary matches in Quebec. The matches will be held on the 7th, 8th, 9th and 10th of July 1996 and will involve the visiting teams and ten senior teams from Quebec. I would ask you to communicate with us if any of your national team were interested in playing preliminary games against different Quebec

senior teams.

The Federation de crosse du Quebec has established for itself the challenge of hosting twenty nations at the 1996 World Games in Montreal. Obviously this is a huge challenge and we will need your co-operation and participation in order to meet the challenge.

I invite you to communicate with me for any information concerning the 1996 Inter-Crosse World Games.

Pierre Filion  
Federation de Crosse Du Quebec  
4545 Pierre de Coubertin  
C.P. 1000, Succursale M  
Montreal (Quebec)  
HIV 3R2  
Canada  
Tel: (514) 252 2058  
Fax: (514) 251 8038

Dates to keep in mind :  
August 23 - 30  
9th FIIC Inter Crosse World Games  
and Friendly Cup  
Prague, Czech Republic  
Contact Martin Nespor  
Blazovskho 538  
149 00 Praha 4  
Czech Republic,  
Tel: 791 7113

## Experiences from Abroad - by Chris Brown

I have just returned from backpacking for six months through Europe. One of the fantastic aspects about playing in the World Series in Manchester was meeting people from different countries. After the World Series I stayed in Berlin for a week and was taken care of by two members of the German Lacrosse Team, Moritz and Conrad. They were fantastic guys and showed me some great places in their city. Their enthusiasm for lacrosse was impressive to say the least. Posters, uniforms and hats filled their rooms. Manchester was raved about.

I was taken for a throw in front of the Reichstag, which is the equivalent of the White House. The Soviets raised their flag here in World War 2. It snowed as we threw balls for two hours. Their skills were very good given they had only been playing for less than a year.

There are currently two clubs in Germany - Berlin and Munich - with possibly another two starting. Women are also playing now. There are plans to have the Berlin Open in 1995 with various teams competing.

Media attention is also very good, both in the paper and on television. Unfortunately there is no coach at present which limits the teams development.



The guys in front of the Reichstag

Moving on to Heidelberg I was looked after by friends of Moritz and Conrad, Verena and Matthias.

In Prague I had the pleasure of staying with members of the Czech Lacrosse Team. Prague, like Berlin, was beautiful. Lacrosse is becoming truly international and it was great to spend time

experiencing the up and coming nations.

If anyone is interested in coaching in Germany for free board and yes, money, let me know via the editor of The Lacrosse Player.



## Personality Profile - Eric Freeman

Eric Freeman, the Executive Officer of Lacrosse SA, is a "living legend" in the sporting fraternity in South Australia. As recently reported by a former team mate, Alan Sheill, "Eric Walter Freeman always will be acclaimed as one of the best, most versatile sportsmen SA has produced - as one of the very select few to have played Test cricket for Australia and interstate football for SA"

Tall and powerfully built he was a fast-medium bowler, hard hitting batsman and sound fieldsman and a powerful strong marking, long kicking footballer.

In 11 Test matches he took 34 wickets (av. 27.76 runs/wkt) and scored 346 runs (av. 19.17) with two half-centuries. He played against India and the West Indies in Australia and toured New Zealand, Sth. Africa, India, and England. He has many great stories from those touring days and shared some of them with us at the Fellows Dinner during the National Championships in 1994, highlighting his entertaining after dinner speeches that have become highly regarded in South Australian sporting circles.

In 83 first-class matches for Australia and SA from 1964-65 to 1973-74 he took 241 wickets at 27.76, scored 2244 runs @ 19.17 and took 60 catches. His sole century was a furious one for the Australians against Northhamptonshire in 1968 when he scored 116 in 90 minutes with 5 sixes and 13 fours. He must have wanted to go and have a beloved "red" with some friends on that occasion !

His litany of rare deeds go on though. He took 10 wickets in a match twice and five wickets in an innings seven times with his best figures being 8/47 against the N.Z. touring team in Adelaide in 1967-68 where he also took 3/50 in the first innings and made 50 and 39, batting at No.10. Not a bad all round game !! Oh for a number ten batsman these days that can make 10 runs !!

He is third on the all time bowling list at the Port

Adelaide Cricket Club, with 347 wickets (av 18.84) and seventh on the batting with 3632 runs @ 27.31.

Eric played football mostly as a full forward and centre half forward, and played seven interstate games for SA between 1964-72. He missed the 1968 and 1969 seasons because cricket commitments, but returned from England just in time to play in three finals in 1966. Playing for the very successful and highly traditional Port Adelaide Football Club, Eric has the unenviable record of playing in six losing Grand Final teams in 1964, 1966, 1967, 1968, 1971 and 1972. In 116 League games for the Magpies Eric kicked 390 goals and was the clubs leading goalkicker in 1965 (74 goals), 1966 (81), 1967 (74), 1970 (75) and 1971 (50). The 81 goals in '66 were a League high for that year

Recently retired from the State Bank, Eric was seeking involvement in the sporting areas when the Executive Officer's position at Lacrosse SA became available some two or so years ago. His diligent and varied work sees him do many more hours than he gets paid for but he does it willingly and cheerfully in an efficient and professional manner. Anyone who witnessed his work during the 1994 National Championships can vouch for his patience and willingness to do the hard work. Eric is fair but firm, everyone's friend although the powerful build and quick reflexes are still put to good cause.



Strolling back rather absent mindedly from the bank (probably thinking that he was so lucky working for Lax and not the bank!) he was recently confronted by a rather out of control local street person who threatened him for no apparent reason. Without thinking and with reflex action he promptly hit him on the square of the jaw and dropped him like a "sack of potatoes" in the heart of

the city in Victoria Square. Several moments later a rather out of breath member of the local constabulary came running around the corner of the fountain and rather surprisingly saw the offender stretched out on the pavement. Eric, not sure of the situation and rather perplexed that he had ko'd the "gentleman", was relieved to hear the policeman thank him for making his chase a much shorter one than expected !!

Eric's other sporting pursuits these days revolve around an occasional round of golf (and can hit a ball out of sight apparently) and his fishing. As with all anglers, Eric has a favourite fish tale that he gladly relates to anyone who has n't heard it (There are not too many that fall into that category by now !). His is rather unique in that while fishing on a recent vacation he caught the same tagged fish in the same spot at about the same time



of day that he did exactly one year to the day before !! (This rather fishy tale can be verified by the Fisheries Dept. records !)

Eric also does some cricket coaching (some Australian Women's team members is one group he did last year) and works as a "boundary rider" at the football and as a smooth, informative cricket commentator on ABC radio. He always gets plenty of "plugs" in for Lacrosse and has done much to raise the profile of the sport in this State because of his "connections" in the media.

Eric and his charming wife, Diane, have a son David 24, and daughter, Michelle, 29 and two grandchildren - Michelle's son, Matthew, nine, and David's daughter, Tayler, one. We feel lucky to have Eric as "one of us" and look forward to lots more fishy tales !!

*Nigel Jamieson*

## LACROSSE SA PLANNING SEMINAR - FINDING THE RIGHT PATH

Four years ago, a group of dedicated and talented visionaries put together a plan to see lacrosse into the twenty first century - which saw Lacrosse in South Australia administered by one dynamic body to be called Lacrosse SA. On February 4, 1995, at the Adelaide Sports Club, the Lacrosse community came together in a marathon seminar to evaluate and plan for the future so that the vision could continue. A firm action plan to be taken to the LSA Board was a major aim of the Seminar. Development is seen as a joint responsibility for all levels of lacrosse.

With 100% attendance for all clubs and associated bodies, the scene was set for a challenging day to find a direction LSA could take to take lacrosse to greater heights. The seminar used the SWOT and SPOFF analysis style to determine our strengths, weaknesses, opportunities and threats. To the lacrosse public, the opportunities were obvious, but it was the weaknesses and threats which seemed to be blocking lacrosse from developing in to a established and strong sport.

Many of these threats and weaknesses were highlighted four years ago, and had yet to be addressed. After many hours of discussion, the following priorities given to allow the sport of lacrosse to not only grow but succeed in terms of being a high profile sport.

### **1. Promotion**

It was agreed that lacrosse needed a competition which is promotional at a wide variety of levels thus it would increase numbers in the sport and people wanting to watch the sport. Ideas of actioning this priority included "The Lacrosse life-saver plan" which breaks from the traditional way of organising lacrosse (See article and diagram).

### **2. Non-Contact Game**

It was agreed by the seminar that the greatest area of growth and income will come from the non-contact version of the game, and would lead to other spin-offs including increased numbers in the field game. It was agreed that the Lacrosse SA board needed a Director to focus on this portfolio, and this would be followed up at the next AGM. In the meantime, the board would appoint a person to have a care-taker role and work with the board in this area.

### **3. Money / Sponsorship**

It was agreed by all that lacrosse needs more funds to reduce the growing cost to clubs for ground hire. The seminar highlighted the need to release our Executive Officer from day to day administration, to allow him to focus on this area. Ideas such as providing work experience opportunities for players and other voluntary roles to assist Eric.

### **4. Training**

This was highlighted as a major area for attention, as development of the sport depended on skilled coaches, officials and administrators. It was also acknowledged that this was a joint responsibility by both National and State bodies. Lacrosse SA's role would be to communicate with the National boards to make sure effective programs and resources were being developed, and LSA would then implement them effectively within South Australia. The seminar decided that pre-season was the best time for courses in the areas of Coaching and Officiating, while Administration courses would be better suited after AGM.'s to allow new representatives the chance to develop skills.

### **5. Increase Recruitment**

The seminar agreed that this was a major priority and the Development Officer would be working with clubs to make the link with schools, universities and the general public stronger. This was closely linked to training, as skilled people need to be involved in providing coaching and support to new players.

### **6. Strong Administration and the development of a joint National body for Lacrosse**

This area was seen as a priority because so many of the areas of development and funding are collaborative areas. It was also agreed that lacrosse needed strong leadership with consistency and vision. All levels of lacrosse administrations needs to be accountable to lacrosse.

## NEW DEVELOPMENT OFFICER NEIL REICHSTEIN

Lacrosse SA has appointed a new Development Officer, Neil Reichstein, as Nigel Jamieson has moved to Mount Gambier. Neil, while relatively new to the sport of lacrosse, has brought a breadth of skills, which will foster the development of Lacrosse in South Australia.

Neil's experience includes 18 years as a primary teacher, with 11 years as a Physical Education Specialist. Neil was introduced to Sof-crosse 7 - 8 years ago, when a representative from North Adelaide Lacrosse Club brought the game to the school he was employed at. He has since taught Sof-crosse to a variety of school children. Many of these went on to play for North Adelaide club.

Neil has extensive knowledge of the SAPSSASA schools competition, having coached cricket and football at this level, and so brings many contacts that will only enhance our sport further within schools.

With Neil's continued motivation to develop his understanding of the nature of the game, combined with his outstanding qualifications, development in South Australia looks bright.

## THE LACROSSE LIFESAVER PLAN

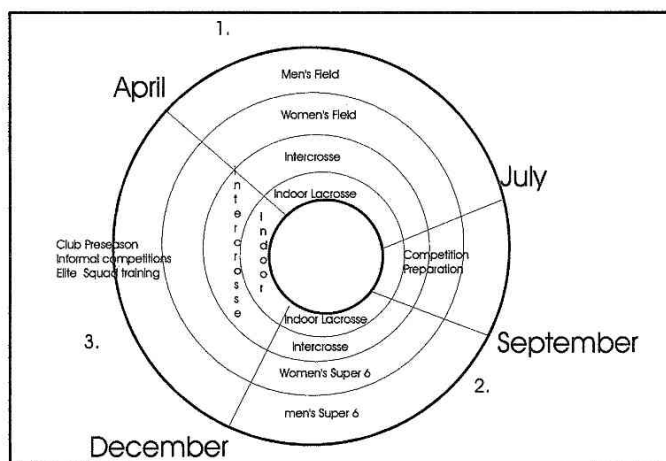
by WENDY PILTZ

During the LSA planning Seminar the proposed budget was presented to the clubs. The cost for the coming season sent a shudder through the seminar, nearly destroying the optimistic feeling which had grown throughout the day. Over dinner, Wendy Piltz designed a competition structure which would boost income to LSA, and meeting many of the priorities which had been made.

The structure is outline below, and shows a trimester approach to the game, allowing for the development of the non-contact version of the game (high income/low cost) to support the field game (high cost/ low income). It was agreed by the seminar that the plan had many merits, particularly in the area of the non-contact game, and the promotion of a super 6 field competition. While the plan highlights a different

approach to the concept of seasons, these times are flexible. (See Diagram)

### Notes for Diagram



**Trimester 1** - Men's Field, Women's Field, Intercrosse (Outdoors at clubs), Indoor Lacrosse

**Purpose:** High income/low cost from non-contact games, support cost of grounds for field games. Field high profile, non-contact high profile - tie in schools competitions.

**Trimester 2** - Men's & Women's Super 6, Non-contact (Indoor and Outdoors) - High profile

**Purpose:** Promotion of field Lacrosse - high profile, non-contact - main season - high profile.

**Trimester 3** - Indoor and Intercrosse

**Purpose:** Income and exposure to lacrosse year round. Low profile competition - social.

#### Other Comments:

\*Plan to utilise and maximise club grounds & Ellis Park during trimester 1 - regional based during other trimesters

\*Year round revenue to lacrosse

\*Allows opportunities to develop coaches, referees etc.

\*Schools competitions can be integrated with non-contact game year round.

\*Gate takings from Super 6 competitions.

The decisions 1995 will bring, offer all of us the chance to further enhance our game at the grass roots. With the experience gained over our long history and the already solid base established

within some schools and at club level, there will be no more opportune time to reach for the stars. This year will see the implementation of the northern suburban Sof-crosse competition and follow up on the near country areas. The Junior Management Board and the incoming Development Officer will continue the development of a effective system and guide-lines for clubs to further integrate lacrosse into schools, as well as provide further sports camps and zone competitions in both

metropolitan and country schools.

A review and update of junior modified rules has been completed making them both clearer and more consistent. With expected support form both National bodies and in conjunction with ALRA and SAWLUA, further resources will be allocated to increase officials' standards.

## JUNIOR DEVELOPMENT NEWS

1995 will see the implementation of junior coaching clinics to augment development and increase the quality and depth of juniors within SA. Areas such as goal tending, and other specialised techniques will be highlighted at specialised clinics.

The improvement of coaching quality will remain a priority. Developing the coach's understanding of the nature of the game, and their use of an appropriate instructional model, will help further our sport and improve player retention.

As Development Director I see the task ahead as one of guidance, allowing junior development to gain further momentum.

*Tony Hansford*

*Development Director.*

VALE:

## CAMILLE JOYCE HOBBS

(nee Fishlock) - 8/2/48-14/2/95

Lacrosse again mourns the loss of a true lacrosseur. Camille Hobbs, wife and friend of Peter, passed away peacefully at home with her family after a two year battle with cancer.

Camille was known and respected throughout the lacrosse world for her work at all levels of the sport. The commitment and high standards that Camille set for herself, motivated and inspired many others.

Though her priorities were always clearly in favour of Peter and their children, Sheri, Michaela, Randall and Chantelle, Camille also found time to become an integral part of a larger family known as the Glenelg Lacrosse Club, and the wider world of lacrosse in Australia and overseas.

Camille was introduced to lacrosse by Peter after they met at work. Their friendship progressed to marriage in 1969 and in 1970 Camille started to play lacrosse at Glenelg. Her playing career spanned 11 years (164 games) and encompassed the arrival of her children. At the same time she began her involvement in the administration of lacrosse. From 1970-1993 Camille had continuous involvement at Glenelg. Her responsibilities over that time encompassed membership of the Glenelg Women's Lacrosse Club committee acting variously as Chair, Secretary, Social Secretary and Recruiting. As an advocate for amalgamation between Glenelg Men's and Women's Clubs, Camille went on to become a Committee member, Secretary, Publicity Officer, Magazine Editor, Club Caterer, Editor and Producer of a Club History, Representative for SAWLA Permit Committees and Junior Management Board. As Secretary of the Club during 1982-85 was a special memory for Camille with her Club fielding the maximum 9 men's and 7 women's teams in SA competitions.

Camille was a significant contributor to the success of the Glenelg junior programme acting as an instructor of Sof-crosse and ModX at Primary Schools in the Glenelg area from 1978-1990, Co-ordinator of Schools Competitions for girls from 1976-1985 (while Peter did the same for boys), was Coach of Junior and School teams 1972-1990 and coached Senior Club teams in 1978-79, 1983 and 1986.

During this period, Camille was also involved at State level. In the 1970's she began as a Club Delegate

to SAWLA and then became the Secretary/Administrator for 7 years. In that time she achieved the financing and building to make Bonython Park the home of women's lacrosse and saw the opening of a lacrosse office. In the 1980's Camille participated in the restructuring of SAWLA and became Coaching

Director, producing two Level 1 accreditation courses and a Level 0 Course Presenter's manual. She co-ordinated tours to S.A. by USA and Great Britain women's teams and was the organiser of a National Senior Championship. Into the 1990's Camille acted as Secretary for the Junior Management Board, participated in the restructure of the SALA and SAWLA into Lacrosse South Australia and accepted a position as the first Technical Director of that body.

At a National level, Camille undertook a three year term as Secretary of the AWLC and in 1975, was Australia's delegate to IFWLA. From 1976-82 she continued as SA Delegate to

the AWLC.

Not content with all of this, Camille took her talents to umpiring. On the field she achieved a National rating and by October '94 her stats were 384 (approx.) local games, 75 State games and 21 International games. Off the field Camille helped with the administration, development and accreditation of umpires.

In 1993 Camille and Peter led a tour of lacrosse players to Japan. Their love of travel and lacrosse was combined as they furthered their involvement in the development of Japanese lacrosse. These activities were acknowledged by IFWLA awarding Peter and Camille a Certificate of Merit for service in the development of lacrosse. Camille was also awarded Life Membership of Glenelg Lacrosse Club, a Certificate of Merit by SAWLA and Life Membership of Lacrosse SA.

In a life so full of family and lacrosse, Camille found time to achieve for herself. In the 1980's Camille matriculated in 8 subjects and went on to receive a Bachelor of Arts (Politics & History) in 1990. She studied Japanese for 2 years and was accepted for a teaching degree in that language.

It was a remarkably full life, and though taken from family and friends far too early, Camille will always be remembered with respect and affection by all who knew her.

*Dennis Mulroney - Lacrosse SA*

*We are sure at TLP the entire lacrosse community would like to pass on their condolences to Peter, Sheri, Michaela, Randall and Chantelle. Ed.*





## ACCREDITATION COURSES

Comments from the Lacrosse SA Planning Seminar highlighted the need for the development of skilled administrators, coaches and officials. While the development and implementation of such courses are a joint responsibility between National and State bodies, Lacrosse SA, through its close association with Helen Keane, is able to offer its members the opportunity to gain Level 1 accreditation in Sports Administration. The course will be run on a demand basis and it was suggested that clubs sponsor appropriate people to undertake the course. The Level 1 course focuses on four main areas:

1. Planning for development
2. Operational management
3. Financial Planning
4. Promotion and public relations.

The courses are run by the Australian Society of Sports Administrators Inc. There are chapters in each State and Clubs or Associations can contact the National office on (06) 285 4651.

*Carolyn Pickering -  
Promotions Director*

# NSW NEWS

## Indoor Lacrosse - Genesis

This summer saw the commencement of Sydney's first Indoor Lacrosse season ever. Having many players who have only just commenced the game of Lacrosse in the last 1 - 2 years, as well as having a very small player base in the city, not to mention the geographical problem of having a Pond through the middle of Sydney, made organising the competition somewhat difficult.

A competition was finally organised at the University of NSW, with teams consisting of players of all experiences, with kids from the schools competition, Uni phys-ed students from UTS as well as some of the oldies from the winter comp. For the sake of fairness teams were divided into two divisions, experienced and rookies. Although with some games being played in stifling humidity perhaps player fitness levels would have been more appropriate.

Competition commenced in mid November with a total of 10 teams naming themselves such things as Greys, Orangepeople, Bananas and the Legendary Mullets. Scoring in these games was initially slow, with many teams trying to work out their "plays". Stick work was scratchy to say the least and many accidental contacts were experienced as people tried to get used to the small court.

As the weeks progressed, stunning improvements in all aspects of play were seen, with

teams now organising themselves into better attacking units. Likewise, scores began to increase as goal keepers struggled to keep up with the

pace of the game. With the realisation that pure attack was not necessarily the answer, teams started to work on defensive strategies. Goal keepers became bolder in their efforts to counter attacks and this became the key to winning. Fitness now became a major factor, as the pace of the game was constant, with the UTS team running all night - quite often playing two games on the trot.

Scores kept rising throughout the season from mid teens up. One game saw a final score of 41 - 35, not bad for 40 minutes of lacrosse. Some of the results from the games were real cliff hangers. Many games were decided by less than a couple of goals, including the final all stars game in which the North won by a goal from the South in overtime.

Overall it was a very successful first season for Indoor Lacrosse. The next season is scheduled for September as well as a Northern and Southern Competition. Thank you to all those who assisted in running the competition as well as to all the participants.

**V.W.L.A  
President's  
Address**

The success of any Sporting Association depends on a number of factors. Winning on the field is only part of the product of a successful Association performing to its best ability.

Other necessary factors are, proper management structures, financial resources administered wisely, to include the promotion and education of our game to Junior, Senior, State and International players, as well as programs geared to educate and enhance the development of Umpiring.

During the '95 Season decisions will be made ( sometimes difficult) but, always with the best interests of the players and Clubs as a whole. This area of lacrosse depends on the constant involvement of Clubs and their Delegates. If this input is obtained then there should be no limit to our Association's growth and development.

1995 will require stamina, co-operation and constant

communication for the V.W.L.A. to continue on its path as a quality Association.

The depth and quality of our younger players has been reflected in the selection of 8 Victorian players into the 1995 Australian Under 19 Team. Congratulations to Sue Gandy on her appointment as the Team Manageress, (we know the Team will move smoothly along) and to all the Players whose hard work and dedication has brought them success in their selection.

Congratulations to Noel Smith on his appointment as the Senior State Coach for 1995. To ALL of you, best wishes for a successful season.

The Management Committee hope that everyone, Players, Administrators, Umpires and Spectators enjoy the results, quality lacrosse.

*Margaret Cobern  
President V.W.L.A.*

**Australian  
Women's U19  
Lacrosse Squad  
Victorian Report**

Due to lots of support and hard work by squad members and parents, the Victorian Members of

the Under 19 team managed to fully fund their recent training camp to Adelaide through a can raffle which raised over \$1,600.00. Thanks to

**Tomassetis Black Market Bar  
Bedelis Liquor Emporium  
Prince Albert Hotel  
Strand View Cellars  
Oakleigh Hotel**

For further fundraising the girls are selling Under 19 Australian supporters T. shirts which can be purchased at a cost of \$20.00 from any squad member.

Thanks to our T. Shirt Logo artists - Jim Whytock.

**PHOTOGRAPHICS**

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**LLOYD HOLMES**  
*(03) 572 3035*



**Australian Women's Under 19 Lacrosse Team**

**DINNER DANCE  
SATURDAY 8TH APRIL, 1995  
7.30 P.M. TILL 12.30 A.M.  
WILLIAMSTOWN TOWN HALL  
FERGUSON STREET WILLIAMSTOWN  
RSVP Any Team Member  
COST \$30.00 PER HEAD AND BYO  
TABLES OF 12 - 30 TABLES ONLY  
INCLUDES 3 COURSE MEAL, BAND AND DOOR PRIZES**

## Peter Stiglich - On the Road to Recovery

Many of you will be aware that Peter Stiglich was involved in a very serious motor accident just prior to Christmas. He was listed as critical and spent over four weeks in the Intensive Care section of the Austin Hospital.

Thankfully, Peter is now off the critical list and out of intensive care and is making steady progress on the road to a full recovery. He is still in the Austin Hospital but is about to be transferred to one of the TAC Rehabilitation Centres where he will undergo treatment for Post Trauma Amnesia.

All of us who know Peter are aware of his enormous strength and mental determination. From all medical reports it was these attributes that enabled him to survive the accident and will ensure that he makes a full and complete recovery.

Peter's wife Helen and his sons Nathan and Daniel have been overwhelmed by the support and good wishes received from the lacrosse community and wish to pass on their thanks and appreciation. It is a tribute to Peter, and to the lacrosse community, that the support has transcended club and State boundaries.

Peter's visitors are currently restricted to family and a small group of close friends.

### V.W.L.A Life Membership - June Clerk

The V.W.L.A. awarded June Clerk Life Membership at the AGM last November for her tremendous contribution to Women's lacrosse. June has been a tireless worker at all levels of the game for more than fifteen years. The breadth of June's involvement in Women's lacrosse is incredible, from Australian Team Manageress, to V.W.L.A. President, to Williamstown U/13 Girls Manageress. It is, in fact, one of June's finest attributes that she has readily and regularly volunteered to do the countless tasks, essential for the running of our sport. these tasks that do not fall under any 'official' position, such as mopping out change rooms, transporting teams to airports and games etc. June Clerk has provided many years of outstanding service to women's lacrosse, there could be no more worthy a recipient of the honour of V.W.L.A. Life Membership. Congratulations June!

### Knox Lacrosse Club

Knox is the newest lacrosse club in Victoria and as such is seeking assistance with it's fledgling yet quite strong junior program. Both men's and women's lacrosse is offered by the club in junior grades and prospective coaches will be supported by the club as much as possible.

For all enquiries please ring 762 8827.

*Do Something for yourself.*

*Do something for your game.....*

*Coach Knox Lacrosse Club*

Coaches  
Wanted

## Bob Pettit - After the Heart Attack

In November last year Bob suffered a heart attack. As with any major news in lacrosse the word spread quickly and many people sent cards and passed on their wishes to him. The doctors and nurses at the Epworth Hospital, Victoria looked after Bob and made sure he recovered well.

In early February I heard a voice call out my name in the city. I looked around and there was the new streamlined Bob! I hadn't recognised him as I walked along the street. Bob is looking a feeling much better and wishes to pass on his thanks to all those people who supported him during his illness and time in hospital.

I'm sure we all look forward to seeing Bob around lacrosse again in the near future.

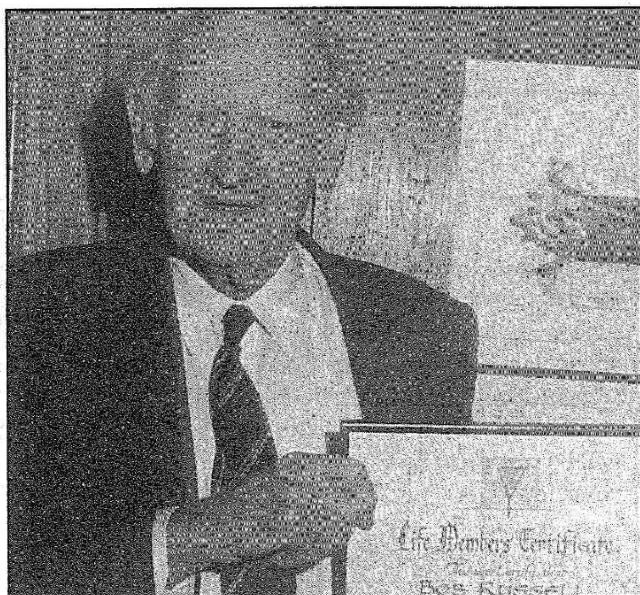
*Ed*



## VLA Life Member - Bob Russell

Eltham legend Bob Russell has become the latest Victorian Lacrosse Association Life Member after almost 60 years of service to the game. The membership was conferred on Bob the at VLA's Annual General meeting last November.

Bob began his long association with the game way back in 1936 when he joined the Northcote High school team at the age of 12. Soon after, Bob was encouraged to join the Malvern Lacrosse Club by a school friend. He played there until joining the RAAF at the age of 18. He returned to Malvern after the war and continued playing until the mid 1950's.



In 1963, Bob met with Fred Durham and Graham Webb and decided to form the Eltham Lacrosse Club. Since that day Bob has held many of the club's positions including that of President for 10 years. The Eltham club saw fit to recognise his significant contribution to the club by awarding him Life Membership in 1981.

Since then Bob has been involved as VLA General Secretary for a number of years as well as other various roles.

These days Bob continues to play lacrosse as a "grand master" despite a recent quadruple by-pass operation. Naturally, he has encouraged his children and grandchildren into the game so now he enjoys their careers.

For almost six decades Bob Russell has put lacrosse first in many areas of his life. Although he may never have been a champion player, if the game had more converts like Bob Russell, it would be in great shape. Such is his love of the sport.

## Malvern Lacrosse Club Inc.

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## From the Referees

In 1994 in Victoria a group of players and promoters of junior lacrosse gained accreditation to junior referee matches. They continued doing this for the entire season and in a number of instances were prominent in finals. It requires little guess-work to figure out that their week is characterised by:

- many telephone calls to players
- being in attendance at training
- providing transport
- etc, etc etc

Referees who worked with these enthusiasts found them to be practical, serious about what they were doing and reflecting their association with referees and their position of responsibility with juniors in their own games in the afternoon.

As always, the best players are those who can focus for 100 minutes on the game and not be distracted by opposing players, officials or spectators. By being both referee and player, seeing what referees are about through association there is a better than even chance that referees will cease to be an object of distraction on field.

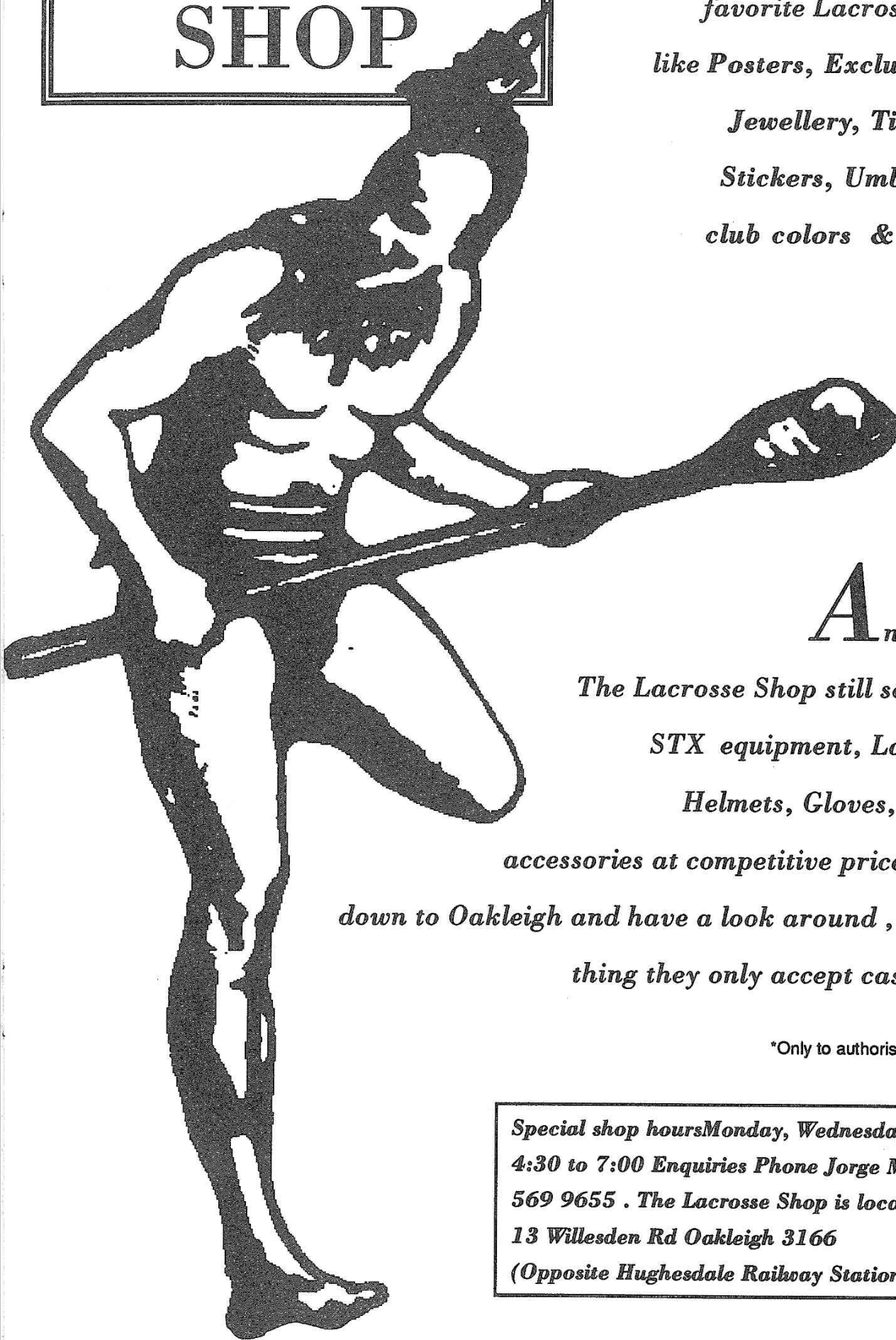
The same argument is often produced for making sure that those with disabilities are visible in day to day tasks/functions. After a short time disability ceases to become an issue and we can get on with whatever we are doing and not be distracted by those who say, may be not as mobile as ourselves.

The appearance of a competent junior accredited referee at a game in its simplest form establishes the quality of the game and the behaviour likely to be seen during the match.

In 1995 more junior referees will be trained and those with experience will be offered the opportunity to develop their skills further. OK so it's not for everyone but there is pretty good evidence that if you participate there are returns beyond just being the referee at the game.

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*\*Only to authorised club representatives*

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### *A Procedure to (Re) Start the Season*

Lining up at the centre of the field has been an on again, off again, on again affair in the Victorian men's competition. By local direction it is on, definitely on. Not hard to see why!

The match starts in a predictable way and every one knows what is going on. Otherwise players straggle onto the field with the potential for having too many players on the field when the game start whistle is sounded.

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### Victorian Inter Primary School Sof-crosse Carnival 1995

Saturday March 25, 9am - 2 pm (approx)

Get your Teams ready NOW!!!

Entry Fee \$50 per team

Venue - Caulfield Park



# Frank Lansbury Summer League

By Anne Kingston

The 1995 Frank Lansbury Summer League was this year played at Monash University. The inclusion of a women's section added a new and exciting dimension to the pre-season competition. The League was a four team invitational event run on Sunday evenings over a five week period. The competition used full field lacrosse rules, the men using a 10 second shot clock successfully.

In each of the men's and women's divisions the Victorian members of the U/19 National Squads fielded teams, enabling them to play together in their preparation for the National training camps. The Summer League also acted as a fund raiser for the Victorian representatives.

In the men's section, the four teams were Young Guns, Gringos, S & M and Raiders. The players in each team were a mixture of State League, Division 1 and Division 2, providing an exciting and close competition. The women were also very exciting and competitive with a mixture of A, A reserve and B grade players making up the four teams - Wave, Western Girls, Thunder and Lightning. The League provided a great pre-season warm up for all players, officials and spectators. Come on season '95!

*I didn't know spectators needed warming up and pre-season yelling! Ed*



Summer League action at Monash University

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# Geoff West Retires

After 30 years at the helm of Melbourne University Lacrosse Club, Geoff West has retired from the role of Club President. His successor is former player Ian Marshman, who is the present Academic Registrar at Melbourne University.

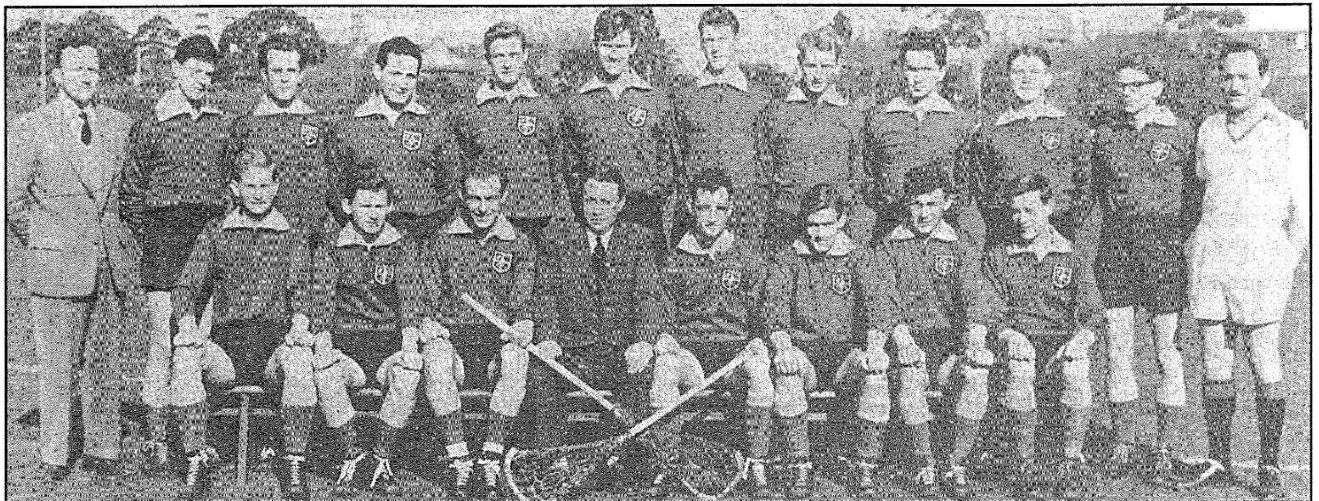
Geoff West has been one of the most dedicated supporters of lacrosse for 50 years. He started as a junior with Coburg D Grade in the late 1930's, and played at Melbourne High School before attending the University as an undergraduate from 1940-43. Geoff was University's leading attack player and gained State Selection in 1947, 49, 50 & 51 before a knee injury halted his career. His State Team colleagues included legends like Otto Unkenstein, Alf Evans, Gus Hewett and Frank Hogarth.

Geoff was awarded University Full Blue honours each year from 1947 to 1951 and in 1985 a Distinguished Sports Award for outstanding service to University sport.

More than any other person over the past 30 years, Geoff has been responsible for keeping the University Club together. Few people know that the Melbourne University Lacrosse Club is perhaps the oldest lacrosse club in the world, a record only challenged by the Harvard University from U.S.A.

No doubt Geoff will continue to turn up through hail and shine to watch Uni teams from the sidelines. Most people don't know Geoff well because his support is given quietly and modestly.

The University Club marked his retirement as President with the introduction of a special Geoff West Shield to be awarded annually to an individual who has contributed to the Club and more broadly to the sport. Doug Fox was the inaugural recipient.



## Combined Australian University Team vs American Team 1959 [America won 10 to 4]

Geoff West (Coach) I Lee, C Jennings, B Filshie, B Jefferies, J Hasker, M Ward, F Cain, N Holmes, C Haslam, J Thurley, A Vial (Umpire)  
J Richmond, J Heath, R Davies (Captain), W Tickner, R Offler, R Freeman, B Roney, G Lee

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# W A L A N E W S

## Administration Seminar

Every year the WALA Board of Directors hosts an Administration Seminar for all Club Presidents and Secretaries and WALA office-bearers. Each participant receives an Administration File which provides all relevant WALA forms, documents and information to assist clubs in the conduct of their business for the year. It also provides the opportunity for those people to meet and discuss issues, providing input for those WALA Directors charged with the responsibility of specific portfolios for the year.

### Treasurer

Mark Hickey

### Director Coaching

Robin Cornish

### Director Senior Lacrosse

Scott Griffin

### Director of Modcrosse

Carmel Stock

### Director of Promotion

Greg James

### Director of Womens Lacrosse

Dayna Simpson

### Director of House and Social

Heather Campos

Division 1 coach is Peter Rapaic and a Coaching Clinic is being conducted in February. Subiaco have All-American player Ryan Wade in their lineup for 1995. Ryan was a member of the U.S.A. teams in the 1992 Under 19 World Championships and the 1994 World Championships in Manchester. He is from University of North Carolina and is a face off/midfielder.

*Nollamara* President for 1995 is Les Buchanan who aims for a Division 2 team and a Senior Womens team along with renewed activity in the Modcrosse area.

*Phoenix* new Division 1 Coach is Chris Hockey who has transferred from East Fremantle where he has enjoyed a long and distinguished career.

*Wanneroo* have been conducting a successful Indoor Lacrosse League at the Warwick Recreation Centre from November to March with a break over the Christmas/New Year period. Six teams playing on basketball courts with Modcrosse rules have been enjoying the 'off season' activity. The club aims to gain promotion to Division 1 in 1996 and for 1995 will field teams in Division 2, Under 17, Under 15, Under 13, Modcrosse and Sofcrosse competitions.

*Bayswater* have two players from U.S.A. joining them in 1995. One is Patrick McDonough from West Charter University, Philadelphia who is an attack/midfielder player.

## The Numbers Game

1994 saw a continuation of the upwards trend in numbers of players in W.A. Lacrosse Association competitions. Registered lacrosse, Mod and Sofcrosse players in W.A. have increased from 708 in 1990, 717 (1991), 788 (1992), 835 (1993) to 913 in 1994. The most significant increase in 1994 was an additional 54 Modcrosse players and this area is planned to increase further with WALA development plans.

## Managing WALA in 1995

The following office-bearers will comprise the WALA Board of Directors for 1995.

### President

Kevin Page

### Vice President

Chris Milne

### Director of Administration

Adrian Truscott

### Director of Junior Lacrosse

Gary Kennedy

### Director of Promotions/Special Projects

Kevin Reed

### Technical Director

Rolf Kraus

There are several portfolios still to be allocated at time of writing.

## Family Recognition

Past WALA President Ross Whiteman was honoured by the W.A. Lacrosse Association by being elected as a Life Member at the 1994 Annual General Meeting. This recognition completed a significant 'double' for the family with son David having won the 1994 WALA Division 1 Best Player award and the Kuljak medal as Most Valuable Player in the 1994 Grand Final.

## Club News

*East Fremantle* have conducted a 4 week Modcrosse program at Preston Point Reserve in January with 30 players from local schools involved. Division 1 coach for 1995 is Jeff Kennedy who will be aiming to guide the team to back-to-back premierships.

*Subiaco* have a healthy mix of experience and 'new blood' on their management committee with the following office-bearers:-

### President

Rod Scott

### Vice President

Phil Ackland

### Secretary

Sharon McColl



## WALA Development

Terms 1 and 2 will be busy with 150 sessions already booked and several new schools amongst them. Work has commenced on an Under 13 Modified Lacrosse competition targeted at private colleges with funding for the project provided through WALA, W.A. Lacrosse Foundation and Healthways.

## W.A. Lacrosse Foundation

This organisation was established to manage the funds generated from the conduct of the 1990 World Series to the benefit of Lacrosse in W.A. Several projects have been undertaken, including the conduct of planning seminars at Association and Club levels.

One reason for the increase in Modcrosse numbers is the availability of Modcrosse equipment kits comprising goalie stick, helmet, gloves, chest pad and 10 field sticks for hire through a WALF scheme.

## Coaching

All coaches, potential coaches, State and Australian potential players should note May 7 to attend a Level 1 Coaching Accreditation Course.

## 1995 Season

April 8 is set for the first game and the Grand Final is scheduled for September 23.

Modcrosse has 2 seasons - 6 May to 1 July and 29 July to 16 September with the last day of each season comprising an inter club Tournament.

## About Business

The owner of any business will tell you, it costs 10 times as much to gain a new customer as it does to keep an existing customer. Make sure you play your part in retaining

your existing customers (Club Members) by telling them about Club programs and activities and making them feel welcome and wanted at your club.

*Malcolm Stokes*

Phone (09) 447 5417 (H)

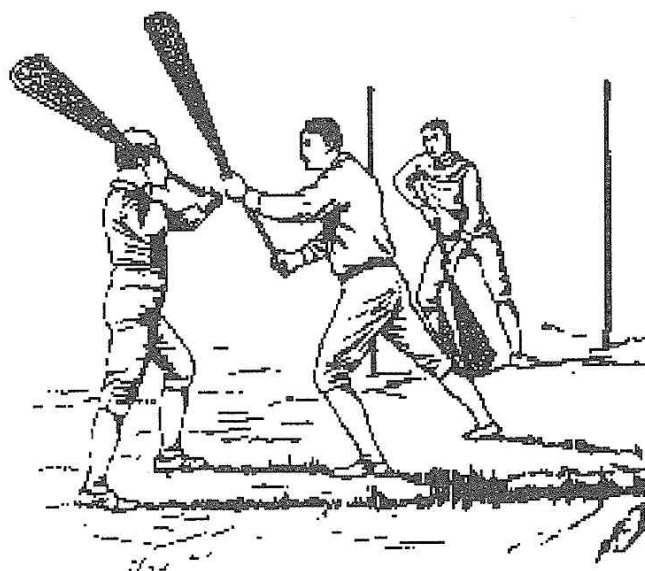
Fax (09) 387 8814

## Our Club

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A shot on goal

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1995 Price List

1st February, 1995.

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Magic - MD (Mesh).....	81.00
Magic - MX (Mesh).....	67.00
Air Attack - (Mesh).....	70.00
S/Light 2 - (Mesh).....	59.00
S/Light 2+2 - (Mesh)....	59.00
Shotgun - (Mesh).....	59.00
Ultra-Light - (Mesh)....	56.50
Twinefinder - (Mesh)...	52.00
Trad. Strung..... <i>Add</i>	6.50

### Modified Lacrosse:

Wave - (Mesh).....	\$ 36.50
--------------------	----------

### Goalie Sticks:

Wall - (Mesh)..... <b>NEW</b>	\$ 89.00
Shutout - (Mesh).....	88.00
Trad. Strung..... <i>Add</i>	7.50

### WOMENS

Brine Cup - (Trad).....	\$ 65.50
Netfinder - (Trad).....	65.50
S/Light 2 - (Trad).....	65.50
Magic - MX (Trad).....	74.00
OSZ - (Trad)..... <b>NEW</b>	81.00
Edge - (Trad)..... <b>NEW</b>	110.00

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MD Includes Defence Handle

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SHUW - Womens.....	110.00
SH1 Standard Model...	90.00
Standard Chin Strap....	12.00
Deluxe Chin Strap.....	17.00
Helmet Decals.....each	0.50

### COOPER

HM600S - Junior.....	\$ 95.00
<b>SCOTT ASPEN</b>	
SAHM100 - Junior.....	\$ 90.00

## GOALIE BODY PADS

BP3 - Jnr. Body Pad....	\$ 45.00
BP4 - Yth Body Pad....	47.00
BP7 - Snr. Body Pad....	49.50
GBP - Deluxe Pad.....	78.00
TPP - Throat Protect....	9.50
BP12 - Womens.....	214.50

## LACROSSE GLOVES

L10 - Boys Gloves.....	\$ 49.50
L25 - Youths Gloves....	63.00
L35 - Mens Gloves.....	86.00
L33 - Mens..... <b>NEW</b>	87.00
L30 - Mens Gloves.....	88.50
UFG750 Snr. Gloves....	67.50
UFG650 Jnr. Gloves....	53.50
WA35 Wrist Attach....	12.00
WLG - Womens.....	32.50
WSG2 Womens Dlx....	42.00

## LACROSSE ARM PADS

LAP4 - Clip-on Pads....	\$ 73.00
LAPL - Long Foam.....	23.50
LAPS - Short Foam.....	20.00
LAPM - Jnr. Foam.....	22.00
SAG2 - Snr. Pro Pad....	45.50
SAG2J - Jnr Pro Pad....	42.00

## SHOULDER PADS

SP9 - Vinyl Dipped.....	\$ 47.00
SP9 - Cloth Covered....	41.00
FP1 - Flex Pivot.....	62.50
FP2 - Flex Pivot Dlx....	75.50
FP1J - Flex Pivot Jnr....	57.50
SP4J - Junior Model....	46.00
SP4R - Reg. Model.....	47.00
SP4L - Large Model....	48.50
SP35J - Junior Model...	46.50
SP35R - Reg. Model....	48.00
SP35L - Large Model...	49.00

## LACROSSE RIB PADS

RPL - Senior Rib Pad...	\$ 36.00
RPS - Junior Rib Pad....	31.50

## LACROSSE BAGS

CTB - Large Canvas....	\$ 70.00
CIB X/Large Canvas...	85.00

All prices plus freight & handling charges if applicable, for shipment anywhere in Australia.  
Freight charges average \$8.00 for all Interstate orders and \$5.00 for deliveries in Melbourne.  
Small orders can be posted for \$1.80 or \$2.80 per parcel. Phone or Mail Order available.

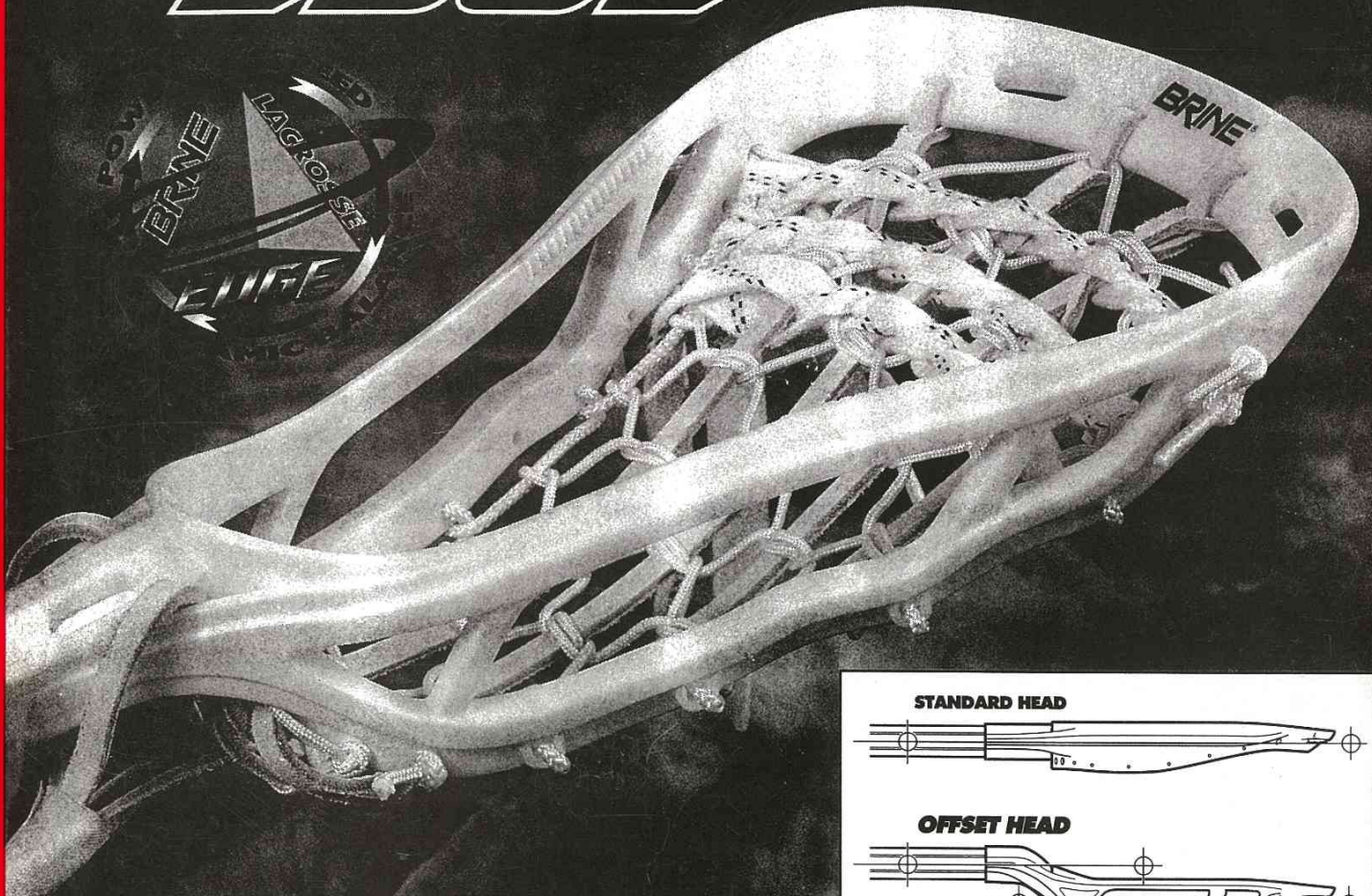
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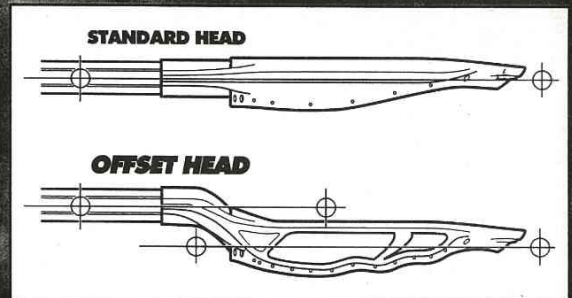
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