

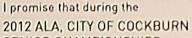








#### PLAYERS OATH



# SENIOR CHAMPIONSHIPS

We shall endeavour at all times to play within the rules and the spirit of the game.

On behalf of my fellow lacrosse players

We will treat our opponents with respect and co-operate with our coaches and our team mates. We will accept the decisions of the Referees, Umpires & Officials in the true spirit of sportsmanship and we will uphold the good name of Lacrosse



#### OFFICIALS OATH

In the name of all Referees, Umpires & Officials, I promise that during the

#### 2012 ALA, CITY OF COCKBURN SENIOR CHAMPIONSHIPS

We will uphold the rules of the competition and apply them with consistency, fairness and integrity, for the good of the game and in the true spirit of competition.





Smoking kills your fitness. So if you smoke, how do you reckon you'll keep up the pace?



# Addiction starts with a choice. futureinyourhands.com.au



Something to think about from Smarter than Smoking.

#### 2012 AUSTRALIAN LACROSSE ASSOCIATION CITY OF COCKBURN

## SENIOR NATIONAL CHAMPIONSHIP

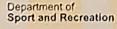
NICHOLSON RESERVE

Cnr Osprey Drive & Dotterel Way, Yangebup, Perth WEDNESDAY OCTOBER 10 - SATURDAY OCTOBER 13















When: Thursday 11 October

Modcrosse for Beginners Boys & Girls, Age 8 - 13 years

Friday 12 October

Lacrosse (Modcrosse experience preferred)

Boys & Girls, Age 10 - 15 years

**Nicholson Reserve, Yangebup** Where:

9.30am - 12.00pm both days. Time:

Cost: Free - Equipment Supplied

Water bottle, running shoes, hat, Bring:

wet weather gear if necessary.

Visit www.lacrossewa.com.au for more details and to download the enrolment form.

Registrations close 6 October. For more info call Peta on 043 898 6992

Limited places available \*\*\*To be held in conjunction with the 2012 National Senior Lacrosse Championships





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I bid you a warm welcome to the City of Cockburn, a vibrant, progressive and inclusive community of 95,000 people that has a reputation for sporting excellence, the provision of high quality sporting facilities and a grants & donations program for aspiring athletes that is unequalled in Australia.

The hosting of the 2012 Australian Lacrosse Association City of Cockburn Senior National Championship in our City from the 10th to 14th October by Lacrosse WA Inc. is of significant importance and value to our community. Cockburn has a long and proud tradition of supporting all sporting codes for people of all ages and abilities with the aim of people achieving to their personal best.

To the officials, athletes and support members who are representing their State or Territory we wish you well in competition and the fellowship that precedes and follows the Championships knowing that you bring a passion and level of intensity to a team sport that has inspired so many to the national and world stage.

Enjoy the opportunity to meet new friends, to share in the exhilaration and promotion of your chosen sport of lacrosse, and to take home memories of your time in the great state of Western Australia.

Logan K Howlett, JP, Mayor City of Cockburn







follow @ lacrosse.wa and AustralianNationalChampionshipsPerthOctober2012



#### WELCOME

I am very pleased to have this opportunity to

events.

the City of Cockburn for their support of Phoenix in hosting this event and wish you well for the start of a long standing district flourish.

We trust that everyone will enjoy their stay in Perth, and return to their respective States rejuvenated by the experience of great games and good times; and continue in their determination to make sure that this great game of ours will gain wider recognition, and will spread ever faster to the far corners of the world.

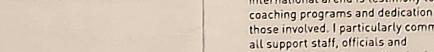
Fran Maunton President LWA



welcome you all to Perth for the 2012 ALA. City of Cockburn Senior National Lacrosse Championship. We are all looking forward to competitive and exciting lacrosse in both the men's and women's games.

Events such as these are a result of a lot of hard work, and it is a tribute to the dedication. perseverance, and love for this game that events such as this eventuate every year. I extend our gratitude to Phoenix Lacrosse Club's organizing committee for their efforts in bringing this championship together. Visitors to Perth will be welcomed by a community which has earned a world-wide reputation for its friendly hospitality having hosted several World events and many international tours and of course national

Lacrosse WA extend their sincere thanks to relationship that should see lacrosse in this





#### WELCOME

On behalf of the Australian Lacrosse Association (ALA) it is my great pleasure to welcome players, coaches, support staff, officials, families and spectators to Western Australia for the 2012 ALA, City of Cockburn, Men's & Women's Lacrosse Championships.

National Championships play a major role in the development of our competing lacrosse athletes and the ALA Seniors competition provides that pinnacle and opportunity for them domestically. It will be interesting to see how the prior winners from 2011 (men's being Lacrosse Victoria and women's being Lacrosse WAI go in defending their titles this year their competition is clearly preparing to change the title holders names on the ALA trophies. This ALA Seniors competition also provides the grounding and opportunity for Australian Lacrosse athletes to gain entry to their appropriate National team and represent Australia in FIL (Federation of International Lacrossel world events.

Lacrosse has been a respected sport in Australia, and this is a wonderful opportunity for the ALA to recognize the professionalism, commitment and talents of the coaches who train, prepare and lead the players into and through this contest. The calibre and success of Australian players over the years in the international arena is testimony to the coaching programs and dedication of all those involved. I particularly commend administrators whose collective impact

has contributed so much to raising the standard of competition in Australia and throughout the world.

The ALA recognizes with gratitude the continuing support of the Australian Sports Commission (ASC), and we are delighted that Andrew Pratley, ALA's assigned Sports Consultant, will be joining us in Perth for this event.

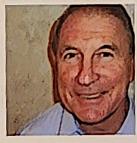
I would like to extend my thanks to Lacrosse Western Australia (LWA) for their organization of this event and in particular Fran Maunton (LWA President), as the event Co-ordinator, and additionally her hard working committee. These Championships enjoy a special place on the Australian lacrosse calendar and the excellent organisation and friendly hosting of the LWA will be greatly appreciated by all attendees.

On behalf of the ALA Board I wish all competitors the very best of contests to be played in a spirit of fairness and good sportsmanship. I trust that those who come to support will enjoy some outstanding games. The women will compete for the Joy Parker Cup and the title of women's National Champions. In the men's event they will compete for the Garland-McHarg Cup and the title of men's National Champions.

May all matches be contested in the true spirit of competition and camaraderie, and may all participants enjoy and grow with yet another positive lacrosse experience.

Yours in lacrosse,





Addiction starts with a choice.

Something to thinkabout from

The Future is In Your hands.

Smarter than Smoking

#### Western Australia - Women

01	Rebecca Bowland-Curtis	12	Aimee Bowman
03	Jessica Kennedy	15	Hannah Barnsley
05	Melanie Goddard - Captain	16	Ashtyn Hiron
06	Tegan Brown	22	Julie Ames
07	Rebecca Banyard - Captain	23	Sarah Forbes
08	Sally Banyard	27	Tessa Atkinson
09	Courtney Ackland	32	Emily Hall
10	Tammie West	35	Elizabeth Hinkes

Coach	Geoff Goddard
Manager	Faye Beaman



#### Western Australia - Men

01	Tim Chaney	14	Sam Williams - Captain
03	Dean Lawrence	15	Sam Ramsay
04	Jason Battaglia	17	Lewis Blackie
05	Glenn Morley - Captain	18	Matt Diver
06	Blair Bentley	19	Jesse Stack
07	Shaun Leavy	20	Max Rowse
08	Lachlan Bunbury	21	Gareth Allen
09	Stuart Bentley	23	Matt Hugill
10	Adrian White	24	Chris D'Annunzio
11	Steve Stojkos	55	Jesse Bowland- Curtis
12	Simon Fleet	66	Thomas Graham
13	Alex Brown - Cantain		

Coach	Gavin Leavy
O G G G G G	Ouvill Leavy

A/Coach Jeff Kennedy + Ben Reiger

Bench Coach John Denic S&C Coach John Hayes Manager Roxanne Leavy

# South Australia - Women

02	Hayley Fuss	12	Rebecca Steer
		- Delivery	
03	Tiffany Smith - Captain	13	Laura Vickery
04	Mikayla Varga	15	Bianca McKay
05	Hannah Mathwin	16	Aurelie Pluijmakers
06	Bronwyn McLeod - Captain	17	Hayley Thomson-Hill
07	Jaimi Dinning	18	Charlotte Whinnen
09	Imogen Brown	20	Laura Elson
10	Hailie McGowan		

Coach Catherin Conaughty Andrew Young A/Coach Lyndal Dinning Manager



## South Australia - Men

01	Glenn Steele	14	Callum Mortimer
02	Nigel Morton	15	Aaron Sargent
04	Luke Keesing - Captain	16	Jesse Whinnen
05	Ben Robinson	17	Jack Woodford
06	Ross Hamilton	18	Jason McKinnon
07	Scott Gill	19	Nick Brown
08	Matthew Fuss	20	William Pickett - Captain
09	Tom Freeman	23	Scott Vickery
10	Tom Vickery	24	Brad Sheldon
13	Stephen Mortimer		

Tony Hill Coach Lee Vickery + Peter Brown A/Coach Neroli Mills Trainer

Dave Mack Trainer Lynton Arscott Manager





DAY 1

#### 2012 AUSTRALIAN LACROSSE ASSOCIATION, CITY OF COCKBURN

# SENIOR NATIONAL CHAMPIONSHIP

NICHOLSON RESERVE, YANGEBUP, PERTH



# **WOMEN'S FIXTURE**

# **IEN'S FIXTURE**

	Control of the Contro	
	12.30pm	Opening Ceremony
	1.30pm	Western Australia v Victoria
DAY 2	Thursday C	ctober 11
	10.00am	Victoria v ALA Presidents
	1.00pm	Western Australia v South Australia
DAY 3	Friday Octo	ober 12
	10.00am	Western Australia v ALA Presidents
	1.00pm	Victoria v South Australia
DAY 4	Saturday 0	ctober 13
	10.00am	3rd placed v ALA Presidents
	Noon	Championship Game
V		
DAY 1	Wednesda	y October 10
	10.00am	Western Australia v ALA Presidents
	12.30pm	Opening Ceremony
•	2.30pm	Victoria v South Australia
DAY 2	Thursday (	October 11
	Noon	South Australia v ALA Presidents
	2.30PM	Victoria v Western Australia
DAY 3	Friday Oct	ober 12
	Noon	Victoria v ALA Presidents
	2,30pm	South Australia v Western Australia
DAY 4	Saturday (	October 13
	10.00am	3rd placed v ALA Presidents
	2.30PM	Championship Game

South Australia v ALA Presidents

Wednesday October 10

10.00am

PROGRAM	OF EVENTS
Tuesday 9t	h October
5.30 pm	Officials Meeting, Nicholson Reserve
5.30 pm	Managers Meeting, Nicholson Reserve
6.30 pm	Mayoral Reception, City of Cockburn
Wednesday	10th October
12.30pm	Opening Ceremony
1.00pm	STS Junior Kids Tent
	Welcome Function
Thursday	11th October
9.30am	STS Junior Lax Clinics
1.30pm	STS Half Time Games
5.00pm	Coaches and Officials Meeting Nicholson Reserve
5.00pm	High Performance Meeting Goodchild Reserve

Friday 12th	October
9.30am	STS Junior Lax Clinics
1.00pm	STS Half Time Games
7.00pm	ALA Recognition Dinner - Tradewinds Hotel
Saturday	13th October
4.30pm	Closing Ceremony Nicholson Reserve
8.00pm	Championship Finale - Fremantle Prison

#### Sunday 14th October Aussie Men's Training Camp - Halliday Park, Bayswater







# Victoria - Women

01	Sally Daniel	14	Bree Hussey
04	Sally Tregear	15	Abby Speakman - Captain
05	Catherine Do	17	Eliza Morgan
07	Tara Kelly	18	Whitney Jennings
08	Emi Nakamura	20	Dani Norman
		22	Phoebe Ellis
12	Theadora Dwas	24	Romy Ansell - Vice Captain
13	Emily Mason	32	Katie Walker
10 12	Erin Gregory Theadora Dwas	24	Romy Ansell - Vice Captai

Coach

Jason Simpson

Manager



#### Victoria - Men

01	Sam Bullock	13	River Bradley
02	Caleb Hall	14	Huw Wilson
03	James Lawerson	15	Michael Rodrigues
04	Josh Naughton	16	Sam Marquard - CoCaptain
05	Troy Butson	17	Aaron Lawman
06	Evan Wills	18	Nathan Stiglich
07	Alistair Gloutnay	19	Jake Egan
08	Marty Hyde	20	David Gal
10	Keith Nyberg	21	Nicholas Le Guen
11	Andrew Ham	22	John Tokarua - CoCaptain
12	Steven Mackey	23	Daniel Stiglich - CoCaptain

Coach

Chris Baker + Murray Keen

Manager

Graham Rodrigues

# ALA Presidents - Women

01	Leah Fearnell	WA	11	Hayley Simpson	WA
02	Rebekah Simpendorfer	WA	13	Amanda Plummer	WA
03	Jesse Ingram	WA	14	Meagan Shanks	WA
04	Michelle Carroll	WA	17	Katelyn Lush	WA
05	Kellie McBean	WA	19	April Jolly	WA
07	Shendelle Oliver	WA	20	Rhianna Hill	WA
08	Claire Ferguson	WA	28	Kellie Socratous	WA
10	Alana McKinlay	WA	40	Rachael Wilson	WA

Coach Manager Dean Stampalia Christine Carroll



# ALA Presidents - Men

01	Michael Waddell	WA	19	Omar Al-Khayat	NSW
02	Clinton Barker	Vic	21	Peter Young	QLD
03	Joel Easson - Captain	Vic	23	Michael Scott	WA
05	Jeffrey Joy	Vic	24	Miles Blair	WA
09	Robert Gibbs	WA	25	David Gibbs	WA
10	Luke Gillespie - Captain	WA	26	Adam Sopp	WA
11	Matthew Satie	WA	27	Jordan Gillespie	WA
12	Warren Brown	WA	30	Paul Tortora	USA
15	Nicholas Longo	Vic	32	Tyler Violet	USA

Coach A/Coach Glenn Meredith

Phil Ackland, Rod Ansel

Manager

John Keesing

# REFEREES & UMPIRES

DIRECTOR OFFICIATING ALA

Graham Sharpe REFEREE-IN-CHIEF

**Evan Walters** 

**UMPIRES** 

Rochelle Cox Suzanne Kirkby Nicole McKenna Stephanie McRae Kristine Palmer

Tammy Varga

TECHNICAL DELEGATES

Jan Jackson Martin Kiploks Kristine Palmer REFEREES

Bruce Banyard Chris Brown Dave Campbell

Blair Fraser PJ Mc Conachy

Steve McRae Kelvin Minerds Peter Mulcahy

Brendan Pinkerton

Harrie Thyssen

**ASSESSORS** 

Alan Chiron David Eyre

Dennis Mulroney

Mark Polden Mike Slattery Laslo Tiszavolgyi

# ALA RECOGNITION DINNER

Friday 12th October 2012 7.00pm Heritage Room The Tradewinds Hotel 59 Canning Highway, East Fremantle Tickets \$45





#### SPECIAL THANKS

Lacrosse WA and Phoenix Lacrosse Club offer our sincere thanks to all the Sponsors and Supporters of this event; particularly our naming rights sponsor, The City of Cockburn.

We are very grateful for the council's support of this event and in welcoming the sport of lacrosse and Phoenix Club into the Cockburn community.

Many companies and individuals have supported this event, to whom we offer our grateful thanks. Please consider these companies when next looking for the services they offer, and take the time to say thanks to the many people you see around during this championship who are giving their time to make this event a great one.

Special thanks to the following people;

Event Co-ordinator Fran Maunton

Event Committee Annabel Wills

Volunteers

Cameron Blair, Colin Broz, Glenda Magee, Grant Moir, Helen Moir, Linda Luff, Pat Blair, John Kelly, Andy Campbell, Fiona Clark, JamieLee Bartle Special thanks to the following Business';

Budget Appliances 08 9249 9321 Marshall Road, Malaga

Power Play Sports www.powerplaysports.com.au Colin Moir 08 9445 8840

King Size Menswear www.kingsize.com.au Cameron Blair 1800 810 702

g-think creative - Greg Hamilton Designer www.gthinkcreative.com 0449 179 349

Feng Shui Fortunes www.fengshuifortunes.com Fran Maunton 0409 290 504

Hookah Dive www.hookahdive.com.au Glenda Magee 0409 921 995

Lake Monger Physiotherapy 08 9381 1660 www.lakemongerphysio.com.au

Trans Pacific Cleanaway 13 13 39 www.transpacific.com.au

Annabel Wills Architecture 0400 606 586 wills adbiggood net au



#### WELCOME TO FREMANTLE PRISON

Championship Finale Prison Party Step inside and do time with us

The East Workshop 1 The Terrace, Fremantle Saturday 13th October 2012 8.00pm - Midnight \$50 per person pre booked for all players & officials - includes drink on arrival, finger food & DJ. A limited number of extra tickets available, must be booked and paid by 6pm Thursday 11th October Purchase from Fran Maunton M: 0409 290 504



#### ALA Event Results WOMEN- Last 10 Years

	Parker Cup National Champion	Bronze Medal	Mary Pickett - T'ment Trophy	Shaw Cup Vic v SA	Witham Cup Vic v WA	C'wealth Bank trophy WA v Tas	Sue Moir Trophy Tas v NSW	Vicky Edwards Trophy NSW v SA	Paula Stockman Cup WA v SA	Vic v Tas
2000	SA	WA	USA	Vic	Vic	WA	Tas	SA	SA	Vic
2001	SA	NP	SA	SA	Vic	NP	NP	NP	SA	NP
2002	SA	Vic	SA	SA	Vic	NP	NP	SA	SA	NP
2003	SA	WA	Vic	Vk	Vic	NP	NP	SA	SA	NP
2004	SA	WA	SA	SA	Vic	NP	NP	SA	SA	NP
2005	SA	Vic	SA	SA	NP	NP	NP	SA	NP.	NP
2006	Not played				Dept. Reven					And the
2007	SA	NSW	Vk	Vic	NP	NP	NP	SA	NP	NP
2008	Vic	NP	Vic	Vic	Vic	NP	NP	NP	SA	NP
2009	Vic	NSW	Vic	VK	Vic	NP	NP	SA	SA	NP
2010	SA	Vic	WA	SA	WA	NP	NP	NP	WA	NP
2011	WA	Aust/U19	SA							

#### MEN-Last 10 Years

Garland-McHarg Trophy		Bob Symonds Trophy Vic v SA	Wiles Trophy WA v SA	Centenary Cup Vic v WA	Hobbs Best and Fairest Trophy		Isaachsen Trophy	
Year	Winner	Venue	A CONTRACTOR				1000	Was a series of the series of
2000	WA	Perth	Vic			W Brown	WA	D Nicholas
2001	SA	Melbourne	SA			W Brown	WA	R Brown
2002	SA	Perth	SA			M Mangan	SA	Pinge
2003	SA	Adelaide	SA		malia la milia	R Garnsworthy	Vic	D Spreadborough
2004	Vic	League Format	Vic	WA	Vic	R Brown	WA	linge
2005	Vic	League Format	Vic	WA	Vic	Pinge	SA	RStark
2006	WA	League Format	Vic	WA	Vic	R Stark	Vic	linge
2007	Vic	League Format	Vic	WA	Vic	L Perham	SA	D Stiglich
2008	Vic	Perth	Vic	WA	Vic	J Tokarua	Vic	Clander
2009	Vic	Adelaide	Vic	WA	Vic	J Watson-Galbraith	WA	D Spreadborough
2010	Vic	Melbourne	Vic	Not Played	Not played	Stefan Guerin	SA	8 Goddard
2011	Vic	Adelaide	Vic			Anson Carter	SA	Matt Diver



Alicia Rayner - Physiotherapist Melissa Tinker - Physiotherapist 08 9381 1660 0400 941 277 92 Harborne Street Wembley WA 6014

www.lakemongerphysio.com.au

Proud to support all Lacrosse players at this years Championship.

Well equipped to relieve aches, pains, niggles or any major injuries

Sports Taping \$10 - (approx 10mins)

RockTaping \$10 - (approx 10mins)

Physiotherapy

Treatment \$25 - (approx 20mins)

Available at the Physiotherapy Tent and after hours by appointment.

Please contact us for bookings.

